



**SGH  
PGAHI**

POSTGRADUATE  
ALLIED HEALTH INSTITUTE

# Trans-Disciplinary Management of Complex Chronic Non-Cancer Pain

## 3 - 5 Jan 2022 & 17-19 Jan 2022

### Introduction

Chronic pain is pain that has persisted for more than 3 months, with no identifiable cause to the pain or not responding to treatment or medications. Chronic and unrelieved pain is on the rise and can result in a multitude of negative effects such as reduced quality of life, emotional distress, general weakness and fatigue. Management of chronic non-cancer pain requires a trans-disciplinary bio-psycho-social approach.

### Course Objectives

At the end of the course, participants should be able to:

- Outline contemporary concepts of pain and review pain taxonomy
- Gain an overview of the assessment, measurement and diagnosis of complex chronic pain disorders
- Understand the complexity of chronic pain and its contributing factors
- Manage complex chronic non-cancer pain to meet the bio-psycho-social needs of patients from a multi-disciplinary perspective

### Course Outline

- Pain Concepts
- Assessment, Measurement and Diagnosis of Complex Chronic Non-Cancer Pain
- Treatment and Management Principles for Complex Chronic Non-Cancer Pain
- Pharmacological Management of Complex Chronic Non-Cancer Pain
- Interventional Procedures in Pain Management
- Non-Pharmacological Management of Complex Chronic Non-Cancer Pain
- Putting It Together: Complex Chronic Non-Cancer Pain Management in Practice

### Target Audience

All Healthcare Professionals

### Quick links

[FAQs](#) | [PGAHI Programmes](#) | [Training Calendar & Directory](#)

### Course Details

Date	: 3 - 5 Jan 2022 & 17-19 Jan 2022
Time	: 1pm to 5pm
Duration	: 6 sessions; 4 hours per session
Class size	: 20 participants
Device required	: Laptop/ Desktop (with microphone, speaker and webcam for Zoom sessions)
Platform	: Zoom Cloud Meetings (Meeting details will be provided at a later date.)
Fee	: S\$650 (SingHealth) S\$720 (Regular) (inclusive of 7% GST)

### Teaching Faculty

Prof Ian Curran, Vice Dean, Education, Duke-NUS Medical School

Dr Philip Cheong, Senior Principal Physiotherapist, SGH

Mr John Tan Wei Ming, Principal Physiotherapist, SGH

Mr Kenneth Goh, Senior Physiotherapist, SGH

Dr Tan Kian Hian, Senior Consultant and Head, Anaesthesiology, SGH

Dr Diana Chan, Consultant and Head, Pain Medicine, SGH

Dr Jane George, Senior Consultant, Pain Medicine, SGH

Dr Adeline Leong, Consultant, Pain Medicine, SGH

Dr Christopher Liu, Consultant, Pain Medicine, SGH

Dr Huang Fang, Assistant Director, Division of Nursing, KKH

Dr Yang Su-Yin, Principal Psychologist, Psychology, TTSH

Mr Henry Lew, Registered Psychologist

### Registration

To register, scan the QR code or click on the web link.  
Registration closes on **20 Dec 2021**.



<https://form.gov.sg/61723268e2dc370013f6f616>

Upon registration, you agree to the [Terms & Conditions](#) of PGAHI.