

# Applied Suicide Intervention Skills Training

## 21 – 22 March 2024

### Introduction

Applied Suicide Intervention Skills Training (ASIST), founded by LivingWorks Education Inc. is a two-day intensive course designed to enable frontline workers and professionals recognise and assist persons at risk of suicide using an effective suicide intervention model.

### Course Objectives

At the end of the course, participants will be able to acquire knowledge and skills to assist persons at risk of suicide with greater confidence and competence.

**Participants are required to fulfill 100% attendance rate in order to receive the certificate at the end of Day 2 of the course.**

### Course Outline

#### Day One:

- **Introduction Module**
  - Sets the tone, norms & expectations of the learning experience.
- **Attitudes Module**
  - Sensitises participants to their own attitudes towards suicide. Creates an understanding of the impact that attitudes have on their intervention process.
- **Knowledge Module**
  - Provides knowledge & skills to recognize & assess the risk of suicide.

#### Day Two:

- **Intervention Module**
  - Presents a model for effective suicide intervention. Participants develop their skills through observation, supervised simulation experiences & role-plays.
- **Resources Module**
  - Generates information about resources in the local community. Promotes a commitment by participants to build local resources into helping networks.

### Target Audience

Healthcare Professionals

### Course Details

Date	: 21 – 22 March 2024
Duration	: 2 Days
Time	: 9.00 am – 5.00 pm
Venue	: Academia
Fee	: S\$890 (SingHealth) (includes S\$990 (Regular) course materials) (the prevailing GST applies)

### Teaching Faculty

#### Esther Lim

Chief Allied Health Professional  
Master Medical Social Worker, Medical Social Services  
Singapore General Hospital

#### Jackie Erh

Principal Medical Social Worker, Medical Social Services  
Singapore General Hospital

### Registration

To register (Internet access is required), scan the QR code or click on the web link. Registration closes on **15 February 2024, Thursday**.



<https://www.form.gov.sg/64f58c4e88df6b0012c64553>

Upon registration, you agree to PGAHI [Terms & Conditions](#).

### Quick Links

[FAQs](#)

[PGAHI Programmes](#)

[Training Calendar](#)