



**SGH  
PGAHI**

POSTGRADUATE  
ALLIED HEALTH INSTITUTE

# Continuing Professional Development Lecture: Overview of Workplace Ergonomics

## 31 August 2021

### Synopsis

Knowing how to apply ergonomics at work can help prevent musculoskeletal disorders and improve productivity. This lecture serves to help participants **understand and apply the principles of ergonomics to workplaces**. The lecture will **cover the use of tools and methodologies commonly used to assess risk factors** in office and industrial settings. He will also be sharing **recommendations for setting up ergonomic workstations**.



### Speaker



**Patrick Ker**  
Senior Principal Occupational Therapist  
Occupational Therapy  
Singapore General Hospital

Patrick Ker is a Senior Principal Occupational Therapist at the Singapore General Hospital (SGH) and an ergonomic consultant to SGH safety network. He holds a Master of Science & Technology in Ergonomics, His clinical practice includes providing treatment for people with musculoskeletal disorders.

Patrick pioneered the development of ergonomics consultancy services in SGH. He was involved in the development of the Singapore Standard Code of Practice for Office Ergonomics and the Code of Practice for Manual Handling. He also assisted the Ministry of Manpower in the development of ergonomics guidelines for the hotel and logistic industries.

As a specialist in this clinical area, he regularly conducts ergonomics consultations, evaluations and training within SGH and for external companies and organisations.

### Lecture Details

Date	:	<b>31 August 2021, Tuesday</b>
Duration	:	<b>60 minutes</b>
Time	:	<b>6.00 pm - 7.00 pm</b>
Fee	:	<b>Complimentary</b>
Platform	:	<b>Zoom Cloud Meetings</b>

### Target Audience

All allied health professionals

### Registration

To register, scan the QR code or click on the web link.  
Registration closes on **30 July 2021, Friday**.



<https://form.gov.sg/60cc360c6040cf0012171759>

Upon registration, you agree to the following [Terms & Conditions](#).

*Limited to 500 participants per lecture.*

*This lecture will be conducted via [Zoom Cloud Meetings](#) app. For ease of accessing the lecture, please download/update Zoom Cloud Meetings app.*

*Details of the lecture meeting link will be sent to the successful registrants nearer the lecture date.*

### Quick Links

[FAQs](#)

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[Training Calendar and Directory](#)