#### DR LUI NAI LEE

SingHealth Medical Senior Residency Program Consultant, Department of Rheumatology & Immunology, Singapore General Hospital



### A WORD FROM OUR PROGRAM DIRECTOR

During my medical school years, a senior professor of mine would often quote Confucius; "A journey of a thousand miles begins with a single step". It was difficult for a young medical student to appreciate this then.

Now, you have reached where you are after years of hard work and passing examination after examination, and I would like to congratulate you for getting this far in your career. As you reach this critical junction in your journey, I hope that you would consider Rheumatology as your next step.

Our program believes in providing the best possible learning experience. You will be exposed to a broad spectrum of Rheumatology and Autoimmune conditions in your day to day work and our subspecialty clinics will expose you to highly complex and challenging Rheumatology conditions. Through all this, you will be guided by our team of dedicated and experienced Faculty through close supervision and timely feedback. We aim to provide you with a dynamic and lively environment for training in all aspects of Rheumatology.

In March 2013, our new one-stop outpatient center, the Autoimmunity & Rheumatology Center (ARC) opened its doors. We are the first center in this region to provide a one-stop service dedicated to complex Rheumatology and Autoimmune disorders with team-based care given by Rheumatologists, Nurses and Allied Health Professionals.

Finally, I would like to share with you our department's vision and mission:

#### CAREER TRACKS

After your exit from the program, you can decide on the three tracks that are currently available in our institution, that is, Clinician Educator, Clinician Researcher/Scientist or pure Clinician. All three tracks are equally needed and valued in our department as they are essential in helping us achieve our vision.

As mentioned, we believe in letting you grow and discover your passion. During your three years with us, you will have ample time to decide on the track that you would like to pursue. We will support you in whatever decision you make.

> **CONTACT DETAILS** Dr Lui Nai Lee

Email: lui.nai.lee@sgh.com.sg

For more information, please visit: www.singhealthresidency.com.sg/Pages/Rheumatology.aspx

"Our Mission: to deliver state-of-the-art, cost-effective. holistic care for patients and foster a collegial environment for learning, teaching and research".

"Our Vision: to be a globally recognized academic department where a passionate team delivers excellent patient-centric healthcare in a vibrant environment for research and education".

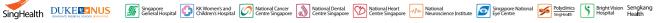
We are confident that this new journey will lead you to greater heights and greater fulfillment in life. Take your next step with us and we will walk this journey together!

www.singhealthresidency.com.sg



SHARE YOUR LOVE FOR MEDICINE www.facebook.com/SingHealthResidency

Partners in Academic Medicine Members of the SingHealth Group



























Major Participating Site



# RHEUMATOLOGY

**MEDICAL SENIOR RESIDENCY PROGRAM** 



### JOIN US

Rheumatology is an excellent career choice if you enjoy the challenges of clinical medicine and its diversity, as well as sharing long term relationships with your patients.

At the Department of Rheumatology and Immunology SGH, we are committed to training the next generation of Rheumatologists. With our new Autoimmunity and Rheumatology Centre (ARC), dedicated physician Faculty members and extensive clinical and research resources, we are focused on providing you with the best experiential learning experience needed to fully realize your potential as a highly competent physician.

As a Senior Resident in our department, you will train in a leading hospital dedicated to clinical care and research. With over 20,000 ambulatory visits a year, we at Singapore General Hospital (SGH) Rheumatology aim to equip you with broad-based knowledge in the management of common rheumatological/immunological diseases and help you develop your clinical acumen in both general medicine and autoimmune diseases - our small contribution in preserving the art of medicine.





Program Director, Rheumatology

Dr Lui Nai Lee

If Bhutan is the Happiest country in the

discipline in Medicine\*. Come join us for

world, Rheumatology is the Happiest

a rich and fulfilling journey as we walk

together to improve our patients' lives!

# WHY SINGHEALTH RHEUMATOLOGY?



At the Department of Rheumatology and Immunology, we believe in letting you grow and discover your passion in clinical care, education and/or research. Through our dedicated, passionate and vibrant team of doctors with many years of teaching experience, you can be assured that you will be well guided and tutored in your journey with us. We enjoy teaching at various levels and strive to enhance teaching beyond Rheumatology, with emphasis on professionalism, interpersonal and communication skills.

Our new Autoimmunity and Rheumatology Center (ARC) was set up with you in our minds. The rooms are designed such that you will have easy access to your supervisor next door and the advanced nurse practitioner. The ARC also houses multi-purpose rooms that are designed to be converted to tutorial rooms for teaching of students and Residents.

To ensure that you have the highest level of competency in managing the most complicated and difficult rheumatology cases, you will be attached to the subspecialty clinics like Scleroderma, Spondyloarthritis, Rheumatoid Arthritis, Psoriatic Arthritis, OA research and Systemic Lupus Erythematosus clinics. In the Musculoskeletal Ultrasound clinic, you will be required to achieve competency in detecting synovitis by the end of your second year with

us. To further enhance your learning, you can participate in on-going departmental research activities and learn the concepts and intricacies of research in Rheumatology.

Apart from our usual bedside teaching/ hands on learning, our robust training program includes didactic lectures, grand rounds, clinically appraised topics, journal clubs, tutorials and other important courses with the Centre For Resident And Faculty Development (CRAFD).

We are also part of the broader national training program that runs a bi-weekly core Rheumatology lectures. For those interested in research, we will provide you with experience in our research laboratories, either internally or externally, as well as a wide spectrum of unparalleled formal learning opportunities through our partnership with Duke-NUS Graduate Medical School and other research institutions.



#### OVERALL EDUCATIONAL GOALS

- 1. Provide comprehensive, evidence based and cost-effective diagnosis, investigation and management of patients with rheumatic disease.
- 2. Counsel patients and the broader community on the prevention of and rehabilitation in rheumatic diseases.
- Communicate effectively and compassionately with referring primary care physicians, specialists in medical subspecialties, surgeons, allied health

- professionals, patients and their families on the continuing care of rheumatology patients.
- Communicate constructively and effectively with other Rheumatologists and physicians (especially referring physicians) and other healthcare professionals.
- Function as a member of the healthcare team and coordinate the team as appropriate.

- Contribute to the education of students, other physicians, other healthcare professionals, the patients and their families.
- 7. Perform necessary technical skills specific to the management of patients with rheumatic diseases.
- 8. Maintain complete and accurate medical records.
- Undertake accurate self-appraisal, develop a personal continuing education strategy and pursue lifelong mastery of Rheumatology to maintain and improve professional skills.
- Understand and critically appraise the design, implementation and interpretation of published research and apply it relevantly to patient care.