



## Comprehensive care for older patients in the hospital, is it possible?

26 Feb 2021



### Introduction

Hospitalisations can lead to acquisition or worsening of the geriatric syndromes. Geriatric syndromes consist of cognitive issues such as delirium, dementia, depression, incontinence, falls, malnutrition with weight loss or functional decline. Each hospital stay often causes the elderly to be in a worse state compared to when they were first admitted. This will cause a vicious cycle of re-admissions, further weight loss, functional decline, frailty and caregiver burden and eventually leads to increased cost, disabilities, caregiver burnout and institutionalisation.

### Course Objectives

This course aims to enable participants to:

- Identify risks of complications associated with hospitalisation early
- Identify patients at high risk for falls, incontinence, delirium or poor nutrition
- Put in place early assessment and propose interventions before complications set in
- Understand and explain long term consequences which elderly patients may develop that affect their independence and impact on caregivers

### Target Audience

Healthcare Professionals

### Quick Links

[FAQs](#)

[PGAHI Programmes](#)

[Training Calendar and Directory](#)

### Course Details

Date	: 26 Feb 2021
Duration	: 3 hours
Time	: 9am - 12pm
Training Mode	: E-learning
Platform	: Zoom Cloud Meetings (Details of the zoom session link will be sent nearer the session date.)
Fee (incl of 7% GST)	: S\$100 per pax (SingHealth) S\$110 per pax (Regular)

### Teaching Faculty

**Adjunct Associate Professor Lim Si Ching**, a Senior Consultant Geriatrician at Changi General Hospital (CGH) with a special interest in dementia and delirium, is currently in charge of a 20-bedded dementia ward in CGH. She is responsible for developing the ward and training the staff in managing elderly patients with delirium, dementia and challenging behaviours hospital-wide. She has developed a care bundle for delirium patients and for patients on restraints so as to provide better care for the agitated elderly patients. She has also developed a system to prevent abscondment of patients with cognitive issues in CGH for patients' safety.

### Registration

To register, scan the following QR code or click on the web link. Registration closes on [26 Jan 2021](#).



<https://tinyurl.com/OlderPatients26Feb2021>

Upon registration, you agree to the following [Terms and Conditions](#).