

# My Child's Developmental Guide

## Gross Motor

- Walks independently (12-16 months)
- Climbs on and off furniture without support (15-18 months)
- Picks toys from the floor without losing balance (15-18 months)

## Fine Motor and Vision

- Catches a ball that has been rolled to him (13 months)
- Matches 1 shape (13 months) and 2 shapes (17-18 months) in shape sorter
- Stacks 2 cubes (15 months) and 3 cubes (18 months)
- Scribbles spontaneously (15-18 months)

**12 to 18  
Months**

## Language and Hearing

- Responds to own name (12 months)
- Follows simple one-step instructions (12-15 months)
- Identifies body parts (15-18 months)
- Points to someone or an object that he wants (12-14 months)
- Says "No" with meaning (13-15 months)
- Says several single words (15-18 months)

## Personal Social

- Finds objects that are hidden but easily detected (15 months)
- Drinks from a cup, takes off shoes & socks, assists with dressing and attempts to feed self (18 months)
- Imitates actions and every day activities (18 months)



## Activities you can do with your child



- **Roll** a ball to him to catch while he is seated.
- **Walk** with pull toys.
- **Dance** to music.
- **Play** with blocks and shape sorters.
- **Allow** your child use a crayon/marker to draw freely on paper.
- **Show** your child how to draw vertical and horizontal lines.
- **Read** with your child. Have him help to turn the pages of the book. Point to pictures in the book and talk about them.
- **Look** at what your child is interested in and talk about it.
- **Name** body parts, toys and objects during play and daily routines to teach your child what they are called.
- **Take turns** when you play and chat with your child. Children learn from taking turns when you play, talk or explore.
- **Sing** nursery rhymes with actions and get your child to imitate them.
- **Hide** small toys and other things and ask your child to find them.
- **Allow** him to feed himself with a spoon and drink from a cup (some spilling is expected!).
- **Encourage** pretend play using toy telephones, cars, dolls, cooking sets, etc.



- **Avoid** use of screen media other than video-chatting.

## Flag out when your child



- Does not babble, point or use gestures by 12 months.
- Does not speak a single word by 18 month.
- Has lost any language skills.
- Does not respond readily to affection.
- Not able to stand unsupported by 15 months.
- No attempts to take steps while holding onto furniture by 15 months.
- Does not walk by 18 months.
- Does not make attempts to scribble by 18 months.
- Cannot hold and use a spoon or cup by 18 months.
- Develops a hand preference, preferring to use one hand over the other.

**Consult** a doctor if you are concerned about your child's development.