

PGAHI Training Calendar

April 2021 – March 2022

Legend:

AHP Allied Health Professionals	DIET Dietitian	MSW Medical Social Worker	OT Occupational Therapist
PATH Pathologists' Assistant	PHARM Pharmacist	PT Physiotherapist	POD Podiatrist
PSY Psychologist	RAD Radiographer	ST Speech Therapist	

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Some courses are listed under Multidisciplinary section. Please look under profession "AHP" to view the list of courses.

Courses featured below are categorised by Training mode, e.g. e-Learning, Blended Learning and Classroom-based Learning

e-Learning Courses

Professions	Course/Lecture Title	Course Objectives	Course Outline	Pre-Requisites	Fee (SingHealth Staff)	Fee (Regular)	Category	Mode of Training	Duration	Date(s)	Month(s)	Course in-charge
DIET	Medical Nutrition Therapy for Diabetes (For Dietitians)	1) Equip dietitians with essential nutrition knowledge on diabetes. 2) Update dietitians with the latest and current principles and nutrition recommendations for people with diabetes, type 1, type 2 and other forms of diabetes. 3) Update dietitians with knowledge on the principles of advanced carbohydrate counting. 4) Understand the role of dietitians in the management of physical activity and exercise.	1) Nutrition in diabetes 2) Applying nutritional guidelines – An 'ideal diet' for diabetes? 3) Blood glucose lowering medications – implications for diet 4) Carbohydrate counting principles 5) Understanding hypoglycaemia and its treatment 6) Other forms of diabetes – nutritional considerations 7) Advanced CHO counting 1 and 2 8) Physical activity/ exercise 9) Managing the young adult with diabetes 10) Meeting the demands of pregnancy and diabetes 11) Managing patients with poor intake – Considerations for patients on enteral feeding 12) Sick Day Management – The Dietitian's role	Nil	\$240	\$270	Skills & Knowledge-based	e-learning	3 half days	TBC	Jan 2022	amelia.lim.j.t@sgh.com.sg
ST	Transgender Voice Rehabilitation (NEW)	At the end of the course, participants will be able to: 1) Describe the therapist's role in transgender voice rehabilitation and working within a multidisciplinary team 2) Obtain a detailed case history based with an understanding and appreciation of the cultural aspects of working with a transgender person 3) Describe and administer instrumental or perceptual voice assessments or screeners for a transgender person, and make modifications where appropriate 4) List and describe the considerations for deriving a holistic management plan 5) Demonstrate speaking and singing voice techniques appropriate with working with a transgender person 6) Discuss the considerations for working with transgender adolescents	1) Introduction to Working with the Transgender Person 2) Voice assessment of the Transgender Person 3) Management of the Transgender Person (voice and beyond) 4) Speaking and Singing voice techniques 5) Case studies and discussion	Nil	\$410	\$460	Skills & Knowledge-based	e-learning	4 half days	3 - 6	Aug 2021	amelia.lim.j.t@sgh.com.sg
PHARM	Continuing Professional Education (CPE)	The Pharmacy Lecture Series consists of short seminars conducted regularly throughout the year. It serves as a platform for pharmacists to update, develop and acquire new knowledge and skills, to ensure continuing competence as professionals throughout their careers.		Nil	Complimentary	Complimentary	Skills & Knowledge-based	e-learning (via Zoom Cloud Meetings)	1 hour	Look out for monthly email alerts on lectures.	Lecture available monthly	carlyn.wee.g.p@sgh.com.sg
AHP	Beyond Measures in Psychotherapy* (NEW)	The aims of the workshop are focused on the tangibles. This workshop builds on the previous introductory workshop, Feedback Informed Treatment (FIT): Three Steps to Becoming Your Personal Best in Psychotherapy.	1) "One Client at a Time": Participants will learn to use, implement, and guide service deliveries based on routine outcome monitoring (ROM) information 2) "One Therapist at a Time": Participants will learn how to employ feedback information to guide their own professional development using a deliberate practice framework 3) "One Agency at a Time": Building upon the first two objectives, participants will learn to interpret outcome and engagement data to improve service provision as a whole.	Participants must have completed the course on "Feedback Informed Treatment (FIT): Three Steps to Becoming Your Personal Best in Psychotherapy", or have received prior training approved by the International Center of Clinical Excellence (ICCE) (e.g., FIT intensive workshops)	\$400	\$450	Skills & Knowledge-based	e-learning (via SingHealth e-learning Portal & Zoom Cloud Meetings)	1 month asynchronous e-learning & 1 day follow-up session	Asynchronous e-learning: 30 Aug & Follow-up session: Oct	Aug - Oct 2021	agnes.low.s.m@sgh.com.sg

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AHP	Biostatistics for Research (SPSS) - Advance*	To enhance the participants with the knowledge and skills of common Advance biostatistical analyses necessary for journal publications.	1) Numerical outcomes - Linear Regression - General Linear Models (GLM) - Mixed Linear Models 2) Categorical outcomes - Multinomial Regression - Ordinal Regression 3) Matched Case Control - Conditional Logistic Regression - Direct vs Propensity matching 4) Generalized Linear Models - Odds Ratios (OR) vs Relative Risk (RR) - Modified Cox - Poisson Regression 5) Generalized Linear Mixed Models (GLMM) 6) Repeated measures analysis - General Linear Model - Mixed Model - Generalized Estimating Equations 7) Count data : Poisson regression 8) Weighted regression 9) Principal Component analysis 10) Factor analysis 11) Reliability analysis	This course is recommended for participants who have previously enrolled for the Biostatistics for Research (Basic/Intermediate) Course. Participants should have statistical knowledge and have computer skills (Microsoft Windows and Excel).	\$450	\$500	Pedagogy & Research	e-learning	4 half days	17 – 20 15 – 18	May 2021 Nov 2021	amelia.lim.j.t@sgh.com.sg agnes.low.s.m@sgh.com.sg
AHP	Biostatistics for Research (SPSS) - Basic/Intermediate*	Equip participants with the knowledge and skills to design a database and perform basic data processing and analysis.	1) Setting up a database in SPSS 2) Importing Excel into SPSS 3) Basic descriptive 4) Graphs 5) Computing and Recoding 6) Randomised Controlled Trials : - Parallel vs Crossover, Randomisation & Blinding 7) Epidemiological Studies 8) Sample size calculations 9) Univariate analysis: a) Quantitative Data analysis - Parametric vs Non-Parametric tests b) Qualitative Data analysis - Chi-square & Fisher's exact tests - McNemar test c) Correlation - Pearson's vs Spearman's 10) Multivariate regression: a) Linear regression b) Logistic regression c) Survival analysis : Kaplan Meier & Cox regression	Participants should have statistical knowledge and have computer skills (Microsoft Windows and Excel). This course is not suitable for beginners in statistics	\$400	\$440	Pedagogy & Research	e-learning	4 half days	19 – 22 14 – 17 26 – 29 23 – 26 20 – 23 18 – 21	Apr 2021 Jun 2021 Jul 2021 Aug 2021 Sep 2021 Oct 2021	amelia.lim.j.t@sgh.com.sg agnes.low.s.m@sgh.com.sg
AHP	Biostatistics for Research (STATA) - Basic/Intermediate*	Equip participants with the knowledge and skills to design a database and perform basic data processing and analysis.	1) Setting up a database in STATA 2) Importing Excel into STATA 3) Merging files 4) Basic descriptive 5) Graphs 6) Computing and Recoding 7) Randomised Controlled Trials : - Parallel vs Crossover, Randomisation & Blinding 8) Epidemiological Studies 9) Sample size calculations 10) Univariate analysis - Quantitative Data analysis. - Parametric vs Non-Parametric tests - Qualitative Data analysis - Chi-square & Fisher's exact tests - McNemar test - Correlation - Pearson's vs Spearman's 11) Multivariate regression - Linear regression - Logistic regression - Survival analysis : Kaplan Meier & Cox regression	Participants should have statistical knowledge and have computer skills (Microsoft Windows and Excel). This course is not suitable for beginners in statistics	\$450	\$500	Pedagogy & Research	e-learning	4 half days	4 – 7	Oct 2021	amelia.lim.j.t@sgh.com.sg

* This course may be applicable to doctors or nurses.

