

PGAHI Training Calendar

April 2020 – March 2021

Legend:

| | | | |
|--|-------------------------|----------------------------------|----------------------------------|
| AHP Allied Health Professionals | DIET Dietitian | MSW Medical Social Worker | OT Occupational Therapist |
| PATH Pathologists' Assistant | PHARM Pharmacist | PT Physiotherapist | POD Podiatrist |
| PSY Psychologist | RAD Radiographer | ST Speech Therapist | |

All information stated is correct as of 13 November 2020 and subjected to change without notice.
Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated.
SingHealth staff and selected Professional Association bodies will be entitled to 10% off regular rate.
PGAHI reserves the right to update, change or replace any information.
We strongly encourage you to check this page periodically for changes.

Besides the following programmes, PGAHI also offers Clinical Attachments for AHPs. For more information, please visit:

<https://www.sgh.com.sg/pgahi/programmes/Pages/programmeoverview.aspx#>

Some courses are listed under Multidisciplinary section. Please look under profession "AHP" to view the list of courses.

Courses featured below are categorised by Training mode, e.g. e-Learning, Blended Learning and Classroom-based Learning

e-Learning Courses

| Professions | Course/Lecture Title | Course Objectives | Course Outline | Pre-Requisites | Fee (SingHealth Staff) | Fee (Regular) | Category | Mode of Training | Duration | Date(s) | Month(s) | Course in-charge |
|-------------|--|--|--|----------------|------------------------|---------------|--------------------------|--|-------------|--|---------------------------|--|
| DIET | Medical Nutrition Therapy for Diabetes (For Dietitians) | 1) Equip dietitians with essential nutrition knowledge on diabetes. 2) Update dietitians with the latest and current principles and nutrition recommendations for people with diabetes, type 1, type 2 and other forms of diabetes. 3) Update dietitians with knowledge on the principles of advanced carbohydrate counting. 4) Understand the role of dietitians in the management of physical activity and exercise. | 1) Nutrition in diabetes 2) Applying nutritional guidelines – An 'ideal diet' for diabetes? 3) Blood glucose lowering medications – implications for diet 4) Carbohydrate counting principles 5) Understanding hypoglycaemia and its treatment 6) Other forms of diabetes – nutritional considerations 7) Advanced CHO counting 1 and 2 8) Physical activity/ exercise 9) Managing the young adult with diabetes 10) Meeting the demands of pregnancy and diabetes 11) Managing patients with poor intake – Considerations for patients on enteral feeding 12) Sick Day Management – The Dietitian's role | Nil | \$360 | \$400 | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings & SingHealth eLearning Portal) | 3 half days | 25 - 26 & 28 | Jan 2021 | amelia.lim.j.t@sgh.com.sg |
| PHARM | Anticoagulation Management | Provide an opportunity for doctors, nurses and pharmacists to increase their knowledge and expertise in managing patients receiving anticoagulation therapy. | 1) Overview of coagulation tests used in anticoagulant monitoring 2) DOACs uses and monitoring 3) VTE prophylaxis and treatment updates 4) Role of Anticoagulation in Patients with various medical conditions 5) Perioperative management of patients on anticoagulants 6) Local experience of setting up Anticoagulation Service 7) Audit of Anticoagulation Clinic 8) Pharmacoeconomic modelling for Anticoagulation Clinic 9) Virtual Monitoring Clinic | Nil | TBC | TBC | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings & SingHealth eLearning Portal) | 2 days | 22 – 23 | Mar 2021 | carlyn.wee.g.p@sgh.com.sg |
| PHARM | Clinical Reasoning Approach to Pharmacotherapy (NEW course) | 1) Understand the concepts and components of clinical reasoning 2) Apply the components of clinical reasoning in daily pharmacotherapy practice for management of chronic diseases such as diabetes, hypertension and thyroid disorders 3) Aware of the impact of clinical reasoning on patient care | The course focuses on developing the clinical reasoning skills in pharmacotherapy of chronic diseases. The proposed model shall integrate both clinical reasoning processes and SQAP processes using case-based discussions. | Nil | \$90 | \$95 | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings) | 1 day | 1 | Aug 2020 | carlyn.wee.g.p@sgh.com.sg |
| PHARM | Continuing Professional Education (CPE) | The Pharmacy Lecture Series consists of short seminars conducted regularly throughout the year. It serves as a platform for pharmacists to update, develop and acquire new knowledge and skills, to ensure continuing competence as professionals throughout their careers. | | Nil | Complimentary | Complimentary | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings) | 1 hour | Look out for monthly email alerts on lectures. | Lecture available monthly | carlyn.wee.g.p@sgh.com.sg |
| PT | Advanced Critical Care Physiotherapy - Options for Acute Respiratory and Rehabilitation Care | 1) Demonstrate advanced clinical reasoning skills particularly in the ability to gather, interpret and synthesize appropriate information in cardiopulmonary physiotherapy in critical care setting 2) Outline the principle and rationale for ventilator hyperinflation, and perform ventilator hyperinflation in a simulated setting 3) Understand various criteria to assess and wean patient from mechanical ventilation 4) Methodically perform extubation checklist 5) Explain the principle and rationale for critical care mobility 6) Demonstrate competency in prescribing selected pulmonary modalities for patients in critical care settings | 1) Monitoring and Assessment in Critical Care 2) Specialised ICU 3) Respiratory Physiotherapy in Critical Care 4) Respiratory care practical: MHI, VHI, Cough Assist 5) Exercise and Mobility Training in Critical Care | Nil | \$470 | \$520 | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings) | 5 half-days | 2 - 4 & 7 - 8 | Dec 2020 | joyce.lee.g.l@sgh.com.sg |

PGAHI Training Calendar

April 2020 – March 2021

Legend:

| | | | |
|--|-------------------------|----------------------------------|----------------------------------|
| AHP Allied Health Professionals | DIET Dietitian | MSW Medical Social Worker | OT Occupational Therapist |
| PATH Pathologists' Assistant | PHARM Pharmacist | PT Physiotherapist | POD Podiatrist |
| PSY Psychologist | RAD Radiographer | ST Speech Therapist | |

All information stated is correct as of 13 November 2020 and subjected to change without notice.

Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated.

SingHealth staff and selected Professional Association bodies will be entitled to 10% off regular rate.

PGAHI reserves the right to update, change or replace any information.

We strongly encourage you to check this page periodically for changes.

Besides the following programmes, PGAHI also offers Clinical Attachments for AHPs. For more information, please visit:

<https://www.sgh.com.sg/pgahi/programmes/Pages/programmeoverview.aspx#>

Some courses are listed under Multidisciplinary section. Please look under profession "AHP" to view the list of courses.

Courses featured below are categorised by Training mode, e.g. e-Learning, Blended Learning and Classroom-based Learning

