



Continuing Professional Education Lecture: NAvigating Immuno-Suppressants with Ease (NAISE)

4 July 2024

Synopsis

Drug interactions are often observed in transplant patients due to polypharmacy. Following transplantation, patients are required to take an initial medication regimen comprising a calcineurin inhibitor, an antiproliferative agent and a corticosteroid to prevent organ rejection. In addition, prophylactic anti-infectives, stress ulcer prophylaxis and maintenance medications for underlying chronic diseases contribute to the typical drug regimen of a transplant patient.

This lecture will discuss the pharmacokinetic (PK) and pharmacodynamic (PD) principles of immunosuppressants (IS) and provide insights into navigating drug interactions, including dose adjustments, therapeutic drug monitoring and alternative therapies. Pharmacists will be equipped to optimise drug therapy to ensure patient safety and efficacy in the face of complex drug regimens.

After the lecture, the participants will be able to gain an understanding on:

- PK and PD principles of IS
- Common drug-drug and drug-food interactions with IS
- Strategies to navigate drug interactions

Registration

To register (*internet access is required*), scan the following QR code or click on the web link. Registration closes on **14 June 2024, Friday**.



<https://form.gov.sg/663314f2f8fb8dcc40fa7d63>

Upon registration, you agree to PGAHI [Terms & Conditions](#).

Zoom Capacity: 500

This lecture will be conducted via Zoom Cloud Meetings app. For ease of accessing the lecture, please download Zoom Cloud Meetings app.

Details of the lecture meeting link will be sent to the successful registrants nearer the lecture date.

Lecture Details

| | |
|----------|-------------------------|
| Date | : 4 July 2024, Thursday |
| Duration | : 1 hour |
| Time | : 6.30 pm - 7.30 pm |
| Fee | : Complimentary |
| Platform | : Zoom Cloud Meetings |

Target Audience

Pharmacists

Speaker



Dr Fiona Yeo
Principal Clinical Pharmacist
Pharmacy Division
Singapore General Hospital

Dr Fiona Yeo is a Principal Clinical Pharmacist with the Pharmacy Division at Singapore General Hospital (SGH).

Fiona obtained her undergraduate and postgraduate qualifications from National University of Singapore (NUS) in 2012 and 2018 respectively. She is a board-certified pharmacotherapy specialist with the Board of Pharmaceutical Specialties since 2018. Having completed the national collaborative prescribing programme at NUS in 2019, she works closely with the nephrologists in SGH as one of the collaborative prescribers at the renal low clearance clinic.

Fiona's clinical practice focuses on renal and transplant medicine. She has been a transplant pharmacist with the kidney and liver transplant team since 2019.

Quick Links

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