

NEONATAL NEURODEVELOPMENTAL FOLLOW-UP PROGRAMME

Department of Neonatal and Developmental Medicine

Dear Parents,

Welcome to the Neonatal Neurodevelopmental Follow-Up Programme at Singapore General Hospital. This leaflet has been written to give you additional information regarding this.

What is the Neonatal Neurodevelopmental Follow-Up Programme?

This is an individualised and comprehensive outpatient follow-up service offered to babies needing intensive care following birth.

Who are the team of healthcare professionals involved in the Follow-Up Programme?

The team comprises of specialists who are experienced in addressing the on-going needs of your baby and includes neonatologists, nurses, physiotherapists, speech therapists and medical social workers.

Why has this programme been set up?

The follow-up programme aims at multi-disciplinary assessments of your baby's neurodevelopment on discharge from Hospital. These

visits will also allow us the opportunity to provide timely support should any problems be highlighted during the assessments.

Why has my baby been included in the Follow-Up Programme?

We invite all babies for follow up if they were born prematurely. We also invite more mature babies with significant medical problems in the newborn period.

What happens during these appointments?

A neonatologist will lead the follow-up of your baby following discharge from Hospital. After the first visit, you will receive a series of appointments, scheduled at regular intervals, for on-going outpatient follow-up. During the visit, our team of healthcare professionals will assess your baby and discuss any concerns you may have. We will assess baby's growth and examine your baby's posture, movements, and activity. Your baby's developmental milestones, feeding and immunisations will also be reviewed.

What other information do I need to know about these appointments?

We may also ask you to fill out some questionnaires that will give us more information about your baby. These will be given to you at the time of the appointment and we will offer assistance with the form filling, if required.

How long do these visits last and do I need to make any special preparations?

Although every effort will be made to keep to the appointment time, please be prepared for possible delays. We recommend that

you allow 1.5-2 hours for each visit. We would advise you to come prepared with milk and baby food, a toy or a book your baby likes and a baby blanket. We would also encourage you to bring your 'Baby Book' and you may also wish to bring along a list of questions or concerns that you would like to discuss with the team.

How will I be informed about the appointments?

You will receive a letter with the appointment date and time closer to the clinic visit.

Where should my baby and I go for these visits?

We are located at the Baby Clinic at the Obstetrics and Gynaecology Centre, Block 5, Ground Floor, Singapore General Hospital. When you arrive, do remember to inform the staff at our counter that you are here to attend the Neonatal Neurodevelopmental Follow-Up Programme. If you have an appointment letter or a referral letter, please bring these along and pass them to our staff at the counter.

Aside from the Follow-Up Visit appointments, does my baby need to attend any other appointments?

Other appointments, in addition to the follow-up visit may have been arranged at the time of your baby's discharge from hospital. During the follow-up visits, the Doctor will inform you of these in addition to referrals to various specialists for early intervention should the need arise. We will try our best to allocate future appointments to facilitate your schedule.

What if I cannot attend?

If you are unable to attend or wish to cancel the appointment for any reason, please telephone during office hours any of the following individuals. Alternatively, please email Susan, our programme coordinator.

Susan Phung | Programme Coordinator
DID : (65) 6321 4597 | Fax : (65) 6576 7785
Email: phung.took.cheng@sgh.com.sg

Nurse | Neurodevelopmental Follow-Up Programme
DID : (65) 6321 4543

Sharon Yam | Staff Nurse | Baby Clinic, O&G Centre
DID : (65) 6326 5938

Anaathi D/O Razoo | Clerk | Ward 54 – NICU
DID : (65) 6321 4540

Your Baby's typical follow-up schedule

Corrected Age	Follow-Up
6 months	Neonatologist, Physiotherapist
12 months	Neonatologist, Physiotherapist
18 months	Neonatologist, Speech and Language Therapist
24 months	Neonatologist, Physiotherapist, Psychologist
5.5 years	Neonatologist, Psychologist
8 years	Neonatologist, Psychologist