e-Learning Courses

| Professions | Course/Lecture Title | Course Objectives | Course Outline | Pre-Requisites | Fee (SingHealth Staff) | Fee (Regular) | Category | Mode of Training | Duration | Date(s) | Month(s) | Course in-charge |
|-------------|---|---|--|---|------------------------|---------------|--------------------------|--------------------------------------|-------------|-------------------------|---------------------|--|
| PT | Clinical Reasoning for Physiotherapy Management in Stroke | At the end of the course, participants should be able to: 1) Understand medical management of stroke patients in sub-acute and chronic phases. 2) Be able to use the International Classification of Functioning, Disability and Health (ICF) model as a framework for clinical reasoning in management of people after stroke. 3) Understand the mechanisms underlying motor impairments following stroke and their impact on performance of everyday activities. 4) Be able to prioritise physiotherapy interventions based on analysis of impairments contributing to activity limitations. 5) Be able to identify prognostic factors contributing to recovery in people after stroke. 6) Be able to utilise motivational interview techniques for goal setting. | 1) Medical Management of Stroke Patients in Sub-acute and Chronic Phases 2) Mechanism of Impairments 3) Analysis and treatment of post-stroke impairments 4) Predictors of Post stroke Mobility 5) Motivational Interviewing & Goal setting | Nil | \$360 | \$400 | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings) | 4 half-days | 28 - 29 Jan & 1 - 2 Feb | Jan 2021 & Feb 2021 | joyce.lee.g.l@sgh.com.sg |
| PT | Physiotherapy Assessment & Management of Cervical Disorders | 1) Plan, prioritize and perform a physical examination for the cervical, upper cervical and cervico-scapular region 2) Discuss and demonstrate differential diagnosis of common cervical, upper cervical, and cervico-scapular dysfunctions 3) Understand the importance of thoracic spine function on cervical spine disorders 4) Provide effective management strategies based on a clinical reasoning framework 5) Formulate a treatment plan and exercise program that will address relevant impairments and maximise recovery and function | 1) Cervical Assessment & Management 2) Cervical surgeries, Imaging 3) Post op Cervical Management, progression, precautions 4) Assessment of nervous system 5) Cervicogenic headache, dizziness, and the upper cervical spine 6) Thoracic spine I 7) Thoracic spine II 8) Exercises for neck pain 9) Work hardening of upper quadrant | Nil | \$490 | \$540 | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings) | 4 half-days | 11 - 14 | Jan 2021 | agnes.low.s.m@sgh.com.sg |
| PT | Physiotherapy Assessment & Management of Lower Quadrant Disorders | 1) Efficiently perform a physical assessment of the lower quadrant. 2) Discuss and clinically reason through the differential diagnosis of common lower quadrant dysfunction. 3) Formulate an effective treatment plan for lower quadrant dysfunctions 4) Interpret basic radiological findings for the knee | 1) Rehabilitation for the injured patient post ACL injury 2) Assessment & Management of the Hip Complex 3) Introduction to musculoskeletal imaging for the knee 4) Exercise prescription for patients with lower limb conditions 5) Physiotherapy rehabilitation post hip surgery 6) Assessment & Management of the Knee 7) Assessment & Management of the Foot/ankle 8) Assessment/ Management of Running Injuries | Nil | \$490 | \$540 | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings) | 4 half-days | 22 - 25 | Mar 2021 | agnes.low.s.m@sgh.com.sg tessa.koh.m.h@sgh.com.sg |
| PT | Problem Solving Approach in Respiratory Physiotherapy | 1) Assess, identify indications, precautions and contraindications & prioritize the respiratory problems amendable to physiotherapy techniques 2) Advanced knowledge on the rationale and scientific basis supporting the various cardiorespiratory therapy techniques 3) Abilities to identify physiotherapy techniques and adjuncts that are suitable for different respiratory issues 4) Practical skills to manage the various respiratory physiotherapy adjuncts | 1) Clinical Reasoning Approach in Cardiopulmonary Physiotherapy 2) Tracheostomy Management & Humidification 3) Pharmacological Treatment for Secretion Management and Increased Work of Breathing 4) Patient's presentation, management options and its supporting theory (Neuromuscular disease / SCI, upper abdominal surgery, COPD) 5) Airway clearance Therapy techniques and modality 6) Lung Expansion Therapy and Modality 7) Outcome measures | Nil | \$440 | \$490 | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings) | 4 half-days | 24 - 25, 28 - 29 | Sep 2020 | joyce.lee.g.l@sgh.com.sg |
| PT | SENSE MAKING: Advance X-Ray and CT Imaging of the Thorax for Physiotherapists (NEW course) | 1) Know and understand the common terms used in Chest X-ray and Chest CT 2) Understand the technical parameters and scanning protocols used for Chest X-ray and Chest CT 3) Recognise basic radiological anatomy of Chest X-ray and Chest CT 4) Able to differentiate between normal and abnormal appearances of common chest / lung diseases 5) Identify and recognise common abnormal chest radiographic patterns 6) Able to localise lung pathologies with regards to the location in the chest cavity 7) Apply knowledge of Chest X-ray and Chest CT imaging learnt and relate them in physiotherapy context | In this 2 days course, participants will learn how to do basic interpretation of chest images derived from 2 imaging modalities in the forms of locating common anatomical structures of the chest and appreciating the different appearances of chest images from different imaging protocols. This course will also illustrate and discuss the commonly encountered chest diagnoses for healthcare professionals. There are mini tests included at the end of every topic presented to reinforce the concepts and teachings that were being taught. | Nil (This course is open to healthcare professionals who are interested to know more about X-ray and CT of the chest.) | \$260 | \$290 | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings) | 2 half-days | 2 & 3 | Nov 2020 | carlyn.wee.g.p@sgh.com.sg |

PGAHI Training Calendar

April 2020 – March 2021

All information stated is correct as of 13 November 2020 and subjected to change without notice.
Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated.
SingHealth staff and selected Professional Association bodies will be entitled to 10% off regular rate.
PGAHI reserves the right to update, change or replace any information.
We strongly encourage you to check this page periodically for changes.

Besides the following programmes, PGAHI also offers Clinical Attachments for AHPs. For more information, please visit:

<https://www.sgh.com.sg/pgahi/programmes/Pages/programmeoverview.aspx#>

Some courses are listed under Multidisciplinary section. Please look under profession "AHP" to view the list of courses.

Courses featured below are categorised by Training mode, e.g. e-Learning, Blended Learning and Classroom-based Learning

Legend:

| | | | |
|--|-------------------------|----------------------------------|----------------------------------|
| AHP Allied Health Professionals | DIET Dietitian | MSW Medical Social Worker | OT Occupational Therapist |
| PATH Pathologists' Assistant | PHARM Pharmacist | PT Physiotherapist | POD Podiatrist |
| PSY Psychologist | RAD Radiographer | ST Speech Therapist | |

e-Learning Courses

| Professions | Course/Lecture Title | Course Objectives | Course Outline | Pre-Requisites | Fee (SingHealth Staff) | Fee (Regular) | Category | Mode of Training | Duration | Date(s) | Month(s) | Course in-charge |
|-------------|--|---|--|---|------------------------|---------------|--------------------------|--|---|---------|----------|--|
| POD | Pharmacology Management in Diabetes and Diabetic Foot Infections (NEW course) | 1) Understand different types of medication usage, effects and mode of action in management of diabetes mellitus 2) Pharmacology of diabetes and related medications and their considerations 3) Drug interactions and considerations in Diabetes mellitus 4) Develop an understanding of antibiotics pharmacology 5) Classes of antibiotics and its mechanism 6) Overview of diabetic foot infections: diagnosis and treatment 7) Identify the different antibiotics regime used for soft tissue and bone infections 8) Considerations of antibiotic prescriptions 9) Common diabetic foot infections and antimicrobial therapy in soft tissue and bone infections 10) Antimicrobial resistance | 1) Diabetes mellitus management : Pharmacological Therapy and its considerations 2) Antibiotics pharmacology 3) Diabetic foot infections 4) Treatment management of diabetic foot infections 5) Antimicrobial resistance in infections | Nil | \$100 | \$110 | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings) | 1 half-day | 11 | Nov 2020 | agnes.low.s.m@sgh.com.sg |
| RAD | SENSE MAKING: Advance X-Ray and CT Imaging of the Thorax for Physiotherapists (NEW course) | 1) Know and understand the common terms used in Chest X-ray and Chest CT 2) Understand the technical parameters and scanning protocols used for Chest X-ray and Chest CT 3) Recognise basic radiological anatomy of Chest X-ray and Chest CT 4) Able to differentiate between normal and abnormal appearances of common chest / lung diseases 5) Identify and recognise common abnormal chest radiographic patterns 6) Able to localise lung pathologies with regards to the location in the chest cavity 7) Apply knowledge of Chest X-ray and Chest CT imaging learnt and relate them in physiotherapy context | In this 2 days course, participants will learn how to do basic interpretation of chest images derived from 2 imaging modalities in the forms of locating common anatomical structures of the chest and appreciating the different appearances of chest images from different imaging protocols. This course will also illustrate and discuss the commonly encountered chest diagnoses for healthcare professionals. There are mini tests included at the end of every topic presented to reinforce the concepts and teachings that were being taught. | Nil (This course is open to healthcare professionals who are interested to know more about X-ray and CT of the chest.) | \$260 | \$290 | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings) | 2 half-days | 2 & 3 | Nov 2020 | carlyn.wee.g.p@sgh.com.sg |
| AHP | An Introduction to Cognitive Behavioural Approach to Pain Management* (NEW course) | 1) Explain the evidence supporting a cognitive behavioural approach to pain care 2) Demonstrate evidence-based cognitive behavioural strategies that can be integrated into the care of patients with musculoskeletal pain 3) Identify appropriate self-report patient measures for pain 4) Explain the three domains of pain catastrophizing (magnification, rumination, helplessness) 5) Apply cognitive restructuring to assist patients with reframing their perspective on their pain experience 6) Explain how to guide a patient through a mindful body scan technique | 1) Introduce the cognitive model of pain care 2) Relaxation training 3) Pain catastrophizing 4) Recognizing and challenging negative automatic thoughts with alternatives 5) Creating coping self-statements 6) Emotions, fear and influence on pain 7) Activity, exposure and pacing | Nil | \$160 | \$180 | Skills & Knowledge-based | e-learning (via Wizlearn portal) | To be completed within 1 month from the course start date | 26 | Oct 2020 | agnes.low.s.m@sgh.com.sg |
| AHP | Anticoagulation Management* | Provide an opportunity for doctors, nurses and pharmacists to increase their knowledge and expertise in managing patients receiving anticoagulation therapy. | 1) Overview of coagulation tests used in anticoagulant monitoring 2) DOACs uses and monitoring 3) VTE prophylaxis and treatment updates 4) Role of Anticoagulation in Patients with various medical conditions 5) Perioperative management of patients on anticoagulants 6) Local experience of setting up Anticoagulation Service 7) Audit of Anticoagulation Clinic 8) Pharmacoeconomic modelling for Anticoagulation Clinic 9) Virtual Monitoring Clinic | Nil | TBC | TBC | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings & Wizlearn Portal) | 2 days | 8 – 9 | Mar 2021 | carlyn.wee.g.p@sgh.com.sg |

