



**SGH
PGAHI**

POSTGRADUATE
ALLIED HEALTH INSTITUTE

Enteral Nutrition Course

25 February 2020

Introduction

Malnutrition is often an unrecognised risk in hospitalised or nursing home patients. It has been reported that approximately 30-55% of hospitalised patients are malnourished. Nutritional status may be further compromised in hospitals or nursing homes due to poor feeding.

Nurses and Healthcare Assistants are actively involved in feeding patients, be it serving meals or administering feeds via the tube. Enteral Nutrition is the delivery of nutrients directly into the stomach, duodenum or jejunum.

These healthcare providers play a vital role in ensuring appropriate care in tube feeding; therefore, it is important that they are equipped with skills in managing enteral nutrition. This will help to reduce the risk of malnutrition in long term hospitalised patients or nursing home residents.

Course Objectives









This course aims to:

- equip healthcare providers with skills in handling patients requiring enteral nutrition feeding
- promote evidence based practice for enteral nutrition management

Upon completion of the course, participants will be able to:

- Perform nutrition screening and identify patients requiring enteral nutrition
- Understand the causes and problems of malnutrition, and the importance of providing appropriate enteral nutrition
- Identify feeding problems/complications in tube fed patients
- Understand the various commonly used enteral feeds
- Understand the various feeding tubes/devices and its management.

Course Outline

-  Nutrition screening and assessment
-  Enteral feeding rationale and monitoring
-  Enteral feeds selection
-  Enteral feeds taste testing session
-  Identifying enteral feeding complications
-  Enteral feeding trouble shooting
-  Medication administration via feeding tube
-  Feeding tube selection

Course Details

| | |
|----------|---|
| Date | : 25 February 2020 |
| Duration | : 1 day |
| Time | : 9.00 am – 5.30 pm |
| Venue | : Academia |
| Fee | : S\$205 per pax (SingHealth) (incl of 7% GST) S\$230 per pax (Regular) |
| | With VCF Funding*: S\$ 161 per pax (Singaporean/PR) S\$ 207 per pax (Foreigner) |

**For NCSS member VWOs and MSF-funded VWOs only. Should PGAHI's reimbursement with NCSS be unsuccessful, the balance of course fees will be billed to the participant's organisation.*

Target Audience

This course is suitable for Allied Health professionals and Healthcare professionals.

This course is **NOT** suitable for Dietitians.

Teaching Faculty

Mr Tan Lee Boo

Senior Principal Dietitian
Department of Dietetics | SGH

Ms Cheang Lai Ye

Senior Clinical Pharmacist
Department of Pharmacy | SGH

SNC Loy Kia Lan

Senior Nurse Clinician (APN)
Specialty Nursing | SGH

Registration

Ms Amelia Lim

Email: amelia.lim.j.t@sgh.com.sg



Quick links

[FAQs](#)

[PGAHI Programmes](#)

[Training Calendar and Directory](#)



**SGH
PGAHI**

POSTGRADUATE
ALLIED HEALTH INSTITUTE

Registration Slip

Enteral Nutrition Course 25 February 2020

Submit your registration form to Amelia Lim at amelia.lim.j.t@sgh.com.sg by **6 Feb 2020!**

The information provided for course registration is true and accurate to the best of my knowledge. Submission of any false information will render my application void with no refund of registration fee. Submission of my professional certification or qualifications for auditing purpose may be required.

By registering for the course, you agree to the [Terms & Conditions](#) of PGAHI.

Quick links: [FAQs](#), [PGAHI Programmes](#), [Training Calendar](#) and [Directory](#)

PARTICIPANT'S PARTICULARS

Name *(to be reflected on cert)*:

Contact no.:

Email:

Profession:

AHP *(please indicate)*: _____ Doctor Nurse Others: _____

Department:

Organisation:

PRN/ MCR/ Nursing no. *(if applicable)*:

Any cancellation or replacement must be conveyed to PGAHI in writing. A cancellation fee of 50% of course fee will be charged if the cancellation is made before **6 Feb 2020**. There will be no refund of course fee for cancellation on or after **6 Feb 2020**. PGAHI reserves the right to cancel the course and fully refund the amount of registration fee paid to the participants should unforeseen circumstances necessitate it.

For **cheque payment**, please issue a **crossed cheque** payable to "Singapore General Hospital Pte Ltd" and mail the cheque attention to Amelia Lim, **SGH-PGAHI, 20 College Road, Academia, Level 2, Singapore 169856**.

For **invoice to organisation**, please complete the below billing details:

BILLING DETAILS

Bill to:

Billing address:

Attention invoice to *(name & department)*:

Email of addressee:

Contact no. of addressee:

I consent to Singapore General Hospital and its related corporations (collectively 'SingHealth'), their agents and SingHealth's authorised service providers collecting, using, disclosing and/or processing my personal data, in order to send me marketing materials, etc.

I confirm and agree that my consents granted herein do not supersede or replace any other consents which I may have previously provided to SingHealth in respect of my personal data, and are additional to any rights which SingHealth may have at law to collect, use or disclose my personal data.

By providing the information set out in this form and submitting the same to you, I confirm that I have read, understood and consent to the SingHealth Data Protection Policy, a copy of which is available at <http://www.singhealth.com.sg/pdpa>. Hard copies are also available on request.