



Continuing Professional Education Lecture: Delirium and Dementia- What's The Difference? 23 October 2019

Synopsis

The elderly are currently the biggest utilisers of the healthcare system and the proportion of elderly inpatients will continue to rise as Singapore faces the silver tsunami. The prevalence of cognitive issues among our elderly inpatients is about 40-50%. Currently, half of the elderly living with dementia in Singapore have not received a formal diagnosis. Establishing a diagnosis of dementia helps the healthcare workers understand the nature of the cognitive and behavioural symptoms. Without a diagnosis of dementia, the caregivers miss out on opportunities for dementia education and are often left helpless when their loved ones become confused and disorientated.

While the elderly patients are under our care in the wards, those with cognitive issues are at higher risk for fall, delirium, incontinence and exhibiting challenging behaviours which may result in physical restraint usage. Differentiating delirium and dementia among the elderly inpatients who are confused is important since delirium is an acute problem and is also a medical emergency which can potentially be life threatening. Delirium is reversible once the medical insults are dealt with. In this lecture, we explore the differences between dementia and delirium and discuss the management strategies for delirium.

Speaker

Adjunct Assoc Prof Lim Si Ching
MB ChB (UK), MRCP (UK)

Adjunct Assoc Prof Lim Si Ching is a Senior Consultant Geriatrician at Changi General Hospital (CGH) with a special interest in dementia and delirium.

Prof Lim is currently in charge of a 20 bedded dementia ward in CGH. She is responsible for developing the ward and training the staff in managing elderly with delirium and dementia with challenging behaviours. She is also teaching the nurses hospital wide in the management of elderly patients with behavioural symptoms without using physical restraints. She has developed a clinical pathway for delirium and revamped the restraint protocol in CGH as well as developing care bundle for the delirious patients, in order to provide better care for the agitated elderly. She has also developed an alarm system to prevent abscondment of patients with cognitive issues in CGH.

Target Audience

Pharmacists and All Allied Health Professionals

Lecture Details

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| Date | : 23 October 2019 |
| Duration | : 1 hour |
| Time | : 6.30 pm - 7.30 pm |
| Venue | : Learning Space Room 4/5 Singapore General Hospital Block 6 Level 1, Outram Road Singapore 169608 |
| Fee | : Complimentary |

Registration

To register, please submit the following details to carlyn.wee.g.p@sgh.com.sg by **10 October 2019**.

- **Name**
- **Organisation**
- **Department**
- **Profession**
- **Contact No.**
- **Email Address**
- **SGH Employee No. (if applicable)**
- **Professional Registration No.**

Upon registration, you agree to the following [Terms & Conditions](#).

Limited to 120 pax, on a first-come-first-served basis. As priority would be given to those who have pre-registered, walk-in registration may not be accepted.

To maximise your learning and also to help each other to focus better at the lecture, please be punctual for the lecture.

Quick links

[FAQs](#)

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1 CPE point will be awarded.
Participants who arrive later than 6.45 pm
will not be accrued with CPE point.