PGAHI Training Calendar

April 2020 – March 2021

All information stated is correct as of 13 November 2020 and subjected to change without notice.
Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated.
SingHealth staff and selected Professional Association bodies will be entitled to 10% off regular rate.
PGAHI reserves the right to update, change or replace any information.
We strongly encourage you to check this page periodically for changes.

Besides the following programmes, PGAHI also offers Clinical Attachments for AHPs. For more information, please visit:

<https://www.sgh.com.sg/pgahi/programmes/Pages/programmeoverview.aspx#>

Some courses are listed under Multidisciplinary section. Please look under profession "AHP" to view the list of courses.

Courses featured below are categorised by Training mode, e.g. e-Learning, Blended Learning and Classroom-based Learning

Legend:

| | | | |
|--|-------------------------|----------------------------------|----------------------------------|
| AHP Allied Health Professionals | DIET Dietitian | MSW Medical Social Worker | OT Occupational Therapist |
| PATH Pathologists' Assistant | PHARM Pharmacist | PT Physiotherapist | POD Podiatrist |
| PSY Psychologist | RAD Radiographer | ST Speech Therapist | |

e-Learning Courses

| Professions | Course/Lecture Title | Course Objectives | Course Outline | Pre-Requisites | Fee (SingHealth Staff) | Fee (Regular) | Category | Mode of Training | Duration | Date(s) | Month(s) | Course in-charge |
|-------------|--|---|---|--|------------------------|---------------|-----------------------------|--------------------------------------|-------------|--|----------------------------------|--|
| AHP | Biostatistics for Research (SPSS) - Advance* | Equip participants with the knowledge and skills to design a database and perform data processing and analysis. There will be exercises for participants to practice. | 1) Numerical outcomes - Linear Regression - General Linear Models (GLM) - Mixed Linear Models 2) Categorical outcomes - Multinomial Regression - Ordinal Regression 3) Matched Case Control - Conditional Logistic Regression - Direct vs Propensity matching 4) Generalized Linear Models - Odds Ratios (OR) vs Relative Risk (RR) - Modified Cox - Poisson Regression 5) Generalized Linear Mixed Models (GLMM) 6) Repeated measures analysis - General Linear Model - Mixed Model - Generalized Estimating Equations 7) Count data : Poisson regression 8) Weighted regression 9) Principal Component analysis 10) Factor analysis 11) Reliability analysis | This course is recommended for participants who have previously enrolled for the Biostatistics for Research (Basic/Intermediate) Course. Participants should have statistical knowledge and have computer skills (Microsoft Windows and Excel). | \$450 | \$500 | Pedagogy & Research | e-learning (via Zoom Cloud Meetings) | 4 half days | 22 – 25 | Mar 2021 | amelia.lim.j.t@sgh.com.sg agnes.low.s.m@sgh.com.sg |
| AHP | Biostatistics for Research (SPSS) - Basic/Intermediate* | Equip participants with the knowledge and skills to design a database and perform basic data processing and analysis. | 1) Setting up a database in SPSS 2) Importing Excel into SPSS 3) Basic descriptive 4) Graphs 5) Computing and Recoding 6) Randomised Controlled Trials : - Parallel vs Crossover, Randomisation & Blinding 7) Epidemiological Studies 8) Sample size calculations 9) Univariate analysis: a) Quantitative Data analysis - Parametric vs Non-Parametric tests b) Qualitative Data analysis - Chi-square & Fisher's exact tests - McNemar test c) Correlation - Pearson's vs Spearman's 10) Multivariate regression: a) Linear regression b) Logistic regression c) Survival analysis : Kaplan Meier & Cox regression | Participants should have statistical knowledge and have computer skills (Microsoft Windows and Excel). This course is not suitable for beginners in statistics | \$400 | \$440 | Pedagogy & Research | e-learning (via Zoom Cloud Meetings) | 4 half days | 25 - 28 22 - 25 15 – 18 | Jan 2021 Feb 2021 Mar 2021 | amelia.lim.j.t@sgh.com.sg tessa.koh.m.h@sgh.com.sg agnes.low.s.m@sgh.com.sg |
| AHP | Clinical Reasoning Approach to Pharmacotherapy (NEW course) | 1) Understand the concepts and components of clinical reasoning 2) Apply the components of clinical reasoning in daily pharmacotherapy practice for management of chronic diseases such as diabetes, hypertension and thyroid disorders 3) Aware of the impact of clinical reasoning on patient care | The course focuses on developing the clinical reasoning skills in pharmacotherapy of chronic diseases. The proposed model shall integrate both clinical reasoning processes and SOAP processes using case-based discussions. | Nil | \$90 | \$95 | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings) | 1 day | 1 | Aug 2020 | carlyn.wee.g.p@sgh.com.sg |
| AHP | Continuing Professional Development (CPD)* | The CPD Lecture Series consists of short seminars conducted regularly throughout the year. It serves primarily as a platform to discuss the latest developments within various aspects of the allied health profession. Specialists from various healthcare professions are invited to share their expertise, thus providing alternative views on topics and offering allied health professionals with a holistic view of their role in healthcare. | | Nil | Complimentary | Complimentary | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings) | 1 hour | Look out for monthly email alerts on lectures. | Once every month | pgahi@sgh.com.sg |
| AHP | Developing Leadership Capabilities & Effectiveness* | 1) Understand principles and insights into leadership 2) Apply knowledge and skills learnt 3) Develop into not merely good, but an extraordinary and effective leader | 1) Great Leaders Make a Great Difference 2) Character is the Essence of Leadership 3) Leadership Principles and Skills 4) Leadership Styles: Using the Right One 5) Leadership and Teams 6) Legacy of Leadership: Develop Your People | Nil | \$350 | \$390 | Leadership & Communications | e-learning (via Zoom Cloud Meetings) | 2 days | 27 & 4 | Nov 2020 & Dec 2020 | carlyn.wee.g.p@sgh.com.sg |

* This course may be applicable to doctors or nurses.

PGAHI Training Calendar

April 2020 – March 2021

Legend:

| | | | |
|--|-------------------------|----------------------------------|----------------------------------|
| AHP Allied Health Professionals | DIET Dietitian | MSW Medical Social Worker | OT Occupational Therapist |
| PATH Pathologists' Assistant | PHARM Pharmacist | PT Physiotherapist | POD Podiatrist |
| PSY Psychologist | RAD Radiographer | ST Speech Therapist | |

All information stated is correct as of 13 November 2020 and subjected to change without notice.
Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated.
SingHealth staff and selected Professional Association bodies will be entitled to 10% off regular rate.
PGAHI reserves the right to update, change or replace any information.
We strongly encourage you to check this page periodically for changes.