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AHP	Compassion Focused Therapy (CFT)* (NEW)	1) Understand the flows of compassion: compassion to others, being open to compassion from others, and compassion to self. 2) Understand how CFT may be applied to clients with different problems in which there is a non-affiliative relationship with self and/or others (e.g anxiety, depression, shame, etc.)	1) Evolutionary functional analysis advances our understanding of mental health difficulties, and in particular the importance of the evolution of attachment, caring and affiliation as part of the human affect motivation and regulation system. 2) Three system affect regulation model (threat, drive and affiliative-soothing) which informs compassion-focused interventions. 3) Key compassion-focused skills including the use of the breath and body postures, the practice of compassion focused imagery, the use of compassionate mind training to build the "compassionate self", employing the "compassionate self" to engage with areas of personal difficulty, and building supportive social relationships.	Nil	\$770	\$850	Skills & Knowledge-based	e-learning	3 days	1 - 3	Nov 2021	agnes.low.s.m@sgh.com.sg
AHP	Complications in Grief and Quest for Meaning* (NEW)	1) Develop an understanding of an integrative model for grief and loss based on contemporary theories; 2) Differentiate complications in grief from adaptive grief reactions 3) Facilitate the reconstruction of the bereaved-deceased bond through meaning-oriented interventions.	1) Grief and loss in terminal illness 2) Grief and its complications in bereavement 3) An attachment-Informed meaning reconstruction approach to grief and loss 4) Grief and loss in bereaved families	Nil	\$570	\$630	Skills & Knowledge-based	e-learning	3 days	28 – 30	Jun 2021	agnes.low.s.m@sgh.com.sg
AHP	Continuing Professional Development (CPD)*	The CPD Lecture Series consists of short seminars conducted regularly throughout the year. It serves primarily as a platform to discuss the latest developments within various aspects of the allied health profession. Specialists from various healthcare professions are invited to share their expertise, thus providing alternative views on topics and offering allied health professionals with a holistic view of their role in healthcare.		Nil	Complimentary	Complimentary	Skills & Knowledge-based	e-learning (via Zoom Cloud Meetings)	1 hour	Look out for monthly email alerts on lectures.	Once every month	pgahi@sgh.com.sg
AHP	Essential Counselling Skills Course*	1) Understanding what counselling is 2) Acquire effective counselling skills 3) Application of a problem-solving structure to facilitate positive intervention.	1) Introduction to Counseling 2) Person of a helper: Building self-awareness 3) Seven Principles of Casework 4) Basic Attending Behaviours 5) Basic listening skills 6) The Problem-Solving Approach (PADI)	Nil	\$230	\$260	Skills & Knowledge-based	e-learning	2 half days	27 – 28 2 – 3 Dec	May 2021 Dec 2021	amelia.lim.j.t@sgh.com.sg
AHP	Feedback Informed Treatment (FIT): Three Steps to Becoming Your Personal Best in Psychotherapy* (NEW)	1) Adopt three systematic steps to improving outcomes of their intervention work. 2) Identify cases at risk of dropping out of treatment or experiencing a negative or null outcome. 3) Identify and improve areas of weakness in their clinical work.	1) Knowing Your Baseline ("So, how effective am I really?") 2) Formal, Routine, Ongoing Feedback ("How each of my client is doing?") 3) Engaging in Deliberate Practice ("How do I get better?")	Nil	\$360	\$400	Skills & Knowledge-based	e-learning (via SingHealth e-learning Portal & Zoom Cloud Meetings)	1 month asynchronous e-learning & 1 day follow-up session	Asynchronous e-learning: 12 Jul & Follow-up session: Aug	Jul - Aug 2021	agnes.low.s.m@sgh.com.sg
AHP	Introduction to Solution Focused Brief Therapy*	1) Acquire knowledge of the core skills, mind-set and philosophy of Solution Focused Brief Therapy (SFBT) 2) Appreciate the relevance of SFBT to their clinical practice (specifically within the healthcare setting) 3) Develop competence through practical applications of the solution focused model during the course	1) Overview of history, development, philosophy & mindset of SFBT 2) Basic framework for first session, second session and subsequent session protocol 3) Key questioning techniques 4) Stages of Solution Building 5) Applying EARS process 6) Dealing with client setbacks, relapses & challenging situations 7) Final review of SF process 8) Sharing of participants' experiences in using the skills learnt, focusing on developing competence and confidence in using this approach 9) Follow-up coaching including brief review, practice sets, case presentations and reflecting team format	Nil	\$450	\$500	Pedagogy & Research	e-learning	5 half days (including follow-up coaching)	5 - 8 and 30 (follow up)	Jul 2021	amelia.lim.j.t@sgh.com.sg

