



PEERS for Young Adults

8 – 10 March 2023

Introduction

The Program for the Education and Enrichment of Relational Skills (PEERS®) for Young Adults is an evidence-based social skills programme for clinicians who work with young adults with Autism Spectrum Disorder (ASD), and is used clinically for young adults with Attention Deficit Hyperactivity Disorder (ADHD), anxiety, depression and other social challenges. Attendees will be equipped with the PEERS treatment intervention and research behind the programme. Upon successful completion of the course, eligible attendees will be a PEERS® for Young Adults Certified Provider.

Course Objectives

- To present the social deficits and consequences of peer rejection and social rejection experienced by young adults with ASD.
- To describe effective, evidence-based methods for teaching social skills to young adults with ASD.
- To provide an overview of the PEERS® for Young Adults curriculum and a summary of research findings.
- To provide detailed instruction on effective use of the PEERS® for Young Adults curriculum.
- To demonstrate the best methods of delivering the PEERS® for Adolescents curriculum.

Course Outline

- Evidence-based conversation skills
- Electronic communication
- Appropriate use of humor
- Choosing appropriate friendships
- Bringing up and handling disagreements
- Hosting get-togethers
- Dating etiquette
- Handling direct and indirect bullying

Teaching Faculty

Dr. Elizabeth Laugeson is an Associate Clinical Professor in the Department of Psychiatry and Biobehavioral Sciences at the UCLA Semel Institute for Neuroscience and Human Behavior and is a licensed clinical psychologist. Dr. Laugeson is the Founder and Director of the UCLA PEERS Clinic, which is an outpatient program providing evidence-based social skills training for individuals with neurodevelopmental disabilities and other social challenges across the lifespan. Dr. Laugeson is also the Interim Director for the UCLA Tarjan Center, which is a University Center for Excellence in Developmental Disabilities, Program Director for the Autism and Neurodevelopmental Disabilities Internship Program at UCLA, and Program Director for Dissemination, Outreach, and Education at the UCLA Autism Center of Excellence.

Course Details

Date	: 8 – 10 March 2023
Duration	: 3 days
Time	: 8.30 am – 4.30 pm (Singapore Time)
Class size	: 30
Device required	: Laptop/ Desktop (with microphone, speaker and webcam)
Platform	: Zoom Cloud Meetings (Meeting details will be provided at a later date)
Fee (includes cost of the e-manual)	: S\$ 1,480 (SingHealth) S\$ 1,640 (Regular) (the prevailing GST applies)

Target Audience

Psychologists, Medical Social Workers, Speech Therapists, Occupational Therapists, Doctors and Nurses.

Registration

To register (internet access is required), scan the QR code or click on the web link. Registration closes on **25 January 2023**.



<https://www.form.gov.sg/632133e52eb03700134072a6>

Upon registration, you agree to PGAHI [Terms & Conditions](#).

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