Besides the following programmes, PGAHI also offers Clinical Attachments for AHPs. For more information, please visit:

<https://www.sgh.com.sg/pgahi/programmes/Pages/programmeoverview.aspx#>

Some courses are listed under Multidisciplinary section. Please look under profession "AHP" to view the list of courses.

Courses featured below are categorised by Training mode, e.g. e-Learning, Blended Learning and Classroom-based Learning

e-Learning Courses

| Professions | Course/Lecture Title | Course Objectives | Course Outline | Pre-Requisites | Fee (SingHealth Staff) | Fee (Regular) | Category | Mode of Training | Duration | Date(s) | Month(s) | Course in-charge |
|-------------|---|---|--|---|------------------------|---------------|--------------------------|--------------------------------------|--|---|--|--|
| AHP | Diabetes Nutrition Course* | 1) Educate the multidisciplinary diabetes healthcare providers with basic yet essential nutrition knowledge on diabetes. 2) Debunk misconceptions surrounding diet and diabetes. 3) Enhance the importance of using self-blood glucose monitoring as a tool to better achieve the control of blood glucose level and to see how different food affect blood glucose level | 1) Nutrition – in diabetes management 2) Diabetes nutrition recommendations – current updates 3) "Diabetic diet" – Facts and Fallacies 4) Eating with Diabetes 5) Meal Planning with Diabetes 6) Glycaemic Index and mixed meals 7) Importance of SBGM 8) Tracking hypens and hypos 9) Eating Out 10) Armchair supermarket tour | Nil | \$210 | \$230 | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings) | Half day | TBC | Feb 2021 | amelia.lim.j.t@sgh.com.sg |
| AHP | Essential Counselling Skills Course* | You will learn the essential nuts and bolts of counselling, from understanding what counselling is, to acquiring effective counselling skills, and applying a problem-solving structure to facilitate positive intervention. Different methodologies including role plays will be used to bring home the range of counselling skill sets. | 1) Introduction to Counselling 2) Person of a helper: Building self-awareness 3) Seven Principles of Casework 4) Basic Attending Behaviours 5) Basic Listening Skills 6) The Problem Solving Approach (PADI) 7) Role play 8) Reflection | Nil | \$230 | \$260 | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings) | 2 half days | 1st run 9 - 10 2nd run 8 - 9 | 1st run Dec 2020 2nd run Mar 2021 | amelia.lim.j.t@sgh.com.sg |
| AHP | Influencing Behaviour in Dementia Care Through Person-centred Approach (Part 1) | 1) Define what it means to be person-centred in a care setting. 2) Adopt the person-centred approach to address responsive behaviours of persons with dementia. 3) Apply the Enriched Model of Dementia to influence behaviour so as to promote dignity and respect for people with dementia | 1) Experiential Activity 2) Unpacking Person-centred Care (PCC) Principles a) Definition=VIPS b) Barriers to VIPS in care setting 3) Using the Enriched Model of Dementia to address responsive behaviours a) Defining responsive behaviours b) Adopt the Enriched Model of Dementia to explain the responsive behaviours | Nil | \$400 | \$440 | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings) | 3 half days | Online Theory: 19 & 21 Online Case Presentation & Discussion: 18 19 | Online Theory: Jan 2021 Online Case Presentation & Discussion: Feb 2021 | joyce.lee.g.l@sgh.com.sg |
| AHP | Influencing Behaviour in Dementia Care Through Person-centred Approach (Part 2) | 1) Adopt the Person-centred approach (PCA) to relate to practical care issues 2) Apply skills and techniques based on the Enriched Model of Dementia to influence responsive behaviours of persons with dementia. 3) Apply Person-centred Approach to collaborate with caregivers to address responsive behaviours of persons with dementia | 1) Review of Enriched Model of Dementia Plans 2) Person-centred Approach skills and techniques to influence responsive behaviours a) Communication b) Validation 3) Person-centred Approach Interventions to collaborate with caregivers a) Provide Psycho-educational interventions b) Develop task-specific and problem solving skills | Participants should have completed Influencing Behaviour in Dementia Care Through Person-centred Approach (Part 1). | \$580 | \$640 | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings) | 4 half days | Online Theory: 3 - 5 Online Case Presentation & Discussion: 4 | Online Theory: Feb 2021 Online Case Presentation & Discussion: Mar 2021 | joyce.lee.g.l@sgh.com.sg |
| AHP | Introduction to Solution Focused Brief Therapy* | 1) Acquire knowledge of the core skills, mind-set and philosophy of Solution Focused Brief Therapy (SFBT) 2) Appreciate the relevance of SFBT to their clinical practice (specifically within the healthcare setting) 3) Develop competence through practical applications of the solution focused model during the course | 1) Overview of history, development, philosophy & mindset of SFBT 2) Basic framework for first session, second session and subsequent session protocol 2) Key questioning techniques 4) Stages of Solution Building 5) Applying EARS process 6) Dealing with client setbacks, relapses & challenging situations 7) Final review of SF process 8) Sharing of participants' experiences in using the skills learnt, focusing on developing competence and confidence in using this approach 9) Follow-up coaching including brief review, practice sets, case presentations and reflecting team format | Nil | \$430 | \$480 | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings) | 5 half days (including follow-up coaching) | 15 - 16, 22-23 & 2 | Oct 2020 & Nov 2020 | amelia.lim.j.t@sgh.com.sg |

PGAHI Training Calendar

April 2020 – March 2021

All information stated is correct as of 13 November 2020 and subjected to change without notice.
Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated.
SingHealth staff and selected Professional Association bodies will be entitled to 10% off regular rate.
PGAHI reserves the right to update, change or replace any information.
We strongly encourage you to check this page periodically for changes.

Besides the following programmes, PGAHI also offers Clinical Attachments for AHPs. For more information, please visit:

<https://www.sgh.com.sg/pgahi/programmes/Pages/programmeoverview.aspx#>

Some courses are listed under Multidisciplinary section. Please look under profession "AHP" to view the list of courses.

Courses featured below are categorised by Training mode, e.g. e-Learning, Blended Learning and Classroom-based Learning

Legend:

| | | | |
|--|-------------------------|----------------------------------|----------------------------------|
| AHP Allied Health Professionals | DIET Dietitian | MSW Medical Social Worker | OT Occupational Therapist |
| PATH Pathologists' Assistant | PHARM Pharmacist | PT Physiotherapist | POD Podiatrist |
| PSY Psychologist | RAD Radiographer | ST Speech Therapist | |