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AHP	Introduction to Somatic Experiencing* (NEW)	1) Describe the physiological basis of trauma and identify how maladaptive physiological responses to threat, and their lack of resolution, may contribute to the formation of PTSD symptoms. 2) Understand the beginning introduction to tracking sensory and sensory-motor experience in clients. 3) Demonstrate working through disorganized sensory and sensory-motor experience using the concepts of orienting, stabilization, containment, resourcing, and self-regulation to help return to homeostasis. 4) Learn the basic stabilization skills. 5) Form a basic understanding of animals and human beings exposed to threat and its aftermath, such as incomplete orienting and defensive responses of fight, flight, and freeze can lead to and help resolve trauma symptoms.	1) SE approach of how to release traumatic shock 2) Basics theory of SE 3) clinical tools from Somatic Experiencing 4) Therapeutic interventions that create a vibrant experience of resilience and wholeness	Nil	\$320	\$360	Skills & Knowledge-based	e-learning	2 half days	22 - 23	Jun 2021	agnes.low.s.m@sgh.com.sg
AHP	Managing Behavioural and Psychological Symptoms of Dementia (BPSD) in the Acute Setting (NEW)	1) Be able to recognize and use appropriate terminology in documentation and when addressing BPSD. 2) Classify and describe the various types of BPSD. 3) Identify possible physical (biological), psychological and social factors which trigger BPSD. 4) Apply individualised person-centred strategies in addressing behaviour of concerns for persons with dementia.	1) Introduction on common appropriate terminology used when addressing BPSD to reduce stigmatization and labelling of persons with dementia. 2) Use of various models (Newcastle Model, Enriched Model of Care) to identify possible triggering situations resulting in various behaviors of concerns. 3) Sharing by Speech Therapist to provide insight on managing food refusal and poor oral intake. 4) Sharing by Psychogeriatric Doctor to provide insight on pharmacological treatment for BPSD. 5) Use of person-centered care approach in providing individualized strategies in coping with behaviors of concern. 6) Use of suitable assessment and outcome measures for individuals presenting with BPSD.	Nil	\$250	\$280	Skills & Knowledge-based	e-learning	3 half days	7 - 9	Jul 2021	joyce.lee.g.l@sgh.com.sg
AHP	Motivational Interviewing (Building Skills)*	1) At the conclusion of this training, participants will: • identify areas for continued development • complete an accurate assessment of their own MI skills and ability • articulate reasons for self-efficacy in the treatment process • describe one area that is interpersonally tricky for them as a practitioner and practice a method for addressing this area • identify ideas from areas that have an influence in their work with clients • describe one new technique related to a deeper understanding of the four MI processes • identify strengths as a practitioner and area for growth in MI • produce a plan of action for practicing MI skills	1) Importance of MI Spirit 2) Four Processes of MI 3) Emphasis on Change Talk - Depth, Strength and Momentum 4) Working with Sustain Talk and Discord 5) Search for the Mechanisms Of Action in MI 6) Motivational Interviewing Treatment Integrity code (MITI) 4.2.1 7) How to increase proficiency in MI - Working with coded and un-coded transcripts - Reflective practice - Deepening reflections - Fine tuning listening skills	Healthcare professionals who completed the Motivational Interviewing: Foundational Skills course.	TBC	TBC	Pedagogy & Research	e-learning	2 half days	28 - 29	Oct 2021	amelia.lim.i.t@sgh.com.sg
AHP	Motivational Interviewing (Foundational Skills)*	Healthcare professionals will be acquainted with key MI topics namely, evoking motivation to change. At the end of the course, participants will be able to: 1) understand the framework of MI 2) apply MI strategies and techniques on clients to evoke change	1) Motivational Interviewing: 30 Years of asking questions about change 2) The underlying assumptions, ideas and theories of MI 3) What is MI and is not MI 4) The Spirit of MI 5) The Foundational Skills 6) Interacting with Change & Sustain Talk 7) Working with Discord 8) Planning for Change 9) Exploring cultural considerations for MI 10) Live demonstrations, learning exercise and role play, questions and discussions	Nil	\$450	\$500	Pedagogy & Research	e-learning	4 half days	13 - 16	Sept 2021	amelia.lim.i.t@sgh.com.sg

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AHP	PEERS Program for Adolescents	1) Guide mental health professionals, medical professionals, and/or educators on the administration and implementation of the parent-assisted PEERS® for Adolescents intervention in a clinical-type setting. 2) Provide a model for an evidence-based social skills treatment for teens in middle school and high school (age 11-18) with ASD, ADHD, Anxiety, Depression and other social difficulties, particularly with respect to friendships.	1) How to use appropriate conversational skills 2) How to choose appropriate friends 3) How to appropriately use electronic forms of communication 4) How to appropriately use humor and assess humor feedback 5) How to start, enter, and exit conversations between peers 6) How to organize successful get-togethers with friends 7) How to be a good sport when playing games/sports with friends 8) How to handle arguments and disagreements with friends and in relationships 9) How to handle rejection, teasing, bullying, and rumors/gossip 10) How to change a bad reputation	Professionals in the mental health or medical field with a degree or certification in the field of psychology or a related mental health field, including B.C.B.A, M.S.W, L.C.S.W, M.A, M.S, M.F.T,M.D, R.N, L.V.N, PhD, Psy.D, Ed.D, M.P.H, S.L.P, O.T, R.T.	\$1030	\$1140	Skills & Knowledge-based	e-learning	3 days	TBC	Mar 2022	amelia.lim.j.t@sgh.com.sg
AHP	Transgender Voice Rehabilitation (NEW)	At the end of the course, participants will be able to: 1) Describe the therapist's role in transgender voice rehabilitation and working within a multidisciplinary team 2) Obtain a detailed case history based with an understanding and appreciation of the cultural aspects of working with a transgender person 3) Describe and administer instrumental or perceptual voice assessments or screeners for a transgender person, and make modifications where appropriate 4) List and describe the considerations for deriving a holistic management plan 5) Demonstrate speaking and singing voice techniques appropriate with working with a transgender person 6) Discuss the considerations for working with transgender adolescents versus adults 7) Discuss the considerations for individual VS group therapy with transgender people	1) Introduction to Working with the Transgender Person 2) Voice assessment of the Transgender Person 3) Management of the Transgender Person (voice and beyond) 4) Speaking and Singing voice techniques 5) Case studies and discussion	Nil	\$410	\$460	Skills & Knowledge-based	e-learning	4 half days	3 - 6	Aug 2021	amelia.lim.j.t@sgh.com.sg

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¹ e-learning conducted via Zoom Cloud Meetings and/or Wizlearn portal with face-to-face classroom teaching

