



METANEPHRINES, URINE (METANEPHRINE and NORMETANEPHRINE)

Synonym(s):

Back To Previous Page (javascript: history.go(-1))

Lab Section Category	Clinical Biochemistry Click here to find out more about the write-up (/clinical-departments- centers/pathology/pathology-handbook/lab-discipline-special-instructions/pages/clinical- biochemistry.aspx).
Specimen Required	24 hr urine in 15 mL 50% HCl Minimum aliquot volume : 30 mL urine
Method	High Performance Liquid Chromatography
Reference Interval/Value	≥20 yrs Metanephrine : 400 - 1500 nmol/day ≥20 yrs Normetanephrine : 600 - 1900 nmol/day For subjects 19 yrs and below, results are expressed as per mmol creatinine (see individual tests)
Turnaround Time	Mean = 7 days, Range: 3 - 11 days
Day(s) Test Set up	Monday - Friday

Remarks	Instructions before sampling:
	Patient should abstain from the following at least 2 days prior to and during urine specimen
	collection:

- intake of food like chocolate, coffee, banana, food containing vanilla, citrus fruits and

- where medically possible, drugs such as aspirin, α -methyldopa (Aldomat), buspirone, codeine, isoproterenol, mandelamine and metocloproamide. If the patient cannot be completely removed from a drug regimen, test result should be interpreted with appropriate judgement based on expected physiological response to these drugs.

Total 24-hour urine volume must be clearly indicated.

Back To Previous Page (javascript: history.go(-1))

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