e-Learning Courses

| Professions | Course/Lecture Title | Course Objectives | Course Outline | Pre-Requisites | Fee (SingHealth Staff) | Fee (Regular) | Category | Mode of Training | Duration | Date(s) | Month(s) | Course in-charge |
|-------------|--|---|---|---|------------------------|---------------|--------------------------|--------------------------------------|---|---|---|--|
| AHP | Mindful Self-Compassion (NEW course) | 1) Competency of self-care 2) Self-assessment and development 3) Transference and counter-transference of psychologists | Day 1 1) An introduction to Mindfulness and Self-Compassion for healthcare professionals in workplace 2) Introduction and guidance through various Mindfulness Self-compassion exercises 3) Learn to apply the exercises taught and implement them to their daily workplace Day 2 1) Reflect and share of the experiences in implementing through the practices in daily work Participants would need to complete both session to be considered as completing the course. | Nil | \$210 | \$230 | Skills & Knowledge-based | e-learning (via Wizlearn portal) | To be completed within 1 month from the course start date | 1 | Mar 2021 | agnes.low.s.m@sgh.com.sg tessa.koh.m.h@sgh.com.sg |
| AHP | Motivational Interviewing (Building Skills) | 1) At the conclusion of this training, participants will: • identify areas for continued development • complete an accurate assessment of their own MI skills and ability • articulate reasons for self-efficacy in the treatment process • describe one area that is interpersonally tricky for them as a practitioner and practice a method for addressing this area • identify ideas from areas that have an influence in their work with clients • describe one new technique related to a deeper understanding of the four MI processes • identify strengths as a practitioner and area for growth in MI • produce a plan of action for practicing MI skills | 1) Importance of MI Spirit 2) Four Processes of MI 3) Emphasis on Change Talk - Depth, Strength and Momentum 4) Working with Sustain Talk and Discord 5) Search for the Mechanisms Of Action in MI 6) Motivational Interviewing Treatment Integrity code (MITI) 4.2.1 7) How to increase proficiency in MI - Working with coded and un-coded transcripts - Reflective practice - Deepening reflections - Fine tuning listening skills | Healthcare professionals who completed the Motivational Interviewing: Foundational Skills course. | \$230 | \$260 | Pedagogy & Research | e-learning (via Zoom Cloud Meetings) | 2 half days | 24 & 3 | Feb 2021 & Mar 2021 | amelia.lim.j.t@sgh.com.sg |
| AHP | Motivational Interviewing: Foundational Skills* | Healthcare professionals will be acquainted with key MI topics namely, evoking motivation to change. At the end of the course, participants will be able to: 1) understand the framework of MI 2) apply MI strategies and techniques on clients to evoke change | 1) Motivational Interviewing: 30 Years of asking questions about change 2) The underlying assumptions, ideas and theories of MI 3) What is MI and is not MI 4) The Spirit of MI 5) The Foundational Skills 6) Interacting with Change & Sustain Talk 7) Working with Discord 8) Planning for Change 9) Exploring cultural considerations for MI 10) Live demonstrations, learning exercise and role play, questions and discussions | Nil | \$450 | \$500 | Pedagogy & Research | e-learning (via Zoom Cloud Meetings) | 4 half days | 1st run 25 & 2, 11, 16 2nd run 8, 13, 20, 27 Jan | 1st run Nov 2020 & Dec 2020 2nd run Jan 2021 | amelia.lim.j.t@sgh.com.sg |
| AHP | PEERS Program for Adolescents (NEW course) | 1) To present the social deficits and consequences of peer rejection and social rejection experienced by youth with ASD. 2) To describe effective, evidence-based methods for teaching social skills to teens with ASD. 3) To provide an overview of the PEERS® for Adolescents curriculum and a summary of research findings. 4) To provide detailed instruction on effective use of the PEERS for Adolescents curriculum. 5) To provide opportunities for practice of the skills and instruction methods in accordance with the PEERS for Adolescents curriculum. 6) To demonstrate the best methods of delivering the PEERS for Adolescents curriculum. | 1) Evidence-based conversation skills 2) Electronic communication 3) Good sportsmanship skills 4) Appropriate use of humor 5) Choosing appropriate friendships 6) Bringing up and handling disagreements 7) Hosting get-togethers 8) Handling bullying, teasing, and rumors | Professionals in the mental health or medical field with a degree or certification in the field of psychology or a related mental health field, including B.C.B.A, M.S.W, L.C.S.W, M.A, M.S, M.F.T,M.D, R.N, L.V.N, PhD, Psy.D, Ed.D, M.P.H, S.L.P, O.T, R.T. | \$840 | \$930 | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings) | 3 days | 15 - 17 | Mar 2021 | amelia.lim.j.t@sgh.com.sg |

* This course may be applicable to doctors or nurses.

PGAHI Training Calendar

April 2020 – March 2021

All information stated is correct as of 13 November 2020 and subjected to change without notice.
 Fees are in Singapore Dollars (*inclusive of 7% GST*) unless otherwise indicated.
 SingHealth staff and selected Professional Association bodies will be entitled to 10% off regular rate.
 PGAHI reserves the right to update, change or replace any information.
 We strongly encourage you to check this page periodically for changes.

Besides the following programmes, PGAHI also offers Clinical Attachments for AHPs. For more information, please visit:

<https://www.sgh.com.sg/pgahi/programmes/Pages/programmeoverview.aspx#>

Some courses are listed under Multidisciplinary section. Please look under profession "AHP" to view the list of courses.

Courses featured below are categorised by Training mode, e.g. e-Learning, Blended Learning and Classroom-based Learning

Legend:

| | | | |
|--|-------------------------|----------------------------------|----------------------------------|
| AHP Allied Health Professionals | DIET Dietitian | MSW Medical Social Worker | OT Occupational Therapist |
| PATH Pathologists' Assistant | PHARM Pharmacist | PT Physiotherapist | POD Podiatrist |
| PSY Psychologist | RAD Radiographer | ST Speech Therapist | |

e-Learning Courses

| Professions | Course/Lecture Title | Course Objectives | Course Outline | Pre-Requisites | Fee (SingHealth Staff) | Fee (Regular) | Category | Mode of Training | Duration | Date(s) | Month(s) | Course in-charge |
|-------------|--|---|---|----------------|------------------------|---------------|--------------------------|--------------------------------------|------------|-------------|----------|--------------------------|
| AHP | The Differences between the 3Ds - Delirium, Dementia & Depression (NEW course) | 1) Recognise the features of the 3Ds 2) Differentiate between the 3Ds 3) Learn about possible mis-diagnosis 4) Diagnose which of the 3Ds patients have 5) Learn to manage the elderly patients who have one/two or all of the 3Ds | <u>Day 1</u> 1) Clinical features, signs and symptoms of the 3Ds 2) Case illustration and discussion among the participants <u>Day 2</u> 1) Management strategies for each of the 3Ds and the long term prognosis and outcome of the 3Ds 2) Case presentation and discussion among the participants <u>Day 3</u> 1) Manage the behavioural symptoms of the 3Ds, using non-pharmacological method 2) Apply Person Centred Care (PCC) approach in managing the behavioural symptoms | Nil | \$250 | \$280 | Skills & Knowledge-based | e-learning (via Zoom Cloud Meetings) | 3 sessions | 10, 12 & 13 | Nov 2020 | tessa.koh.m.h@sgh.com.sg |

PGAHI Training Calendar

April 2020 – March 2021

All information stated is correct as of 13 November 2020 and subjected to change without notice.

Fees are in Singapore Dollars (*inclusive of 7% GST*) unless otherwise indicated.

SingHealth staff and selected Professional Association bodies will be entitled to 10% off regular rate.

PGAHI reserves the right to update, change or replace any information.

We strongly encourage you to check this page periodically for changes.

Besides the following programmes, PGAHI also offers Clinical Attachments for AHPs. For more information, please visit:

<https://www.sgh.com.sg/pgahi/programmes/Pages/programmeoverview.aspx#>

Some courses are listed under Multidisciplinary section. Please look under profession "AHP" to view the list of courses.

Courses featured below are categorised by Training mode, e.g. e-Learning, Blended Learning and Classroom-based Learning

Blended Learning¹ Courses

¹ e-learning conducted via Zoom Cloud Meetings and/or Wizlearn portal with face-to-face classroom teaching

Legend:

| | | | |
|--|-------------------------|----------------------------------|----------------------------------|
| AHP Allied Health Professionals | DIET Dietitian | MSW Medical Social Worker | OT Occupational Therapist |
| PATH Pathologists' Assistant | PHARM Pharmacist | PT Physiotherapist | POD Podiatrist |
| PSY Psychologist | RAD Radiographer | ST Speech Therapist | |

| Professions | Course/Lecture Title | Course Objectives | Course Outline | Pre-Requisites | Fee (SingHealth Staff) | Fee (Regular) | Category | Mode of Training | Duration | Date(s) | Month(s) | Course in-charge |
|-------------|----------------------|-------------------|----------------|----------------|------------------------|---------------|----------|------------------|----------|---------|----------|------------------|
| | | | | | | | | | | | | |

PGAHI Training Calendar

April 2020 – March 2021

Legend:

| | | | |
|--|-------------------------|----------------------------------|----------------------------------|
| AHP Allied Health Professionals | DIET Dietitian | MSW Medical Social Worker | OT Occupational Therapist |
| PATH Pathologists' Assistant | PHARM Pharmacist | PT Physiotherapist | POD Podiatrist |
| PSY Psychologist | RAD Radiographer | ST Speech Therapist | |

All information stated is correct as of 13 November 2020 and subjected to change without notice.
Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated.
SingHealth staff and selected Professional Association bodies will be entitled to 10% off regular rate.
PGAHI reserves the right to update, change or replace any information.
We strongly encourage you to check this page periodically for changes.

Besides the following programmes, PGAHI also offers Clinical Attachments for AHPs. For more information, please visit:

<https://www.sgh.com.sg/pgahi/programmes/Pages/programmeoverview.aspx#>

Some courses are listed under Multidisciplinary section. Please look under profession "AHP" to view the list of courses.