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OT	Prescription of Powered Mobility Aids	<ol style="list-style-type: none"> Gain the knowledge and skills on the range and features of powered mobility aids Competent in identifying clients' capacities and abilities in powered mobility aids usage. Able to prescribe powered mobility aids to clients according to their needs. 	<ol style="list-style-type: none"> Comparing the different common types of powered mobility aids Evaluating the suitability of clients needing powered mobility aids Understanding practical considerations of using powered mobility aids Improving clinical skills in assessing and training clients who would benefit from powered mobility aids Understanding possible customisation for powered mobility aids Understanding the consideration of funding schemes for purchasing powered mobility aids. Hands-on practice on driving powered mobility aids in the community. 	Nil	\$550	\$610	Skills & Knowledge-based	Blended Learning	2 days	TBC	Jan - Mar 2022	joyce.lee.g.l@sgh.com.sg
PT	Vestibular Rehabilitation	<ol style="list-style-type: none"> Outline the anatomy and physiology of the vestibular system. Describe the possible causes of dizziness/vertigo and imbalance Differentiate between central, peripheral and other causes of dizziness/vertigo, including benign paroxysmal positional vertigo (BPPV), vestibular neuritis and cervicogenic dizziness. Describe typical laboratory-based tests of vestibular and hearing function and interpret common findings. These include calorics and hearing tests. Perform a basic bedside evaluation of a patient with dizziness/vertigo. These include oculomotor and positional tests, with and without the use of frenzel lenses. Form a basic evaluation of balance under varying sensory conditions and interpret the findings. Develop an evidence-based treatment program for balance and dizziness, including BPPV, with measurable, functional outcomes from assessment findings 	<ol style="list-style-type: none"> Anatomy and physiology of the vestibular system Common vestibular disorders and differential diagnosis Vestibular Function Tests Elements of a vestibular assessment including in acute settings Oculomotor examination Benign paroxysmal positional vertigo management (Cupulolithiasis and canalthiasis) Assessment of gait and balance Exercises used in vestibular rehabilitation 	Nil	\$530	\$590	Skills & Knowledge-based	Blended Learning	4 half days	TBC	Nov or Dec 2021	joyce.lee.g.l@sgh.com.sg
AHP	Ergonomics*	<ol style="list-style-type: none"> Understand the principles of Ergonomics Understand anthropometry and its application in workplace design Understand and apply tools and methodologies to assess risk factors in office and industrial settings Understand and apply methodologies in evaluating manual handling. Understand and apply the Singapore Standard SS514 Code of Practice for Office Ergonomics 	<ol style="list-style-type: none"> Introduction to ergonomics Musculoskeletal Systems and Disorders Ergonomics Risk Assessment Anthropometry Ergonomic programme development Office Ergonomics Manual Handling Stretching exercises <p>There will be a 1/2 day follow up session for participants who are Occupational Therapists. The session will cover case discussions and applications.</p>	Nil	\$500 (2 days) \$630 (2.5 days)	\$550 (2 days) \$700 (2.5 days)	Skills & Knowledge-based	Blended Learning	2 days 2.5 days for Occupational Therapists (Half-day follow up session to be held 1 month later)	21 - 22 (Half-day follow up on 25 Mar 2022 for participants who are Occupational Therapists)	Feb 2022	joyce.lee.g.l@sgh.com.sg
AHP	Influencing Behaviour in Dementia Care Through Person-Centred Approach (Part 1)*	<ol style="list-style-type: none"> Define what it means to be person-centred in a care setting. Adopt the person-centred approach to address responsive behaviours of persons with dementia. Apply the Enriched Model of Dementia to influence behaviour so as to promote dignity and respect for people with dementia 	<ol style="list-style-type: none"> Experiential Activity Unpacking Person-centred Care (PCC) Principles <ol style="list-style-type: none"> Definition=VIPS Barriers to VIPS in care setting Using the Enriched Model of Dementia to address responsive behaviours <ol style="list-style-type: none"> Defining responsive behaviours Adopt the Enriched Model of Dementia to explain the responsive behaviours Formulate PCC interventions to address the responsive behaviours 	Nil	\$630	\$700	Skills & Knowledge-based	Blended Learning	2 days	12 - 13 27 - 28	Aug 2021 Jan 2022	joyce.lee.g.l@sgh.com.sg

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Professions	Course/Lecture Title	Course Objectives	Course Outline	Pre-Requisites	Fee (SingHealth Staff)	Fee (Regular)	Category	Mode of Training	Duration	Date(s)	Month(s)	Course in-charge
AHP	Influencing Behaviour in Dementia Care Through Person-Centred Approach (Part 2)*	1) Adopt the Person-centred approach (PCA) to relate to practical care issues 2) Apply skills and techniques based on the Enriched Model of Dementia to influence responsive behaviours of persons with dementia. 3) Apply Person-centred Approach to collaborate with caregivers to address responsive behaviours of persons with dementia	1) Reflections and Experiential Activity 2) Review of Enriched Model of Dementia Plans 3) Person-centred Approach skills and techniques to influence responsive behaviours a. Communication b. Validation c. Facilitation d. Engagement 4) Person-centred Approach Interventions to collaborate with caregivers a. Provide Psycho-educational interventions b. Develop task-specific and problem solving skills c. Strengthen Competence	Participants must have completed the Influencing Behaviour in Dementia Care Through Person-centred Approach (Part 1) course	\$1210	\$1340	Skills & Knowledge-based	Blended Learning	3 days	17 - 19	Nov 2021	joyce.lee.g.l@sgh.com.sg

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MSW	Essential Medical Terminology and Symptomatology for Medical Social Workers	1) Increase knowledge in human body structure and functioning 2) Understand the common symptomatology and diagnostic investigations carried out 3) Comprehend & decipher the entries made by doctors in patient records 4) Enhance understanding of the impact of physiology on psycho-social emotional health essential to holistic case management.	1) Basic anatomy of the human body 2) How body structure relates to function 3) How dysfunction relates to social handicaps & psychological stress 4) Medical symptomatology & what brings patients to hospital 5) Common investigations – when & why some tests are chosen over others	Nil	\$630	\$700	Skills & Knowledge-based	Classroom	2 days	30 - 31	Aug 2021	amelia.lim.j.t@sgh.com.sg
OT	A Safer Home: Risks Identifications and Home Modifications	1) Learn the importance of home evaluation in falls preventions. 2) Be equipped with the knowledge and skills in providing home evaluation and be able to make appropriate recommendations for people with chronic diseases, progressive illness leading to physical, cognitive disabilities and vision impairment.	1) Overview of fall risks factors and fall risks assessment 2) Selection of home assessment tools for various client groups (clients with physical, cognitive and vision impairment) 3) Home assessment and home modifications for various clients group 4) Home assessment report writing	Nil	\$570	\$630	Skills & Knowledge-based	Classroom	2 days	TBC	Jan 2021	joyce.lee.g.l@sgh.com.sg
OT	Clinical Application in Proprioceptive Neuromuscular Facilitation (PNF): Introductory Course	1) Gain an understanding of the philosophy and principles of PNF 2) Be skilled in the performance of the basic patterns of PNF including: (a) Scapular patterns, (b) Pelvic patterns, (c) Upper limb patterns, (d) Lower limb patterns 3) Acquire the ability to apply the techniques of PNF in a variety of both musculoskeletal and neurological conditions requiring movement re-education. 4) Be able to utilise PNF techniques as an efficient, effective method of increasing range of movement. 5) Develop an understanding of how to incorporate PNF with other treatment approaches in musculoskeletal and neurological conditions. 6) Have an ability to utilise PNF techniques in functional activities such as bed mobility, gait and sporting actions. 7) Develop an understanding of the current literature supporting the wide range of clinical uses of PNF	1) Pelvic Patterns 2) Upper Limb Patterns 3) Lower Limb Patterns 3) Scapula Patterns 4) PNF & Stretching 5) Functional Application of PNF 6) Integration of Clinical Approaches. 7) Patient demonstration	Nil	\$1490	\$1660	Skills & Knowledge-based	Classroom	3 days	29 Sep - 1 Oct 4 - 6	Sep & Oct 2021 Oct 2021	joyce.lee.g.l@sgh.com.sg
OT	Cognitive Rehabilitation : An Overview of Evaluations and Interventions for Adult Population	1) Define cognition and differentiate between cognition, functional cognition and applied cognition. 2) Critically appraise cognitive assessments used by occupational therapists. 3) Describe elements of an information processing model of applied cognition. 4) Observe task performances and identify major issues with 'applied' cognition. 5) Interpret and report relevant findings from assessments. 6) Establish and prioritize therapy goals. 7) Use best practice guidelines and models of intervention to structure a therapy plan. 8) Measure the outcome of therapy.	1) Cognition and occupational therapy 2) Task analysis as a basis for assessment 3) Disorders of attention and perception (Perceive) 4) Disorders of learning and memory (Recall) 5) Disorders of higher cognition and insight (Plan) 6) Disorders of initiation and follow through (Perform) 7) Contemporary issues in intervention 8) Principles of intervention 9) Systematic use of cues and prompts to enhance cognitive strategy application	Nil	\$1480	\$1640	Skills & Knowledge-based	Classroom	3 days	15 - 17	Sep 2021	joyce.lee.g.l@sgh.com.sg
OT	Management of Clients with Upper Limbs Conditions	1) Apply knowledge in managing Rheumatoid and RSI conditions 2) Master skills in fabricating splints appropriate for such conditions 3) Able to conduct assessment and intervention for the following client group: a) CTS, b) Golfer elbow	1) Common rheumatoid conditions (OA, RA) and RSI conditions (trigger, DeQ, tennis elbow, golfer elbow, CTS) 2) Overview on the impact of rheumatoid and RSI conditions 3) Population commonly affected 4) Progression of conditions 5) Role of Occupational Therapist 6) Evidence Based Management 7) Splinting Principles	Nil	\$550	\$610	Skills & Knowledge-based	Classroom	2 days	21 - 22	Oct 2021	joyce.lee.g.l@sgh.com.sg

