



**SGH  
PGAHI**

POSTGRADUATE  
ALLIED HEALTH INSTITUTE

# PEERS for Adolescents

## 15 – 17 March 2021

### Introduction

The Program for the Education and Enrichment of Relational Skills (PEERS®) for adolescents is an evidence-based social skills programme for clinicians who work with adolescents with Autism Spectrum Disorder (ASD), and is used clinically for youth with Attention Deficit Hyperactivity Disorder (ADHD), anxiety, depression and other social challenges. Attendees will be equipped with the PEERS treatment intervention and research behind the programme. Upon successful completion of the course, eligible attendees will be a PEERS® Certified Adolescent Parent-Assisted and PEERS® Certified Telehealth Provider.

### Course Objectives

- To present the social deficits and consequences of peer rejection and social rejection experienced by youth with ASD.
- To describe effective, evidence-based methods for teaching social skills to teens with ASD.
- To provide an overview of the PEERS® for Adolescents curriculum and a summary of research findings.
- To provide detailed instruction on effective use of the PEERS® for Adolescents curriculum.
- To provide opportunities for practice of the skills and instruction methods in accordance with the PEERS® for Adolescents curriculum.
- To demonstrate the best methods of delivering the PEERS® for Adolescents curriculum.

### Course Outline

- evidence-based conversation skills
- electronic communication
- good sportsmanship skills
- appropriate use of humor
- choosing appropriate friendships
- bringing up and handling disagreements
- hosting get-togethers
- handling bullying, teasing, and rumors.

### Teaching Faculty

Dr. Elizabeth Laugeson is a licensed clinical psychologist and an Associate Clinical Professor in the Department of Psychiatry and Bio-behavioral Sciences at the UCLA Semel Institute for Neuroscience and Human Behavior. Dr. Laugeson is the Founder and Director of the UCLA PEERS® Clinic, which is an outpatient hospital-based program providing parent-assisted social skills training for preschoolers, adolescents and young adults with Autism Spectrum Disorders and other social impairments. She also serves as the Training Director for the UCLA Tarjan Center for Excellence in Developmental Disabilities (UCEDD).

### Course Details

Date	: 15 – 17 March 2021
Duration	: 3 days
Time	: 8.30 am – 4.30 pm
Class size	: 30
Device required	: <b>Laptop/ Desktop</b> (with microphone, speaker and webcam)
Platform	: <b>Zoom Cloud Meetings</b> (Meeting details will be provided at a later date)
Fee (excludes cost of the manual)	: <b>S\$ 850</b> (SingHealth) <b>S\$ 940</b> (Regular) (inclusive of 7% GST)

### Target Audience

Medical Social Workers, Psychologists, Speech Therapists, Occupational Therapists, Doctors and Nurses.

Eligible attendees who wish to reflect their details in the UCLA PEERS website as a PEERS certified provider, may write to Ms Brittany at [bnmurphy@mednet.ucla.edu](mailto:bnmurphy@mednet.ucla.edu) and [peersclinic@ucla.edu](mailto:peersclinic@ucla.edu).

### Course manual

Participants are required to purchase a copy of the “**Social Skills for Teenagers with Developmental and Autism Spectrum Disorders: The PEERS Treatment Manual**” from the vendor before the course.

The cost of the manual is estimated to be at SGD90 before shipping.

More details will be provided upon confirmation.

### Registration

To register, scan the QR code or click on the web link.

Registration closes on **22 January 2021, Friday**.



<https://tinyurl.com/yxjkpx35>

Upon registration, you agree to PGAHI [Terms & Conditions](#).

### Quick Links

- [FAQs](#)
- [PGAHI Programmes](#)
- [Training Calendar and Directory](#)