Cancelled Courses

| Professions | Course/Lecture Title | Course Objectives | Course Outline | Pre-Requisites | Fee (SingHealth Staff) | Fee (Regular) | Category | Mode of Training | Duration | Date(s) | Month(s) | Course in-charge |
|-------------|--|--|---|--|------------------------|---------------|--------------------------|--|--|---------|----------|--|
| DIET | Medical Nutrition Therapy for Weight Management (Medical and Surgical) (For Dietitians) | 1) Equip dietitians with essential nutrition knowledge on weight management (lifestyle intervention and bariatric surgery). 2) Update dietitians with the latest and current principles and nutrition recommendations for pre- and post-bariatric surgery. | 1) Nutrition guidelines – current evidence 2) Nutrition intervention - diet management, which include meal replacement and pharmacotherapy 3) Types of bariatric surgery and the impact on nutrition 4) Short and long term complications 5) The need for specific nutritional supplementation following bariatric surgery 6) The progression of diet and meal plan through the various stages of pre- and post- bariatric surgery 7) Importance of and application of Motivational interviewing into nutritional intervention | Nil | \$210 | \$230 | Skills & Knowledge-based | Classroom | 1 day | | | amelia.lim.j.t@sgh.com.sg |
| MSW | Essential Medical Terminology and Symptomatology for Medical Social Workers | 1) Increase knowledge in human body structure and functioning 2) Understand the common symptomatology and diagnostic investigations carried out 3) Comprehend & decipher the entries made by doctors in patient records 4) Enhance understanding of the impact of physiology on psycho- social emotional health essential to holistic case management. | 1) Basic anatomy of the human body 2) How body structure relates to function 3) How dysfunction relates to social handicaps & psychological stress 4) Medical symptomatology & what brings patients to hospital 5) Common investigations – when & why some tests are chosen over others | Nil | \$460 | \$510 | Skills & Knowledge-based | Classroom | 2 days | | | amelia.lim.j.t@sgh.com.sg |
| OT | A Safer Home: Risks Identifications and Home Modifications | 1) Gain an overview of fall risks factors and fall risks assessment 2) Demonstrate the ability in selection of home assessment tools for varied client groups (clients with physical, cognitive and vision impairment) 3) Equipped with skills in home assessment and home modifications for varied clients group 4) Equipped with knowledge of home assessment report writing | 1) Effectiveness of Home Modifications & Influencing Factors 2) Fall Risks Assessment 3) Home Assessment 4) Home Modifications for Varied Conditions 5) Hands On for Home Modifications 6) Community Resources & Home Visit Report | Nil | \$500 | \$550 | Skills & Knowledge-based | Classroom | 2 days | | | joyce.lee.g.l@sgh.com.sg |
| OT | Bobath Certification (Advanced) | 1) Demonstrate advanced clinical reasoning skills in the assessment, treatment and management of a range of neurological conditions. 2) Critically evaluate and synthesise the theoretical evidence base for neurological rehabilitation and in depth movement analysis to develop individually tailored treatments. 3) Validate advanced communication, clinical reasoning and specific handling skills through self evaluation. 4) Articulate a clear understanding of how a change at the neuro-physiological level can impact on the patients clinical presentation and level of functioning. 5) Critically evaluate and progress individual patient treatment programmes and response to treatment using the appropriate objective and subjective measures. | 1) Deepen current experience in neurological rehabilitation developing clinical skills in the context of evidence based practice. 2) Develop problem solving skills through guided sessions used to demonstrate a range of clinical reasoning models and practical treatment sessions aimed at enhancing patient care 3) Opportunity to review current evidence critically and synthesise this with clinical practice in the context of the Bobath Concept 4) Specific handling skills to be developed through structured analysis (The focus for this course will be on Cerebellar Ataxia) | Participants must have completed the Basic Bobath or NDT course. Participants must be registered with the Allied Health Professions Council, Singapore and hold a valid practising certificate. | \$2360 | \$2620 | Skills & Knowledge-based | Classroom | 5 days | | | joyce.lee.g.l@sgh.com.sg |
| OT | Management of Clients with Upper Limb Conditions | 1) Apply knowledge in managing upper limb conditions 2) Master skills in fabricating splints appropriate for such conditions. | 1) Population commonly affected 2) Progression of conditions 3) Role of Occupational Therapist 4) Evidence Based Management 5) Splints fabricated for such conditions | Nil | \$520 | \$580 | Skills & Knowledge-based | Blended Learning: e-learning + Classroom | 2 x 3.5 hours e-learning + 1 day classroom | | | joyce.lee.g.l@sgh.com.sg |

PGAHI Training Calendar

April 2020 – March 2021

All information stated is correct as of 13 November 2020 and subjected to change without notice.
Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated.
SingHealth staff and selected Professional Association bodies will be entitled to 10% off regular rate.
PGAHI reserves the right to update, change or replace any information.
We strongly encourage you to check this page periodically for changes.

Besides the following programmes, PGAHI also offers Clinical Attachments for AHPs. For more information, please visit:

<https://www.sgh.com.sg/pgahi/programmes/Pages/programmeoverview.aspx#>

Some courses are listed under Multidisciplinary section. Please look under profession "AHP" to view the list of courses.

Legend:

| | | | |
|--|-------------------------|----------------------------------|----------------------------------|
| AHP Allied Health Professionals | DIET Dietitian | MSW Medical Social Worker | OT Occupational Therapist |
| PATH Pathologists' Assistant | PHARM Pharmacist | PT Physiotherapist | POD Podiatrist |
| PSY Psychologist | RAD Radiographer | ST Speech Therapist | |

Cancelled Courses

| Professions | Course/Lecture Title | Course Objectives | Course Outline | Pre-Requisites | Fee (SingHealth Staff) | Fee (Regular) | Category | Mode of Training | Duration | Date(s) | Month(s) | Course in-charge |
|-------------|--|--|--|----------------|------------------------|---------------|--------------------------|------------------|----------|---------|----------|--|
| OT | Bobath Normal Movement | 1) Describe the concepts and basic components of normal movement 2) Understand the wide postural and tonal variation in the normal population 3) Draw on improved analysis, assessment and facilitation skills to more effectively treat neuromuscular disorders | 1) Concepts of normal movement used in the assessment and treatment of adults with neurological or neuromuscular impairments 2) Course consists of a theoretical introduction to normal movement, practical sessions and a patient demonstration | Nil | \$940 | \$1040 | Skills & Knowledge-based | Classroom | 3 days | | | joyce.lee.g.l@sgh.com.sg |
| OT | Cognitive Rehabilitation | 1) Define cognition and the place of cognition in contemporary occupational therapy practice. 2) Discuss international occupational therapy trends in the areas of cognitive assessment and intervention; a focus on 'functional cognition'. 3) Critically appraise assessments used by occupational therapists to assess cognitive capacity and discuss their relevance and application to an Asian population. 4) Brief and detailed cognitive assessments suitable for both acute and community settings. 5) Interpret and report relevant findings from assessment. 6) Establish and prioritize therapy goals. 7) Design intervention that aims to improve cognitive strategy use during occupational performance or compensate for losses that will not change. 8) Compensatory strategies for cognitive impairments. 9) Hospital based vs community based programmes. 10) Measure the outcome of therapy. | 1) Assess adults with cognitive impairment following acquired brain impairment (eg. stroke, traumatic brain injury, Parkinson's disease, multiple sclerosis, dementia) or other conditions that impact on cognition (eg. chronic pain, prolonged low vision, mental health disorders, intellectual disabilities or the consequences of chemotherapy following cancer) 2) Use assessment findings to design intervention | Nil | \$900 | \$1000 | Skills & Knowledge-based | Classroom | 3 days | | | joyce.lee.g.l@sgh.com.sg |
| OT | Prescription of Motorised Mobility Aids | Gain understanding in prescribing appropriate motorised mobility aids for clients with varied medical conditions. | 1) Common motorised mobility aids available for patients 2) Prescription of appropriate devices for patients of varied medical conditions 3) Practical sessions in managing motorised mobility aids 4) Possible adaptations to existing motorised mobility and accessories available. | Nil | \$400 | \$440 | Skills & Knowledge-based | Classroom | 2 days | | | joyce.lee.g.l@sgh.com.sg |
| OT | Resistance Bands, Balls and Balance | 1) Understand the scientific basis for elastic resistance and proprioceptive training 2) Demonstrate correct patient positioning, and appropriate use of elastic resistance and proprioceptive training devices 3) Understand appropriate dosing for elastic resistance and proprioceptive exercises 4) Learn how to appropriately progress elastic resistance and proprioceptive exercises | 1) How does elastic resistance compare to other modes of training (isotonic, isometric, etc)? 2) Measuring and documenting resistance and exercise intensity when using elastic resistance bands 3) Train functional stability using proprioceptive and balance devices 4) Evidence-based and clinically relevant exercise progressions for a wide range of patient populations, including musculoskeletal, neurological and geriatric patient groups | Nil | \$270 | \$300 | Skills & Knowledge-based | Classroom | 1 day | | | joyce.lee.g.l@sgh.com.sg |

PGAHl Training Calendar

April 2020 – March 2021

All information stated is correct as of 13 November 2020 and subjected to change without notice.
Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated.
SingHealth staff and selected Professional Association bodies will be entitled to 10% off regular rate.
PGAHl reserves the right to update, change or replace any information.
We strongly encourage you to check this page periodically for changes.