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OT	Resistance Bands, Balls and Balance	1) Understand the scientific basis for elastic resistance exercise prescription and progression 2) Demonstrate the appropriate use of elastic resistance devices 3) Understand the scientific basis for proprioceptive training and progression 4) Demonstrate appropriate use of proprioceptive training devices 5) Apply principles of clinical progressions using elastic resistance and proprioceptive training devices	1) The Science of Elastic Resistance Training 2) Hands on: Elastic Resistance Lab 3) Progressive Proprioceptive Training Lecture 4) Proprioceptive Lab – Balls and Balance 5) Clinical Progressions and Functional applications	Nil	\$320	\$360	Skills & Knowledge-based	Classroom	1 day	16	Jul 2021	joyce.lee.g.l@sgh.com.sg
PHARM	Clinical Reasoning Pharmacy Series (Renal) (NEW)	1) Enhance clinical reasoning and decision making skills in the management of renal related diseases and conditions 2) Evaluate current evidences and integrate findings into day-to-day pharmacy practice	1) Clinical reasoning skills of practising pharmacists in managing common renal disease and conditions in Singapore. 2) Integrate both clinical reasoning processes and SOAP processes using case-based discussions.	Pharmacists in direct patient care area	\$270	\$300	Skills & Knowledge-based	Classroom	1 day	TBC	Jan – Mar 2022	carlyn.wee.g.p@sgh.com.sg
PATH	Pathologists' Assistant Training Programme	At the end of the course, participants should be able to: 1) Demonstrate and apply general knowledge and theory of pathologic disease processes, as they relate to gross and microscopic anatomy, anatomic pathology techniques, laboratory procedural skills, and medical photography. 2) Effectively perform surgical pathology gross examination and prosection of specimens, apply knowledge and judgment to identify and select the appropriate tissues correlated with the clinical history and general medical information available. 3) Effectively communicate the findings to pathologists, fellows and residents, including preparation of final pathology reports. When necessary participants should seek appropriate supervision. Though the course is comprehensive and current, participants must anticipate advances in medical knowledge and thus pursue continuing education. 4) Have or develop an understanding of administrative functions in the anatomic pathology department. This is accomplished through the lab management and safety module.	1) Gross Human Anatomy 2) Basic Histology 3) Histology of the Systems 4) General Pathology 5) Pathology of the Systems 6) Molecular Pathology 7) Basic Grossing Techniques 8) Advanced Grossing Techniques 9) Medical Terminology, Medical Photography and Laboratory Management and Safety	Participants should possess a Bachelor's degree in biological, life sciences or equivalent. Prior work experience in Anatomic Pathology Laboratories is preferred but not essential.	Available upon request	Available upon request	Certification	Classroom	12 months	5	July 2021	amelia.lim.j.t@sgh.com.sg
PT	Advanced Respiratory Care and Exercise Prescription in Onco-Surgical Population	1) Describe the current state of science and practice in preoperative rehabilitation and prescribe an appropriate prehabilitation exercise program 2) Ability to gather, interpret and synthesize information to evaluate the impact of surgery and its associated medical management on the patient's pulmonary function 3) Advanced understanding of the pathogenesis, diagnosis and management approach of patients with postoperative pulmonary complications (PPC) 3) Advanced skills to assess and provide holistic physiotherapy management for patients undergoing complex surgery such as transplant, head and neck surgery and bariatric surgery	1)Preoperative Assessment 2) Postoperative Considerations 3) Thoracic Surgeries 4) Major Abdominal Surgeries and Solid organ Transplant 5) Special Surgery – Head & Neck and Bariatric	Nil	\$630	\$700	Skills & Knowledge-based	Classroom	5 half days	10 – 16 Nov	Nov 2021	joyce.lee.g.l@sgh.com.sg
PT	Advanced Respiratory Care and Exercise Prescription in Patients with Chronic Respiratory Disease	At the end of the course, the participants should acquire: 1) Advanced understanding of the pathophysiology, diagnosis and management approach of patients with COPD, chronic suppurative lung diseases and ILD 2) Advanced skills to assess and provide holistic management for patients with chronic lung disease 3) The ability to gather, interpret and synthesise information to evaluate the impact of chronic respiratory disease on quality of life 4) Latest knowledge and skills to update existing pulmonary rehabilitation programme or to implement new programmes	1) Introduction to chronic lung diseases and role of physiotherapy 2) Non-invasive ventilation, critical care and physiotherapy adjuncts 3) Dysfunctional breathing 4) Pulmonary rehabilitation	Nil	\$620	\$690	Skills & Knowledge-based	Classroom	5 half days	28 Jul – 3 Aug	Jul & Aug 2021	joyce.lee.g.l@sgh.com.sg

