



**SGH
PGAHI**

POSTGRADUATE
ALLIED HEALTH INSTITUTE

Complications in Grief and Quest for Meaning

26-28 July 2021

Introduction

The 3-day training will consider newer models of grieving, drawing on attachment, trauma and meaning reconstruction. It sets the stage for participants to review how complications may manifest in the aftermath of a significant loss. The possible risk factors leading to such complications as well as relevant assessment tools to identify such complications will also be covered in this course.

Participants will get to learn about several therapeutic tools, with how-to guidelines provided, to help clients reconstruct their bond to their deceased significant one while they embrace a changed future. There will be brief discussions on grief and loss issues in both terminal illness contexts and family dynamics as well.

This course may lead up to the certification in Grief Therapy as Meaning Reconstruction. Interested participants, please refer to <https://www.portlandinstitute.org/meaning-reconstruct-grief-therapy>.

Course Objectives

This course aims to enable participants to:

- Develop an understanding of an integrative model for grief and loss based on contemporary theories;
- Differentiate complications in grief from adaptive grief reactions; and
- Facilitate reconstruction of the bereaved-deceased bond through meaning-oriented interventions.

Course Outline

- Grief and loss in terminal illness
- Grief and its complications in bereavement
- An attachment-informed meaning reconstruction approach to grief and loss
- Grief and loss in bereaved families

Target Audience

Healthcare Professionals

Quick Links

[FAQs](#)

[PGAHI Programmes](#)

[Training Calendar and Directory](#)

Course Details

Date	: 26-28 July 2021
Duration	: 21 hours over 3 days
Time	: 9am to 5pm
Class size	: 30 participants
Device required	: Laptop/ Desktop (with microphone, speaker & webcam)
Platform	: Zoom Cloud Meetings (Meeting details will be provided at a later date)
Fee	: S\$620 (SingHealth) S\$690 (Regular) (inclusive of 7% GST)

Teaching Faculty

Dr Carolyn Ng, PsyD, FT, MMSAC, RegCLR maintains a private practice, Anchorage for Loss and Transition. She also serves as Associate Director and Faculty with the Portland Institute for Loss and Transition in Portland, OR, United States. Previously, she was a Principal Counsellor with the Children's Cancer Foundation in Singapore, specialising in cancer-related palliative care and bereavement counselling support. She is a registered counsellor, master clinical member and approved clinical supervisor with the Singapore Association for Counselling (SAC). She is also a Fellow in Thanatology (FT) registered with the Association of Death Education and Counselling (ADEC), USA as well as a consultant to a cancer support and bereavement ministry in Sydney, NSW, Australia.

Registration

To register, scan the following QR code or click on the web link. Registration closes on **12 July 2021**.



<https://form.gov.sg/6093c4b9bee11900116942c1>

Upon registration, you agree to [Terms & Conditions](#) of PGAHI.