Besides the following programmes, PGAHl also offers Clinical Attachments for AHPs. For more information, please visit:

<https://www.sgh.com.sg/pgahi/programmes/Pages/programmeoverview.aspx#>

Some courses are listed under Multidisciplinary section. Please look under profession "AHP" to view the list of courses.

Legend:

| | | | |
|--|-------------------------|----------------------------------|----------------------------------|
| AHP Allied Health Professionals | DIET Dietitian | MSW Medical Social Worker | OT Occupational Therapist |
| PATH Pathologists' Assistant | PHARM Pharmacist | PT Physiotherapist | POD Podiatrist |
| PSY Psychologist | RAD Radiographer | ST Speech Therapist | |

Cancelled Courses

| Professions | Course/Lecture Title | Course Objectives | Course Outline | Pre-Requisites | Fee (SingHealth Staff) | Fee (Regular) | Category | Mode of Training | Duration | Date(s) | Month(s) | Course in-charge |
|-------------|---|---|---|--|------------------------|---------------|--------------------------|------------------|-------------|---------|----------|--|
| PT | Bobath Certification (Advanced) | 1) Demonstrate advanced clinical reasoning skills in the assessment, treatment and management of a range of neurological conditions. 2) Critically evaluate and synthesise the theoretical evidence base for neurological rehabilitation and in depth movement analysis to develop individually tailored treatments. 3) Validate advanced communication, clinical reasoning and specific handling skills through self evaluation. 4) Articulate a clear understanding of how a change at the neuro-physiological level can impact on the patients clinical presentation and level of functioning. 5) Critically evaluate and progress individual patient treatment programmes and response to treatment using the appropriate objective and subjective measures. | 1) Deepen current experience in neurological rehabilitation developing clinical skills in the context of evidence based practice. 2) Develop problem solving skills through guided sessions used to demonstrate a range of clinical reasoning models and practical treatment sessions aimed at enhancing patient care 3) Opportunity to review current evidence critically and synthesise this with clinical practice in the context of the Bobath Concept 4) Specific handling skills to be developed through structured analysis (The focus for this course will be on Cerebellar Ataxia) | Participants must have completed the Basic Bobath or NDT course. Participants must be registered with the Allied Health Professions Council, Singapore and hold a valid practising certificate. | \$2360 | \$2620 | Skills & Knowledge-based | Classroom | 5 days | | | joyce.lee.g.l@sgh.com.sg |
| PT | Bobath Normal Movement | 1) Describe the concepts and basic components of normal movement 2) Understand the wide postural and tonal variation in the normal population 3) Draw on improved analysis, assessment and facilitation skills to more effectively treat neuromuscular disorders | 1) Concepts of normal movement used in the assessment and treatment of adults with neurological or neuromuscular impairments 2) Course consists of a theoretical introduction to normal movement, practical sessions and a patient demonstration | Nil | \$940 | \$1040 | Skills & Knowledge-based | Classroom | 3 days | | | joyce.lee.g.l@sgh.com.sg |
| PT | Evidence-Based Practice in Physiotherapy | 1) Conduct efficient and systematic search of medical literature that relates to a clinical question 2) Appraise the quality of a clinical research based on its methodology 3) Interpret the results of common types of clinical research: Observation studies, experimental studies and review studies 4) Assess the external validity and generalizability of a research study | 1) Processes of evidence-based medicine (EBM) and study design 2) Question formulation PICO 3) Pragmatic literature search 4) Descriptive statistics & Statistical inferences 5) Binary data & Continuous data 6) Correlation 7) Regression 8) RCT appraisal 9) Systematic reviews & Meta-analysis | Nil | \$450 | \$500 | Skills & Knowledge-based | Classroom | 4 half-days | | | joyce.lee.g.l@sgh.com.sg |
| PT | Resistance Bands, Balls and Balance | 1) Understand the scientific basis for elastic resistance and proprioceptive training 2) Demonstrate correct patient positioning, and appropriate use of elastic resistance and proprioceptive training devices 3) Understand appropriate dosing for elastic resistance and proprioceptive exercises 4) Learn how to appropriately progress elastic resistance and proprioceptive exercises | 1) How does elastic resistance compare to other modes of training (isotonic, isometric, etc)? 2) Measuring and documenting resistance and exercise intensity when using elastic resistance bands 3) Train functional stability using proprioceptive and balance devices 4) Evidence-based and clinically relevant exercise progressions for a wide range of patient populations, including musculoskeletal, neurological and geriatric patient groups | Nil | \$270 | \$300 | Skills & Knowledge-based | Classroom | 1 day | | | joyce.lee.g.l@sgh.com.sg |
| PT | Vestibular Rehabilitation | 1) Outline the anatomy and physiology of the vestibular system. 2) Describe the possible causes of dizziness/vertigo and imbalance 3) Differentiate between central, peripheral and other causes of dizziness/vertigo, including benign paroxysmal positional vertigo (BPPV), vestibular neuritis and cervicogenic dizziness. 4) Describe typical laboratory-based tests of vestibular and hearing function and interpret common findings. These include calorics and hearing tests. 5) Perform a basic bedside evaluation of a patient with dizziness/vertigo. These include oculomotor and positional tests, with and without the use of frenzel lenses. 6) Form a basic evaluation of balance under varying sensory conditions and interpret the findings. 7) Develop an evidence-based treatment program for balance and dizziness, including BPPV, with measurable, functional outcomes from assessment findings | 1) Anatomy and physiology of the vestibular system 2) Common vestibular disorders and differential diagnosis 3) Vestibular Function Tests 4) Elements of a vestibular assessment including in acute settings 5) Oculomotor examination 6) Benign paroxysmal positional vertigo management (Cupulolithiasis and canolithiasis) 7) Assessment of gait and balance 8) Exercises used in vestibular rehabilitation | Nil | \$410 | \$450 | Skills & Knowledge-based | Classroom | 4 half-days | | | joyce.lee.g.l@sgh.com.sg |

PGAHI Training Calendar

April 2020 – March 2021

All information stated is correct as of 13 November 2020 and subjected to change without notice.
Fees are in Singapore Dollars (inclusive of 7% GST) unless otherwise indicated.
SingHealth staff and selected Professional Association bodies will be entitled to 10% off regular rate.
PGAHI reserves the right to update, change or replace any information.
We strongly encourage you to check this page periodically for changes.

Besides the following programmes, PGAHI also offers Clinical Attachments for AHPs. For more information, please visit:

<https://www.sgh.com.sg/pgahi/programmes/Pages/programmeoverview.aspx#>

Some courses are listed under Multidisciplinary section. Please look under profession "AHP" to view the list of courses.