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PT	Clinical Application in Proprioceptive Neuromuscular Facilitation (PNF): Introductory Course	<ol style="list-style-type: none"> Gain an understanding of the philosophy and principles of PNF Be skilled in the performance of the basic patterns of PNF including: (a) Scapular patterns, (b) Pelvic patterns, (c) Upper limb patterns, (d) Lower limb patterns Acquire the ability to apply the techniques of PNF in a variety of both musculoskeletal and neurological conditions requiring movement re-education. Be able to utilise PNF techniques as an efficient, effective method of increasing range of movement. Develop an understanding of how to incorporate PNF with other treatment approaches in musculoskeletal and neurological conditions. Have an ability to utilise PNF techniques in functional activities such as bed mobility, gait and sporting actions. Develop an understanding of the current literature supporting the wide range of clinical uses of PNF 	<ol style="list-style-type: none"> Pelvic Patterns Upper Limb Patterns Lower Limb Patterns Scapula Patterns PNF & Stretching Functional Application of PNF Integration of Clinical Approaches. Patient demonstration 	Nil	\$1490	\$1660	Skills & Knowledge-based	Classroom	3 days	29 Sep - 1 Oct 4 - 6	Sep & Oct 2021 Oct 2021	joyce.lee.g.l@sgh.com.sg
PT	Clinical Reasoning Approach to Musculoskeletal Physiotherapy	<ol style="list-style-type: none"> Outline contemporary biopsychosocial approaches for management of musculoskeletal disorders. Formulate differential diagnoses of musculoskeletal disorders and evaluate the most likely diagnosis. Rationalize and prioritize treatment selections for effective management of musculoskeletal disorders. 	<ol style="list-style-type: none"> Clinical Reasoning Frameworks for Musculoskeletal Physiotherapy Understanding Pain Pain Pharmacology and Management Clinical Reasoning: Subjective Interview Musculoskeletal Clinical Translation Framework Lifestyle Considerations in Musculoskeletal Conditions Tissue and Fracture Healing Chronic Pain Management: Mindfulness and CBT 	Nil	\$660	\$730	Skills & Knowledge-based	Classroom	4 half days	17 – 20	Aug 2021	agnes.low.s.m@sgh.com.sg
PT	Clinical Reasoning for Physiotherapy Management in Stroke	<ol style="list-style-type: none"> Describe medical management for stroke across the continuum of care (i.e., acute, subacute and chronic phase). Use the International Classification of Functioning, Disability and Health (ICF) model as a framework to guide clinical management for stroke. Explain the mechanisms underlying motor impairments after stroke. Analyse motor performance, and link impairments to missing essential components of motor performance of people after stroke. Select and interpret appropriate outcome measures to measure improvement of motor performance in people after stroke. Create assessment and treatment plans for people after stroke and justify the plans using evidence-based practice. Use functional electrical stimulation and other low-cost/affordable equipment to increase intensity of practice. Implement strategies to manage behavioural and mood disorders after stroke. 	<ol style="list-style-type: none"> Medical management of stroke Movement analysis and treatment Set-up for semi-supervised practice Management of behavioural and mood disorders after stroke Implementation and interpretation of outcome measures in stroke 	Nil	\$530	\$590	Skills & Knowledge-based	Classroom	4 half days	1 – 4	Mar 2022	joyce.lee.g.l@sgh.com.sg

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PT	Geriatric Rehabilitation	<ol style="list-style-type: none"> Describe the role of different specialists in Geriatric care Recognise frailty in the older person and discuss appropriate management Conduct a comprehensive assessment for falls, interpret results and discuss appropriate interventions Identify the signs and symptoms, and the common types of cognitive changes and outline strategies to manage challenging behaviours in older persons that are evidence-based Understand the pharmacokinetic changes in elderly and the issues related to polypharmacy Consider the impact of some common cardiac, chronic disease issues in the older person when designing a rehabilitation programme. Identify the primary functional problems, associated impairments in the older persons with total joint arthroplasties, hip and spinal fractures and understand their management Incorporate knowledge of pathology and biomechanics of osteoporosis in effective prevention and intervention. Understand the management of foot problems in the older person Consider and suggest appropriate resources for continuation of care for the older person and respite support for caregivers in the community 	<ol style="list-style-type: none"> Normal and abnormal changes in ageing Assessment and management of frailty Falls risk factors, assessment and management Cognitive changes and other mental health conditions in the older person Rehabilitation in older persons non-surgically managed, acute cardiac conditions and chronic diseases Demonstration of various spinal and hip orthosis used to support rehabilitation post hip and spinal fractures Physiotherapy management for osteoporosis Consideration of the geriatric foot conditions in rehabilitation Current available resources for continuation of care and respite support in community 	Nil	\$390	\$430	Skills & Knowledge-based	Classroom	4 half days	24 – 27	Jan 2022	joyce.lee.g.l@sgh.com.sg
PT	Physiotherapy Assessment and Management of Lumbopelvic Disorders	<ol style="list-style-type: none"> Differentiate accurately the possible lumbopelvic disorders commonly seen in the outpatient musculoskeletal clinic. Plan, prioritize and perform a thorough physical assessment of the lumbopelvic region. Formulate and perform an effective and efficient treatment plan including exercise prescription that addresses the impairments of the lumbopelvic region, using an evidence-based approach. Appraise the treatment effect using appropriate outcome measures and patient feedback as necessary. 	<ol style="list-style-type: none"> Surgical Management of the Lumbar Spine Why is back pain so hard to treat? Lumbar Spine Assessment Clinical Reasoning Framework Spondyloarthropathy and Back Pain Lumbar Spine Management <ul style="list-style-type: none"> - Acute e.g. in ED - Chronic SIJ Assessment and Management Medical Imaging of the Lumbar Spine and Pelvic girdle Lumbar Spine Post-Operative Management 	Nil	\$650	\$720	Skills & Knowledge-based	Classroom	4 half days	14 – 17	Feb 2022	agnes.low.s.m@sgh.com.sg
PT	Physiotherapy Assessment and Management of Shoulder Complex Disorders (NEW)	<p>At the end of the workshop, the participants should be able to:</p> <ol style="list-style-type: none"> Describe and apply an in-depth knowledge of assessment and management of the shoulder complex disorders based on the current scientific evidence Use the various outcome measures tools related to shoulder complex disorders Understand the radiological findings and latest surgical procedures in SGH Implement safe and effective post-surgical rehabilitation 	<ol style="list-style-type: none"> Physiotherapy Assessment and Management of <ul style="list-style-type: none"> - Rotator Cuff Pathologies - Labral Injuries and Instability - Frozen Shoulder - Scapular Dysfunction Radiological updates of Shoulder Complex Surgical Updates of Shoulder Complex Post-surgical Rehabilitation Practical: Assessment and Treatment of Shoulder Complex Disorders 	Nil	\$660	\$730	Skills & Knowledge-based	Classroom	4 half days	8 – 13	Jul 2021	agnes.low.s.m@sgh.com.sg

