

## Pre-Surgery Instructions – Local Anaesthesia

### Preparing for Surgery:

Your surgery reporting time will be confirmed by 4pm, 1 working day before your surgery.  
If you do not receive a call from us, please contact the Pre-Surgery Hotline at 65761248 during our working hours.

Working hours: Monday to Friday (8am-6pm), Saturday (8am-12pm).

### **DO NOT**

X	Smoke one day before your surgery.
X	Bring valuables (such as laptops) or excessive cash (not more than S\$20) to the hospital on the day of operation. The hospital will not accept responsibility for any losses.
X	Apply makeup, nail polish/gelish or wear jewellery.

### **DO**

✓	Inform the <b><u>Pre-Surgery Hotline at 65761248</u></b> during our working hours if you are feeling unwell. E.g. Flu, Cough, Fever 7 days prior to the operation. Working hours: Monday to Friday (8am-6pm), Saturday (8am-12pm).
✓	Bring your deposit payment and/or employee medical benefits eg Hospital Identification Card, company Letter of Guarantee etc.
✓	Take your regular medication with a small sip of water (100ml) at 6am, if you have: <ul style="list-style-type: none"><li>• High Blood Pressure</li><li>• Heart Problems</li><li>• Diabetes</li></ul> If you are taking any anti-platelet medications such as Warfarin, Aspirin, Ticlid, Plavix etc, please follow your physician's advice.
✓	Bring along your inhaler if you have Asthma.
✓	Dress comfortably and wear comfortable shoes.
✓	Bring along a container for your spectacles or contact lens, if you are wearing them.
✓	Report for your surgery with a parent/guardian to give consent for your surgery if you are below 21 years old.