



**SGH  
PGAHI**

POSTGRADUATE  
ALLIED HEALTH INSTITUTE

## Continuing Professional Development Lecture Series: Creative Arts Therapies and Therapeutic Medical Play In Healthcare (Part 1)

*Understanding The Role Of Creative Arts Therapies And Therapeutic Medical Play In  
Healthcare Settings*

27 August 2020

### Synopsis

Creative Arts Therapies and Child Life Therapy are evidence based and evidence informed clinical services that support patients through their medical journey. These therapies support functional, emotional and psychosocial goals. The interventions utilised by the practising therapists are non-invasive and often leads to an improvement in overall functioning abilities.

During this talk, participants will be introduced to:

1. Art Therapy, Music Therapy and Child Life Therapy as creative arts and therapeutic medical play in the healthcare setting
2. Present an overview of the common strategies used by each modality to support the needs of patients

The presentation will end with a short Q&A session with the SingHealth Art, Music and Child Life Therapists.

### Target Audience

Allied health professionals

### Registration

To register, scan the QR code or click on the web link.

Registration closes on **7 August 2020, Friday**.



<https://form.gov.sg/5f0ff7e4c26b3700116ef0f1>

Upon registration, you agree to the following [Terms & Conditions](#).

*Limited to 150 participants per lecture.*

*This lecture will be conducted via [Zoom Cloud Meetings](#) app. For ease of accessing the lecture, please download/update Zoom Cloud Meetings app.*

*Details of the lecture meeting link will be sent to the successful registrants nearer the lecture date.*

### Quick Links

[FAQs](#)

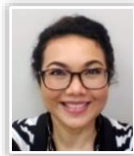
[PGAHI Programmes](#)

[Training Calendar and Directory](#)

### Lecture Details

Date	:	<b>27 August 2020, Thursday</b>
Duration	:	<b>60 minutes</b>
Time	:	<b>6.00 pm – 7.00 pm</b>
Fee	:	<b>Complimentary</b>
Platform	:	<b>Zoom Cloud Meetings</b>

### Speakers



**Dian Handayani**  
Art Therapist  
Department of Psychology  
Singapore General Hospital

**Dian** is an art therapist at Singapore General Hospital's (SGH) Department of Psychology. Her career at SGH began in the Eating Disorders unit, where she was the Deputy Director of the programme. Dian's passion in the field of trauma and sexual health led her to pursue a MSc in Medicine: HIV, STIs and Sexual Health (Counselling) at the University of Sydney, where she graduated in 2018. Dian was a recipient of the Singapore Health Quality Service award. She hopes to use her background in arts, mental and sexual health to provide quality whole-person-care in medicine.



**Michelle Low**  
Music Therapist – Board Certified  
Neurologic Music Therapist Fellow  
Music and Creative Therapy Unit  
Singapore General Hospital

**Michelle** is a medical music therapist at Singapore General Hospital. She serves adult patients in various departments including rehabilitation, neurosurgery, geriatrics, oncology, haematology and intensive care. Michelle's research interests include music therapy in rehabilitation and music therapy in cognitive neuroscience.



**Tanuja Nair**  
Head of Service, CHAMPs (Child Life, Art and Music Therapy Programmes)  
Principal Child Life Therapist  
KK Women's and Children's Hospital

**Tanuja** has been with KK Women's and Children's Hospital (KKH) since 2007 as a Child Life Therapist and works with children and their families. Tanuja is a certified Child Life Specialist and Children's Recreational Teacher. In 2018, Tanuja was a recipient of the GCEO Excellence Awards: Outstanding Allied Health Professional Award. As a Child Life Therapist, she works closely with medical, nursing and allied health professionals to support children, adolescents and families through various challenging and complex hospital experiences.