Legend:

| | | | |
|--|-------------------------|----------------------------------|----------------------------------|
| AHP Allied Health Professionals | DIET Dietitian | MSW Medical Social Worker | OT Occupational Therapist |
| PATH Pathologists' Assistant | PHARM Pharmacist | PT Physiotherapist | POD Podiatrist |
| PSY Psychologist | RAD Radiographer | ST Speech Therapist | |

Cancelled Courses

| Professions | Course/Lecture Title | Course Objectives | Course Outline | Pre-Requisites | Fee (SingHealth Staff) | Fee (Regular) | Category | Mode of Training | Duration | Date(s) | Month(s) | Course in-charge |
|-------------|--|---|---|---|---------------------------------|---------------------------------|--------------------------|------------------|----------|---------|----------|--|
| RAD | Ultrasound Elastography | Equip participants with the core knowledge and skills in the use of elastography in musculoskeletal, liver and breast imaging. | 1) Understand the principles of strain and shear-wave elastography 2) Familiar with the differences between strain and shear-wave elastography 3) Understand the clinical application of strain and shear-wave elastography in the evaluation of musculo-tendinous pathologies, liver fibrosis/cirrhosis and breast lesions 4) Recognize the normal and abnormal features of musculo-tendinous, liver and breast tissues evaluated using ultrasound elastography | Nil | \$360 (Doctors) \$300 (AHPs) | \$400 (Doctors) \$330 (AHPs) | Skills & Knowledge-based | Classroom | 1 day | | | carlyn.wee.g.p@sgh.com.sg |
| AHP | Applied Suicide Intervention Skills Training (ASIST)* | 1) Acquire knowledge and skills to deal with person at risk of suicide with greater confidence and competence. 2) Recognise and assist persons at risk of suicide using an effective suicide intervention model. | 1) Introduction Module - Sets the tone, norms & expectations of the learning experience. 2) Attitudes Module - Sensitises participants to their own attitudes towards suicide. Creates an understanding of the impact that attitudes have on their intervention process. 3) Knowledge Module - Provides participants with the knowledge & skills to recognize & assess the risk of suicide. 4) Intervention Module - Presents a model for effective suicide intervention. Participants develop their skills through observation, supervised simulation experiences & role-plays. 5) Resources Module - Generates information about resources in the local community. Promotes a commitment by participants to build local resources into helping networks. | Nil | \$500 | \$560 | Skills & Knowledge-based | Classroom | 2 days | | | amelia.lim.j.t@sgh.com.sg |
| AHP | Biostatistics for Research (Basic/ Intermediate) - STATA* (NEW course) | Equip participants with the knowledge and skills to design a database, understand clinical trials and epidemiological designs, sample size calculations and be able to perform statistical analysis STATA; to interpret the findings of the results obtained from the various analysis | 1) STATA Basics – Defining Data 2) Introduction to Clinical Research Methodology and sample size calculations 3) Quantitative Data Analysis: Parametric and Non-Parametric tests 4) Importing Excel dataset. Merging files. Data integrity and data cleaning Graphs. 5) Recording Data, Logical and Compute Statements. 6) Qualitative Data Analysis: Determining associations between categorical variables – Chi square, Fisher's Exact and McNemar test. Use of Odds Ratios and Relative Risks 7) Correlation & Linear Regression 8) Logistic Regression 9) Survival Analysis : Kaplan Meier and Cox regression 10) Exercises & Q&A (at the end of each training day) | Participants should have statistical knowledge and have computer skills (Microsoft Windows and Excel). This course is not suitable for beginners in statistics | \$770 | \$860 | Pedagogy & Research | Classroom | 3 days | | | amelia.lim.j.t@sgh.com.sg |
| AHP | Enteral Nutrition Course* | 1) Equip healthcare providers with skills in handling patients requiring enteral nutrition feeding. 2) Promote evidence based practice for enteral nutrition management. 3) Perform nutrition screening and identify patients requiring enteral nutrition 4) Understand the causes and problems of malnutrition, and the importance of providing appropriate enteral nutrition 5) Identify feeding problems/complications in tube fed patients 6) Understand the various commonly used enteral feeds 7) Understand the various feeding tubes/devices and its management | 1) Nutrition screening and assessment 2) Enteral feeding rationale and monitoring 3) Enteral feeds selection 4) Enteral feeds taste testing session 5) Identifying enteral feeding complications 6) Enteral feeding trouble shooting 7) Medication administration via feeding tube 8) Feeding tube selection | Nil | \$210 | \$230 | Skills & Knowledge-based | Classroom | 1 day | | | amelia.lim.j.t@sgh.com.sg |

PGAHI Training Calendar

April 2020 – March 2021

All information stated is correct as of 13 November 2020 and subjected to change without notice.
Fees are in Singapore Dollars (*inclusive of 7% GST*) unless otherwise indicated.
SingHealth staff and selected Professional Association bodies will be entitled to 10% off regular rate.
PGAHI reserves the right to update, change or replace any information.
We strongly encourage you to check this page periodically for changes.

Besides the following programmes, PGAHI also offers Clinical Attachments for AHPs. For more information, please visit:

<https://www.sgh.com.sg/pgahi/programmes/Pages/programmeoverview.aspx#>

Some courses are listed under Multidisciplinary section. Please look under profession "AHP" to view the list of courses.

Legend:

| | | | |
|--|-------------------------|----------------------------------|----------------------------------|
| AHP Allied Health Professionals | DIET Dietitian | MSW Medical Social Worker | OT Occupational Therapist |
| PATH Pathologists' Assistant | PHARM Pharmacist | PT Physiotherapist | POD Podiatrist |
| PSY Psychologist | RAD Radiographer | ST Speech Therapist | |

Cancelled Courses

| Professions | Course/Lecture Title | Course Objectives | Course Outline | Pre-Requisites | Fee (SingHealth Staff) | Fee (Regular) | Category | Mode of Training | Duration | Date(s) | Month(s) | Course in-charge |
|-------------|--|--|---|--|---------------------------------|---------------------------------|-----------------------------|------------------|----------|---------|----------|--|
| AHP | Introduction to Art Therapy: Art Therapy in Patient Care* | 1) Gain appreciation on art therapy and the various methods used in art therapy 2) Gain appreciation on the benefits of art therapy in the clinical setting 3) Understand the impact of various art materials on patients 4) Learn different art therapy strategies that could enhance the therapeutic relationship between clinicians and patients or for your professional development. | 1) An overview of the different styles and schools of art therapy 2) Understanding the uses of various art materials and their possible benefits. 3) Art therapy evaluation tools and its usage in the clinical setting 4) Group experiential 5) Role play on how to engage a new client in art making | Nil (No previous experience of art making is required but it is important that participant be prepared to take part in art making.) | \$240 | \$270 | Skills & Knowledge-based | Classroom | 1 day | | | carlyn.wee.g.p@sgh.com.sg |
| AHP | Positive Leadership* | 1) The case for positive leadership. 2) Imbue positive meaning into work and leadership. 3) The importance of empathy and psychological safety in healthcare 4) The importance of positive emotions, energy management and positive energy 5) How to give and receive growth-promoting feedback | 1) The Case for Positive Leadership 2) Positive Meaning in Work 3) Positive Relationships, including Team 4) Psychological Safety and Empathy 5) Cultivating Supportive Feedback Culture 6) Leading with Emotional and Energy Awareness | Healthcare professionals with leadership position only | \$550 | \$610 | Leadership & Communications | Classroom | 2 days | | | amelia.lim.j.t@sgh.com.sg |
| AHP | Transfer Training (Train-the-Trainer) | 1) Demonstrate good ergonomics during transfer 2) Learn the use of the various types of assistive transfer devices 3) Learn and demonstrate various patient transfer techniques 4) Share knowledge on good ergonomics for transfer 5) Develop problem solving skills to select appropriate patient transfer techniques to aid staff teaching | 1) Work-related Musculoskeletal Disorders 2) Principles in Safe Handling of Load 3) Proper body mechanics in manual lifting and patient handling 4) Techniques in manual handling and transferring (including practical) 5) Skills to train in techniques of lifting and manual handling and transfers of patients (There will be written and practical evaluation) | Nil | \$580 | \$640 | Skills & Knowledge-based | Classroom | 2 days | | | joyce.lee.g.li@sgh.com.sg |
| AHP | Ultrasound Elastography* | Equip participants with the core knowledge and skills in the use of elastography in musculoskeletal, liver and breast imaging. | 1) Understand the principles of strain and shear-wave elastography 2) Familiar with the differences between strain and shear-wave elastography 3) Understand the clinical application of strain and shear-wave elastography in the evaluation of musculo-tendinous pathologies, liver fibrosis/cirrhosis and breast lesions 4) Recognize the normal and abnormal features of musculo-tendinous, liver and breast tissues evaluated using ultrasound elastography | Nil | \$360 (Doctors) \$300 (AHPs) | \$400 (Doctors) \$330 (AHPs) | Skills & Knowledge-based | Classroom | 1 day | | | carlyn.wee.g.p@sgh.com.sg |