

## Continuing Professional Education Lecture

# Management of BPSD - From A Geriatrician's Perspective

### SYNOPSIS

Dementia is becoming an expensive disease worldwide and its prevalence is on the rise, particularly in the developing countries. The non-cognitive symptoms of dementia, also known as neuropsychiatric symptoms or behavioural and psychological symptoms of dementia (BPSD) are particularly challenging for the caregivers resulting in significant caregiver stress, leading to burnout and institutionalization.

An overview of BPSD including the spectrum of behavioural problems, aetiology of BPSD, approaches to treatment of BPSD focusing on Person Centred Care (PCC) will be presented. For healthcare workers, not trained in Gerontology, taking care of patients with BPSD is challenging and stressful. The majority of caregivers end up restraining the patients - either physically or chemically, for their safety.

### SPEAKER

**Adjunct Assoc Prof Lim Si Ching**  
**MB ChB (UK), MRCP (UK)**

Adjunct Assoc Prof Lim Si Ching is a Senior Consultant Geriatrician at Changi General Hospital (CGH), with a special interest in dementia.

Prof Lim is currently in charge of a 20 bedded dementia ward in CGH. She is responsible for developing the ward and training the staff in managing elderly with delirium and dementia with challenging behaviours. She is also teaching the nurses hospital wide in the management of elderly patients with behavioural symptoms without using physical restraints. She has developed a clinical pathway for delirium and revamped the restraint protocol in CGH. She has developed care bundle for the delirious patients in CGH, in order to provide better care for the agitated elderly.

### LECTURE DETAILS

Date	16 January 2019 (Wed)
Time	6.30 pm – 7.30 pm
Venue	Learning Space Room 4/5 Singapore General Hospital Block 6 Level 1, Outram Road Singapore 169608
Target Audience	<b>Pharmacist and All Allied Health Professionals</b>  <i>(Limited to 100 pax, on a first-come-first-served basis; as seats are limited, walk-in registration may not be accepted).</i>
Fee	<b>Complimentary</b>

### REGISTRATION

To register, please submit the following details to [sharon.ho.shu.phing@sgh.com.sg](mailto:sharon.ho.shu.phing@sgh.com.sg) by **3 January 2019**.

- **Name**
- **Organisation/Department**
- **Profession**
- **Contact No.**
- **Email**
- **SGH Employee No.**
- **Professional Registration No.**

Upon registration, you agree to the following [Terms & Conditions](#)

### ENQUIRIES

**Ms Carlyn Wee**

Contact No.: 6576 2711

Email: [carlyn.wee.g.p@sgh.com.sg](mailto:carlyn.wee.g.p@sgh.com.sg)

**1 CPE point will be awarded.**

**Participants who arrive later than 6.45 pm will not be accrued with CPE point.**