



# Positive Leadership Course

## 10 & 18 January 2023

### Introduction

What does a patient need to heal and recover? Care, compassion, empathy and more. If we want these to reach the patient, they need to reach the staff serving them first. Every action, word, emotion and thought at leadership level ripples out to reach the patient. This course allows for the practical application of such Positive Leadership.

### Course Requirement for Participants

During the interval between the two training dates, participants are to set aside at least three hours for the following:

- Participants to apply and reflect on what they learned and come prepared to share about their practice on the second day. They are to briefly document their practice.
- Participants coming in pairs, to meet at least once to support and encourage each other's progress.
- There might be light readings and videos to watch or an exercise to complete.

### Course Objectives

Upon completion of the course, participants will be able to explain:

- The case for Positive Leadership
- How to imbue positive meaning into work and leadership
- The importance of empathy and psychological safety in healthcare
- The importance of positive emotions, energy management and positive energy
- How to give and receive growth-promoting feedback

### Course Outline

This course is an introduction to positive leadership.

- The Case for Positive Leadership
- Positive Meaning in Work
- Positive Relationships, including Team Psychological Safety and Empathy
- Cultivating Supportive Feedback Culture
- Leading with Emotional and Energy Awareness

### Target Audience

Healthcare Professionals in Leadership, Managerial or Supervisory roles.

### Course Details

Date	: 10 & 18 January 2023
Duration	: 2 days
Time	: 9.00 am – 5.00 pm
Device	: Laptop/ Desktop required
Platform	: Zoom Cloud Meetings
Fee	: S\$ 640 (SingHealth) S\$ 710 (Regular) (the prevailing GST applies)

### Teaching Faculty

**Ms Vadivu Govind**

*Founding Director, Human Unlimited Pte. Ltd*

Vadivu facilitates leadership and staff development that builds high-performance workplaces where people flourish. She specialises in strengthening social, psychological and emotional capital in organisations. Her certifications relate to Creating Wellbeing, Strengths Profile, Appreciation at Work, the Science of Happiness at Work™, Team Psychological Safety Facilitation, Positive Psychology Coaching and Story Facilitation.

She received her Bachelors in Social Work and Sociology from the National University of Singapore in 1995/6 and her Master of Public Administration degree from Columbia University, New York City in 2009. In 2018, she was awarded the Innovation Fellowship by the Royal Commonwealth Society of Singapore. She was also co-author (with Hilary Lee) of the Winning Paper (Asia Pacific) in Roffey Park's "Human Aspects of the Future of Work" Research Paper Competition (2019). The paper was called "Empathy: Game-changing the Asian Workplace".

### Registration

To register (Internet access is required), scan the QR code or click on the web link. Registration closes on **2 December 2022, Friday**.



<https://form.gov.sg/62b2d7686e2e6600123fec6c>

Upon registration, you agree to the following [Terms & Conditions](#).

### Quick Links

[FAQs](#), [PGAHI Programmes](#), [Training Calendar and Directory](#)