

Multi-Disciplinary Management of Complex Chronic Non-Cancer Pain

8 – 10 January 2024

Introduction

Chronic pain is pain that has persisted for more than 3 months, with no identifiable cause to the pain or not responding to treatment or medications. Chronic and unrelieved pain is on the rise and can result in a multitude of negative effects such as reduced quality of life, emotional distress, general weakness and fatigue. Management of chronic non-cancer pain requires a multi-disciplinary bio-psycho-social approach.

Course Objectives

At the end of the course, participants should be able to:

- Outline contemporary concepts of pain and review pain taxonomy
- Gain an overview of the assessment, measurement and diagnosis of complex chronic pain disorders
- Understand the complexity of chronic pain and its contributing factors
- Manage complex chronic non-cancer pain to meet the bio-psycho-social needs of patients from a multi-disciplinary perspective

Course Outline

- Pain concepts
- Assessment, measurement and diagnosis of complex chronic non-cancer pain
- Pharmacological management of complex chronic non-cancer pain
- Interventional procedures in pain management
- Non-pharmacological management of complex chronic non-cancer pain
- Putting it together: complex chronic non-cancer pain management in practice

Registration

To register (*internet access is required*), scan the QR code or click on the web link. Registration closes on **15 December 2023, Friday**.



<https://form.gov.sg/65435dfa9aad2c0011b68af0>

Upon registration, you agree to the PGAHI [Terms & Conditions](#)

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Course Details

Date	: 8 – 10 January 2024
Time	: 12.00 pm to 5.00 pm
Duration	: 3 sessions (5 hours per session)
Class size	: 20 participants
Device required	: Laptop/ Desktop (with microphone, speaker and webcam)
Platform	: Zoom Cloud Meetings (Meeting details will be provided at a later date)
Fee per pax	: S\$840 (SingHealth) S\$930 (Regular) (inclusive of prevailing rate of GST)

Target Audience

Healthcare Professionals

Teaching Faculty

Adj Asst Prof Philip Cheong
Senior Principal Physiotherapist, SGH

Mr John Tan
Senior Principal Physiotherapist, SGH

Mr Kenneth Goh
Principal Physiotherapist, SGH

Assoc Prof Tan Kian Hian
Senior Consultant, Anaesthesiology, SGH

Clin Asst Prof Diana Chan
Head & Senior Consultant, Pain Medicine, SGH

Clin Asst Prof Christopher Liu
Senior Consultant, Pain Medicine, SGH

Clin Asst Prof Adeline Leong
Consultant, Pain Medicine, SGH

Clin Asst Prof Lin Xufeng
Consultant, Pain Medicine, SGH

Ms Jeraldine Seah
Senior Acupuncturist, Acupuncture Service Ctr, SGH

Ms Bridgette Sum
Psychologist II, Psychology, SGH

Mr Nicholas Tan
Psychologist II, Psychology, SGH