



**SGH
PGAHI**

POSTGRADUATE
ALLIED HEALTH INSTITUTE

The Differences between the 3Ds - Delirium, Dementia & Depression

10, 12 & 13 Nov 2020

Introduction

Elderly patients above 65 occupy more than half of the beds in any hospital nowadays and are likely to increase in number as Singapore's population ages. The 3Ds, delirium, dementia and depression, are common among the elderly patients in the hospital and are often not properly diagnosed. The 3Ds can occur at the same time, they share similar features and having one of the three conditions increases the risk of a person developing the other two conditions. Most importantly, hospital associated complications can trigger one and lead to the other conditions unmasking themselves.

Course Objectives

This course aims to enable participants to:

- Recognise the features of the 3Ds
- Differentiate between the 3Ds
- Learn about possible mis-diagnosis
- Diagnose which of the 3Ds patients have
- Learn to manage the elderly patients who have one/two or all of the 3Ds

Target Audience

Healthcare Professionals

Course Outline

Day 1

- Clinical features, signs and symptoms of the 3Ds
- Case illustration and discussion among the participants

Day 2

- Management strategies for each of the 3Ds and the long term prognosis and outcome of the 3Ds
- Case presentation and discussion among the participants

Day 3

- Manage the behavioural symptoms of the 3Ds, using non-pharmacological method
- Apply Person Centred Care (PCC) approach in managing the behavioural symptoms
- Apply pharmacological approach to management of behavioural symptoms

Course Details

Date	: 10, 12-13 Nov 2020
Duration	: 9 hours over 3 sessions
Time	: 9 am – 12 pm
Training Mode	: E-learning
Platform	: Zoom Cloud Meetings (Details of the zoom session links will be sent nearer the session dates.)
Fee	: S\$250 per pax (SingHealth) (incl of 7% GST) S\$280 per pax (Regular)

Teaching Faculty

Adjunct Associate Professor Lim Si Ching, a Senior Consultant Geriatrician at Changi General Hospital (CGH) with a special interest in dementia and delirium, is currently in charge of a 20-bedded dementia ward in CGH. She is responsible for developing the ward and training the staff in managing elderly patients with delirium, dementia and challenging behaviours hospital-wide. She has developed a care bundle for delirium patients and for patients on restraints so as to provide better care for the agitated elderly patients. She has also developed a system to prevent abscondment of patients with cognitive issues in CGH for patients' safety.

Senior Nurse Clinician Li Fuyin is currently an advanced practice nurse in geriatric care setting at Changi General Hospital. She has a special interest in management of older adults with delirium and dementia. She has also spearheaded various projects in the areas of dementia and delirium in the hospital, with the focus on improving nursing identification and management of patients with delirium in acute wards and on improving cognitive engagement of persons with dementia using a person-centred approach.

Registration

Miss Tessa Koh

Email: tessa.koh.m.h@sgh.com.sg

Quick Links

[FAQs](#)

[PGAHI Programmes](#)

[Training Calendar and Directory](#)





Registration Slip

The Differences between the 3Ds - Delirium, Dementia & Depression 10, 12 & 13 Nov 2020

Submit your registration form to Tessa Koh at tessa.koh.m.h@sgh.com.sg by **16 Oct 2020!**

The information provided for course registration is true and accurate to the best of my knowledge. Submission of any false information will render my application void with no refund of registration fee. Submission of my professional certification or qualifications for auditing purpose may be required.

By registering for the course, you agree to the [terms & conditions](#) of PGAHI.

Quick links: [FAQs](#), [PGAHI Programmes](#), [Training Calendar and Directory](#)

PARTICIPANT'S PARTICULARS		FEE
Name (<i>to be reflected on cert</i>):		S\$ 250 (SingHealth) S\$ 280 (Regular) <i>(inclusive of 7% GST)</i>
Contact no.:	Employee No.:	
Email:		
Profession:		
<input type="checkbox"/> AHP (<i>please indicate</i>): _____ <input type="checkbox"/> Doctor <input type="checkbox"/> Nurse <input type="checkbox"/> Others: _____		
Department:		
Organisation:		
PRN/ MCR/ Nursing no. (<i>if applicable</i>):		

Any cancellation or replacement must be conveyed to PGAHI in writing. A cancellation fee of 50% of course fee will be charged if the cancellation is made before **16 Oct 2020**. There will be no refund of course fee for cancellation on or after **16 Oct 2020**. PGAHI reserves the right to cancel the course and fully refund the amount of registration fee paid to the participants should unforeseen circumstances necessitate it.

For **cheque payment***, please issue a **crossed cheque** payable to “**Singapore General Hospital Pte Ltd**” and mail the cheque attention to **Tessa Koh, SGH-PGAHI, 20 College Road, Academia, Level 2, Singapore 169856**.

For **invoice* to organisation**, please complete the below billing details:

BILLING DETAILS	
Bill to:	
Billing address:	
Attention invoice to (<i>name & department</i>):	
Email of addressee:	Contact no. of addressee:

**Payer to bear all bank charges. PGAHI will not process registration if the amount received is insufficient.*

I consent to Singapore General Hospital and its related corporations (collectively ‘SingHealth’), their agents and SingHealth’s authorised service providers collecting, using, disclosing and/or processing my personal data, in order to send me marketing materials, etc.

I confirm and agree that my consents granted herein do not supersede or replace any other consents which I may have previously provided to SingHealth in respect of my personal data, and are additional to any rights which SingHealth may have at law to collect, use or disclose my personal data.

By providing the information set out in this form and submitting the same to you, I confirm that I have read, understood and consent to the SingHealth Data Protection Policy, a copy of which is available at <http://www.singhealth.com.sg/pdpa>. Hard copies are also available on request.