



# The Art of Stroke Rehabilitation for Occupational Therapists

## 22 – 23 February 2024

### Introduction

*'How do stroke survivors continue living their lives when they discharge from acute rehabilitation service?'*

*'How should our interventions differ at different time points of their recovery journey?'*

This 2-day course aims to build on your prior knowledge on the 'science' of stroke rehabilitation (e.g. the different treatment modalities) by examining how our rehabilitation strategies should be adjusted according to our patient's life trajectory following a stroke. The course will utilise case studies to build understanding on the stroke recovery trajectory from a patient's perspective, review different building blocks of stroke rehab (Eg. motor, sensory) and its applications.

### Course Objectives

- 1) Understand different frameworks for motor, spasticity, sensory and cognitive rehabilitation post-stroke.
- 2) Understand the recovery trajectory of stroke patients.
- 3) Conduct functional assessments and select appropriate interventions and outcomes measures, taking into consideration the patient's rehabilitation and recovery trajectory.
- 4) Integrate the above (1 to 3) and share insights during case study discussions

### Course Outline

- 1) Overview of Core Components of Stroke Rehab – Motor, Spasticity, Sensory and Cognition
- 2) Recovery Trajectory through a Stroke Survivor's Lens
- 3) Goal Setting Frameworks
- 4) In-Depth Discussion of the above via case studies

### Target Audience

Occupational Therapists with at least 6 months experience working with patients with stroke in all settings.

*Disclaimer: Please note that this course does not cover stroke-related medical interventions, assessments and interventions in detail. Participants are expected to have prior experience and knowledge about the management of stroke.*

### Course Details

Date & Time : **22 – 23 February 2024**

Time : **9.00 am – 5.00 pm**

Duration : **14 hours**

Venue : **Therapy Skills Training Lab**  
Academia Level 1, 20 College Road, S(169856)

Class Size : **24 pax**

Fee : **\$900** (SingHealth staff/ SAOT Member)  
**\$1000** (Regular)  
*(inclusive of the prevailing rate of GST)*

### Teaching Faculty

#### Singapore General Hospital

##### **Leila Ilmami Bte Nasron**

Senior Principal Occupational Therapist  
Department of Occupational Therapy

##### **Dr Silvana Choo**

Senior Principal Occupational Therapist  
Department of Occupational Therapy

##### **Wu Xiao Yuan**

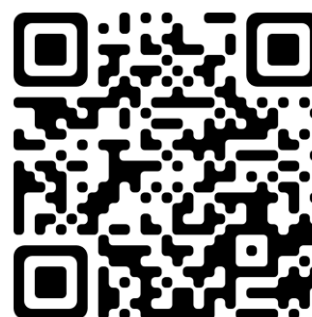
Principal Occupational Therapist  
Department of Occupational Therapy

##### **Esther Ong**

Occupational Therapist  
Department of Occupational Therapy

### Registration

To register (internet access required), scan the QR code or click on the web link. Registration closes on **1 Feb 2024, Thursday**.



<https://form.gov.sg/64ec08008591b60012f2042b>

Upon registration, you agree to PGAHI [Terms & Conditions](#).

### Quick Links

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