



**SGH
PGAHI**

POSTGRADUATE
ALLIED HEALTH INSTITUTE

Continuing Professional Development Lecture: Introduction to Group Psychotherapy: Let's Put The Chairs In A Circle 20 April 2021

Synopsis

Group psychotherapy has been gaining traction in local health services across settings in the recent years. Commonly known advantages of group psychotherapy include affordability for patients and manpower efficiency for service providers. More importantly, group psychotherapy offers a safe place to normalize, receive support and learn more about ourselves and others. Interested to maximize gains for your group services? Join us at the lecture to find out more!

During this short lecture, the speaker will cover the following:

- important considerations of setting up a group,
- elements of an effective group, and
- a local case study of group psychotherapy and its outcomes.

Speaker



Ms Liew Shi Min
Psychologist
Department of Psychology
Singapore General Hospital

Ms Liew Shi Min is a Clinical Psychologist at Singapore General Hospital and a Certified Group Psychotherapist with America Group Psychotherapy Association (AGPA). Her clinical work involves providing individual and group psychotherapy at both inpatient and outpatient settings. She also conducts public talks and training workshops for mental health professionals. As a group psychotherapy enthusiast and specialist, she established time-limited process group services in local hospitals, organized experiential learning groups, and led support groups for local clinicians. She is a member of the Science to Service Taskforce at AGPA and she has been working on a book chapter for group therapy assessment tools.

Lecture Details

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|----------|--------------------------|
| Date | : 20 April 2021, Tuesday |
| Duration | : 60 minutes |
| Time | : 6.00 pm - 7.00 pm |
| Fee | : Complimentary |
| Platform | : Zoom Cloud Meetings |

Target Audience

Allied health professionals, doctors and nurses.

Registration

To register, scan the QR code or click on the web link. Registration closes on **26 March, Friday**.



<https://form.gov.sg/603de3a5be2f1800118f70ea>

Upon registration, you agree to the following [Terms & Conditions](#).

Zoom Capacity: 500

This lecture will be conducted via [Zoom Cloud Meetings](#) app. For ease of accessing the lecture, please download/update Zoom Cloud Meetings app.

Details of the lecture meeting link will be sent to the successful registrants nearer the lecture date.

Quick Links

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