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PT	Physiotherapy in Polytrauma (NEW)	Increase competence and confidence in treating patients with a variety of trauma presentations in the acute hospital setting.	1) Role of physiotherapy in patients with the following injuries: a. Chest trauma, including fractured ribs, pulmonary contusion and haemo-pneumo-thoraces b. Abdominal trauma including solid organ injuries (i.e. liver, spleen, kidneys) c. Spinal Cord injury, with a particular focus on cervical spine injuries d. Patients with multiple orthopaedic injuries including pelvic fractures, and lower limb injuries e. Traumatic brain injuries f) Burns (introduction) 2) Management of the intubated and Ventilated patient in ICU 3) The use of manual hyperinflation and other ventilator intervention during the acute phase of care 4) The use of positive pressure and airway clearance devices including Cough Assist, Metaneb etc 5) The role of early mobilisation 6) Acute burns management from a physiotherapy perspective	Nil	\$1400	\$1550	Skills & Knowledge-based	Classroom	3 days	22 - 24	Nov 2021	joyce.lee.g.l@sgh.com.sg
PT	Physiotherapy Management of Parkinson's Disease	1) Discuss the pathophysiology of Parkinson's disease (PD). 2) Differentiate between PD and other atypical parkinsonian syndromes. 3) Discuss the medical management of people with PD. 4) List the criteria for deep brain stimulation. 5) Discuss the non-motor symptoms of PD and their impact on patients and caregivers. 6) Perform a competent physiotherapy assessment of the patient with PD. 7) Discuss the rationale underlying various treatment approaches in people with PD. These include resistance training, cognitive movement strategies and use of cues. 8) Design and implement treatment programs for people with PD using an evidence-based approach. This includes identifying individuals who are at risks of falls	1) Mobility and gait problems, and falls in PD 2) Atypical parkinsonism syndromes 3) Current trends in medical and surgical management 4) Mobility and balance outcomes: Post Deep Brain Stimulation 5) Non-motor symptoms and their management 6) Managing behavioural and cognitive changes in PD 7) Incorporating music in rehabilitation 8) Palliative issues in Advanced stage PD	Nil	\$530	\$590	Skills & Knowledge-based	Classroom	4 half days	2 - 7	Sep 2021	joyce.lee.g.l@sgh.com.sg
PT	Resistance Bands, Balls and Balance	1) Understand the scientific basis for elastic resistance exercise prescription and progression 2) Demonstrate the appropriate use of elastic resistance devices 3) Understand the scientific basis for proprioceptive training and progression 4) Demonstrate appropriate use of proprioceptive training devices 5) Apply principles of clinical progressions using elastic resistance and proprioceptive training devices	1) The Science of Elastic Resistance Training 2) Hands on: Elastic Resistance Lab 3) Progressive Proprioceptive Training Lecture 4) Proprioceptive Lab – Balls and Balance 5) Clinical Progressions and Functional applications	Nil	\$320	\$360	Skills & Knowledge-based	Classroom	1 day	16	Jul 2021	joyce.lee.g.l@sgh.com.sg
PT	SENSE MAKING: Advance X-Ray and CT Imaging of the Thorax for Physiotherapists	1) Understand the common terminology used in Chest X-ray and Chest CT. 2) Understand the technical parameters and scanning protocols used for Chest X-ray and Chest CT. 3) Recognise basic radiological anatomy of Chest X-ray and Chest CT. 4) Differentiate normal and abnormal radiological appearances in chest and lung diseases. 5) Integrate key radiological findings in the assessment of patients with chest related diseases.	1) Understand the fundamental knowledge on how Chest X-ray and Chest CT images are produced. 2) Recognise the parameters that can be selected when viewing these images via online platform such as the Carestream VUE motion. 3) Recognise chest/lungs anatomy. 4) Characterise respiratory diseases based on their X-ray and CT features. 5) Enhance the physiotherapists' radiological, in particular X-ray and CT, evaluation and management of the patients with respiratory diseases.	Participants should preferably have knowledge in human chest anatomy	\$490	\$540	Skills & Knowledge-based	Classroom	2 half days	1 - 2	Nov 2021	carlyn.wee.g.p@sgh.com.sg

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PT	Stroke Guidelines Translation (NEW)	<ol style="list-style-type: none"> Appraise literature on stroke management guidelines Describe and compare theoretical approaches that are commonly used Select appropriate theoretical approaches in accordance to the context of the project being designed 	<ol style="list-style-type: none"> Updates on clinical guidelines for stroke management and how these guidelines are prioritized and implemented in the clinical setting Addressing the issues and gap in the research translation pipeline Introducing implementation science and what it entails: theoretical approaches and how they are used in practice Sharing of successful implementation of evidence-based practices in the clinical setting The role of implementation science in the emergence of telehealth during the COVID-19 pandemic 	Nil	\$1430	\$1590	Skills & Knowledge-based	Classroom	3 days	27 - 29	Oct 2021	joyce.lee.g.l@sgh.com.sg
POD	Sports Podiatry (NEW)	<ol style="list-style-type: none"> Develop an understanding of the role of podiatry in sports medicine Enhance knowledge and skills in assessment and treatment of conditions pertaining to sports podiatry. 	<ol style="list-style-type: none"> Overview of sports and exercise medicine in Podiatry Types of common sports injuries affecting the lower limb Sports injury: Acute versus chronic Clinical biomechanics and biomechanical aspects of injury in relation to specific sports Clinical assessment of common sport injuries in adults and adolescents including differential diagnosis Running-related sport injuries and gait analysis in running sports Treatment of sports injuries <ul style="list-style-type: none"> Conditioning and strengthening of lower limb exercises Role of orthotics and its modifications for sports related injuries Adjuvative treatment modalities 	Nil	\$1220	\$1350	Skills & Knowledge-based	Classroom	2 days	10 - 11	Jan 2022	agnes.low.s.m@sgh.com.sg
POD	Podiatry Clinical Assistant Training (NEW)	<p>At the end of the course, participants must be able to:</p> <ol style="list-style-type: none"> Conduct Diabetic foot screening Set up and use clinical assessment tools such as toe pressure machine Apply simple dressing and assist podiatrists in advanced wound therapies such as NPWT Conduct stretching and strengthening exercises Assist in orthotic modifications 	<p>All sessions will include both theory and practical sessions</p> <p>Part I: Diabetic Foot Screening</p> <ol style="list-style-type: none"> Overview and understanding of diabetic foot diseases Identify risks factors for diabetic foot ulceration Conducting a diabetic foot screening Patient Education <p>Part II: Toe pressure</p> <ol style="list-style-type: none"> Set up of toe pressure Conduct toe pressure assessment <p>Part III: Assisting in wound therapies</p> <ol style="list-style-type: none"> Simple dressing techniques such as cutting of dressing materials and application on wound Assisting in NPWT application <p>Part IV: Musculoskeletal</p> <ol style="list-style-type: none"> Anatomy of lower limb and overview of basic lower limb biomechanics Types of stretching and strengthening of lower limb exercises Provide footwear education <p>Part V: Orthotic modifications</p> <ol style="list-style-type: none"> Basic knowledge of orthotic materials Cutting techniques, and techniques reduce wastage of 	Nil	\$1330	\$1480	Skills & Knowledge-based	Classroom	3 days	TBC	Feb or Mar 2022	agnes.low.s.m@sgh.com.sg

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April 2021 – March 2022

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Classroom-based Learning² Courses

² face-to-face classroom teaching subjected to safe management measures guidelines and advice

