SGH PGAHI
POSTGRADUATE ALLIED HEALTH INSTITUTE

Basics of Group Psychotherapy: Theory and Experiential Learning

23 June 2021

Introduction

Implementing group psychotherapy goes beyond imparting content and skills.

Therapeutic change during group sessions is a complex process involving intricate interplay of group interactions and human experiences. Therefore, trained group leaders who are equipped with knowledge of group theories find themselves more effective in maximising the gains of the group setting.

Interested to engage in some experiential learning and observe a live demonstration of group theories and development? Join us at this course!

Course Objectives

This course aims to enable participants to:

- Identify stages of group development
- Identify group dynamics and resistance
- Process the here-and-now
- Gain direct experience of group theories through experiential learning

Target Audience

Healthcare Professionals

Quick Links

FAQs
PGAHI Programmes
Training Calendar and Directory

Course Details

Date	: **23 June 2021**
Duration	: **3 hours**
Time	: **2pm to 5pm**
Class size	: **30 participants**
Device required	: **Laptop/ Desktop** *(with microphone, speaker and webcam)*
Platform	: **Zoom Cloud Meetings** *(Meeting details will be provided at a later date.)*
Fee	: **S$120** (SingHealth) **S$130** (Regular) *(inclusive of 7% GST)*

Teaching Faculty

Ms Liew Shi Min is a Clinical Psychologist at Singapore General Hospital and a Certified Group Psychotherapist with America Group Psychotherapy Association (AGPA). Her clinical work involves providing individual and group psychotherapy at both inpatient and outpatient settings. She also conducts public talks and training workshops for mental health professionals. A group psychotherapy specialist and member of the Science to Service Taskforce at AGPA, Shi Min established time-limited process group services in local hospitals and organised experiential learning groups for local clinicians.

Registration

To register, scan the following QR code or click on the web link. Registration closes on **14 June 2021**.

https://form.gov.sg/6088c3a9559203001313d55a

Upon registration, you agree to **Terms & Conditions** of PGAHI.

ALLIED HEALTH PROFESSIONALS