



# Continuing Professional Education Lecture: Depression and Its Management

## 7 October 2020

### Synopsis

Many people say they feel depressed but are they suffering depression? Some say they do not feel depressed yet could be suffering depression. Why is it important not to miss the diagnosis of depression?

Depression is not a single condition. In this talk, you will learn about the different types of depression. You will learn about the features, causes, and the epidemiology of depression. Depression is a major factor for suicide. But what proportion of patients commit suicide? Who are those who commit suicide? What about those who commit deliberate self-harm? Are there differences between these 2 groups?

Besides medications you will also learn about the other methods of treatment that would be beneficial to these patients and the proportion expected to recover. Most importantly, how long should patients take their medications? Come and find out the answers to these questions and more.

### Speaker

**A/Prof Leslie Lim**  
**Senior Consultant**  
**Department of Psychiatry**  
**Singapore General Hospital**



A/Prof Leslie Lim is a Senior Consultant at Department of Psychiatry, Singapore General Hospital. He is a Clinical Associate Professor at the National University of Singapore and an Adjunct Associate Professor at the Duke- NUS Medical School. He graduated MBBS (University of Singapore), trained in Psychiatry at St George’s Medical School, University of London, obtained Membership of the Royal College of Psychiatrists, was elected Fellow of the Royal College of Psychiatrists (UK), and Fellow of the Academy of Medicine, Singapore. He was visiting scholar at the Memorial Sloan Kettering Cancer Centre, USA and at the Duke University Department of Psychiatry and Behavioral Sciences, North Carolina, USA.

He was President of the Singapore Association for Mental Health, chief examiner in Psychiatry for the Master of Medicine in Psychiatry Examinations, and is presently an examiner at the local undergraduate and postgraduate examinations as well as with the Royal College of Psychiatrists, United Kingdom. For his contributions to Psychiatry he was awarded the Distinguished Psychiatrist Award by the Singapore Psychiatric Association in 2016.

### Lecture Details

Date : 7 October 2020, Wednesday  
Duration : 1 hour  
Time : 6.30 pm – 7.30 pm  
Fee : Complimentary  
Platform : Zoom Cloud Meetings

### Target Audience

Pharmacists

### Registration

To register, scan the QR code or click on the web link.  
Registration closes on **23 September 2020, Wednesday**.



<https://tinyurl.com/cpelect7oct2020>

Upon registration, you agree to the following [Terms & Conditions](#).

*This lecture will be conducted via Zoom Cloud Meetings app. For ease of accessing the lecture, please download Zoom Cloud Meetings app.*

*Details of the lecture meeting link will be sent to the successful registrants nearer the lecture date.*

### Quick Links

- [FAQs](#)
- [PGAHI Programmes](#)
- [Training Calendar and Directory](#)