Professions	Course/Lecture Title	Course Objectives	Course Outline	Pre-Requisites	Fee (SingHealth Staff)	Fee (Regular)	Category	Mode of Training	Duration	Date(s)	Month(s)	Course in-charge
RAD	Radiography Image Interpretation (NEW)	1) Know the correct anatomical terms for description or radiographic abnormalities. 2) Identify common normal variants that mimic an abnormality. 3) List the 5 common abnormalities in the upper extremities, lower extremities, pelvis/hip, spine, head region, chest and abdomen. 4) Apply a systematic method of radiography image interpretation. 5) Recognise the radiographic appearances of critical abnormalities	1) Basic principle in radiographic imaging (i.e. positioning, projections and exposures technique) of the extremities, chest and pelvis 2) Systematic approaches to radiographic images interpretation 3) Critical abnormalities and how to recognise fracture from normal variants	Participants must have basic knowledge in human anatomy	\$780	\$870	Skills & Knowledge-based	Classroom	2 days	7 - 8	Oct 2021	carlyn.wee.g.p@sgh.com.sg
RAD	SENSE MAKING: Advance X-Ray and CT Imaging of the Thorax for Physiotherapists	1) Understand the common terminology used in Chest X-ray and Chest CT. 2) Understand the technical parameters and scanning protocols used for Chest X-ray and Chest CT. 3) Recognise basic radiological anatomy of Chest X-ray and Chest CT. 4) Differentiate normal and abnormal radiological appearances in chest and lung diseases. 5) Integrate key radiological findings in the assessment of patients with chest related diseases.	1) Understand the fundamental knowledge on how Chest X-ray and Chest CT images are produced. 2) Recognise the parameters that can be selected when viewing these images via online platform such as the Carestream VUE motion. 3) Recognise chest/ lungs anatomy. 4) Characterise respiratory diseases based on their X-ray and CT features. 5) Enhance the physiotherapists' radiological, in particular X-ray and CT, evaluation and management of the patients with respiratory diseases.	Participants should preferably have knowledge in human chest anatomy	\$490	\$540	Skills & Knowledge-based	Classroom	2 half days	1 - 2	Nov 2021	carlyn.wee.g.p@sgh.com.sg
RAD	Ultrasound Elastography	1) Understand the principles of strain and shear-wave elastography 2) Familiar with the differences between strain and shear-wave elastography 3) Understand the clinical application of strain and shear-wave elastography in the evaluation of liver fibrosis & cirrhosis, musculo-tendinous pathologies and breast lesions 4) Recognize the normal and abnormal features of liver, musculo-tendinous and breast tissues evaluated using ultrasound elastography	1) Clinical applications of elastography include breast and prostate lesions characterization, fibrosis staging and musculoskeletal. 2) Strain and shear-wave elastography, and the required knowledge and skills in the use of elastography in liver, musculoskeletal and breast imaging.	Participants should preferably have knowledge in basic ultrasound/ basic skill in performing ultrasound scan	\$520 (GP) \$410 (AHP)	\$580 (GP) \$460 (AHP)	Skills & Knowledge-based	Classroom	1 day	23	Oct 2021	carlyn.wee.g.p@sgh.com.sg
AHP	Applied Suicide Intervention Skills Training (ASIST)*	1) Acquire knowledge and skills to deal with person at risk of suicide with greater confidence and competence. 2) Recognise and assist persons at risk of suicide using an effective suicide intervention model.	1) Introduction Module - Sets the tone, norms & expectations of the learning experience. 2) Attitudes Module - Sensitises participants to their own attitudes towards suicide. Creates an understanding of the impact that attitudes	Nil	\$720	\$800	Skills & Knowledge-based	Classroom	2 days	15 - 16 25 - 26 10 - 11	Jul 2021 Nov 2021 Mar 2022	amelia.lim.j.t@sgh.com.sg
AHP	Developing Leadership Capabilities & Effectiveness*	1) Understand principles and insights into leadership 2) Apply knowledge and skills learnt 3) Develop into not merely good, but an extraordinary and effective leader	1) Great Leaders Make a Great Difference 2) Character is the Essence of Leadership 3) Leadership Principles and Skills 4) Leadership Styles: Using the Right One 5) Leadership and Teams 6) Legacy of Leadership: Develop Your People	Nil	\$650	\$720	Leadership & Communications	Classroom	2 days	TBC	Oct - Nov 2021	carlyn.wee.g.p@sgh.com.sg

* This course may be applicable to doctors or nurses.

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AHP	Diabetes Nutrition Course*	1) Educate the multidisciplinary diabetes healthcare providers with basic yet essential nutrition knowledge on diabetes. 2) Debunk misconceptions surrounding diet and diabetes. 3) Enhance the importance of using self-blood glucose monitoring as a tool to better achieve the control of blood glucose level and to see how different food affect blood glucose level	1) Nutrition – in diabetes management 2) Diabetes nutrition recommendations – current updates 3) "Diabetic diet" – Facts and Fallacies 4) Eating with Diabetes 5) Meal Planning with Diabetes 6) Glycaemic Index and mixed meals 7) Importance of SBGM 8) Tracking hypers and hypos 9) Eating Out 10) Armchair supermarket tour	Nil	\$350	\$390	Skills & Knowledge-based	Classroom	1 day	7	Sep 2021	amelia.lim.j.t@sgh.com.sg
AHP	Enteral Nutrition Course*	1) Equip healthcare providers with skills in handling patients requiring enteral nutrition feeding. 2) Promote evidence based practice for enteral nutrition management. 3) Perform nutrition screening and identify patients requiring enteral nutrition 4) Understand the causes and problems of malnutrition, and the importance of providing appropriate enteral nutrition 5) Identify feeding problems/complications in tube fed patients 6) Understand the various commonly used enteral feeds 7) Understand the various feeding tubes/devices and its management	1) Nutrition screening and assessment 2) Enteral feeding rationale and monitoring 3) Enteral feeds selection 4) Enteral feeds taste testing session 5) Identifying enteral feeding complications 6) Enteral feeding trouble shooting 7) Medication administration via feeding tube 8) Feeding tube selection	Nil	\$370	\$410	Skills & Knowledge-based	Classroom	1 day	TBC	Feb 2022	amelia.lim.j.t@sgh.com.sg
AHP	Positive Leadership*	Upon completion of the course, participants will be able to explain: 1) The case for positive leadership 2) How to imbue positive meaning into work and leadership 3) The importance of empathy and psychological safety in healthcare 4) The importance of positive emotions, energy management and positive energy 5) How to give and receive growth-promoting feedback	1) The Case for Positive Leadership 2) Positive Meaning in Work 3) Positive Relationships, including Team 4) Psychological Safety and Empathy 5) Cultivating Supportive Feedback Culture 6) Leading with Emotional and Energy Awareness	Healthcare professionals with leadership position only	\$770	\$860	Skills & Knowledge-based	Classroom	2 days	TBC	Aug 2021	amelia.lim.j.t@sgh.com.sg
AHP	Radiography Image Interpretation* (NEW)	1) Know the correct anatomical terms for description or radiographic abnormalities. 2) Identify common normal variants that mimic an abnormality. 3) List the 5 common abnormalities in the upper extremities, lower extremities, pelvis/hip, spine, head region, chest and abdomen. 4) Apply a systematic method of radiography image interpretation. 5) Recognise the radiographic appearances of critical abnormalities	1) Basic principle in radiographic imaging (i.e. positioning, projections and exposures technique) of the extremities, chest and pelvis 2) Discuss on the systematic approaches to radiographic images interpretation 3) Discuss on critical abnormalities and how to recognise fracture from normal variants	Participants must have basic knowledge in human anatomy	\$780	\$870	Skills & Knowledge-based	Classroom	2 days	7 - 8	Oct 2021	carlyn.wee.g.p@sgh.com.sg
AHP	Transfer Techniques (Train-the-Trainer)	1) Demonstrate good ergonomics during transfer 2) Know how to use the various types of assistive transfer devices 3) Demonstrate various patient transfer techniques 4) Share knowledge on good ergonomics for transfer 5) Develop problem solving skills to select appropriate patient transfer techniques to aid staff teaching	1) Work-related Musculoskeletal Disorders 2) Principles in Safe Handling of Load 3) Proper body mechanics in manual lifting and patient handling 4) Techniques in manual handling and transferring (including practical) 5) Skills to train in techniques of lifting and manual handling and transfers of patients	Nil	\$750	\$830	Skills & Knowledge-based	Classroom	2 days	21 - 22	Mar 2022	joyce.lee.g.l@sgh.com.sg

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