

In Summary

What you need to know about probenecid?

- Take probenecid approximately at the same time every day, unless instructed otherwise by your doctor.
- Always come for your blood tests on the scheduled date.
- Beware of the side effects and know when to seek immediate medical attention.
- Do not take over-the-counter medicines, supplements or herbal medicines without checking with your doctor/pharmacist/advanced practiced nurse first.
- For patients who intend to start a family, consult your doctor before you start the treatment.
- If you have any questions about the treatment, please discuss it with your doctor/advanced practice nurse at 65762418 or Pharmacist at 63265077.

Produced by
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Probenecid



About your medicine

- Probenecid is used to lower uric acid levels in the body by enhancing its excretion in urine.
- It helps to prevent the formation of uric acid stones in the kidney.

What to tell your doctor before this medicine is given to you?

- If you have G6PD (glucose-6-phosphatase dehydrogenase) deficiency, please let your doctor know about it as probenecid may not be suitable for you.
- Probenecid may increase the risk of urinary tract stone formation. Please let your doctor know if you have a history of kidney stone.

How is the medicine given?

- Your doctor would normally start it at a low dose and gradually increase the dose if necessary.
- Probenecid helps you pass out more uric acid in your urine, you need to drink about 8 to 9 glasses of water throughout the whole day IF you are not told to restrict water intake by any of your doctors.
- It is advisable to take probenecid with/immediately after meals to prevent nausea or vomiting.

How long does it take for the medicine to be effective?

- It usually takes months to notice any improvement in symptoms after starting probenecid.

What should I do if I forget a dose?

- If you have missed a dose, take it as soon as you remember.
- If it is almost time for your next dose, skip the missed dose and continue with your regular dosing schedule.
- Do not double the dose to make up for the missed dose.

What are the possible side effects of the medicine?

- The medication is generally well-tolerated. The most common side effects are:
 - Loss of appetite
 - Headache
 - Nausea
 - Vomiting

When do I seek immediate medical attention?

- As with any other medications, a very small number of patients using probenecid may experience RARE but serious side effects. Do seek medical attention if the following occur:
 - Wheezing or trouble breathing
 - Swelling around the eyes or eyelids
 - Skin rash, severe itching or hives
 - Unexplained fever or sore throat
 - Bloody urine or painful urination
 - Feeling very tired or weak

Can I take other medicines or supplements?

- Your doctor may prescribe pain-relieving treatments to reduce inflammation and pain and to prevent gout flare during the initial treatment.
- Always check with the doctor or pharmacist first before taking over-the-counter medicines.
- Do not take any supplements, alternative or herbal medicines without informing your doctor or pharmacist.

What special dietary instructions should I follow?

- Maintain adequate hydration (2 to 3 litres of fluid a day, unless otherwise advised by your doctor).

Can I start a family or breastfeed?

- Please tell your doctor if you are pregnant, preparing for pregnancy or breastfeeding before you begin the treatment.

How should I store the medicine?

- Keep the tablets away from heat, moisture and direct sunlight.
- Keep all medicines out of reach of children.