

Pre-Surgery Instructions

Preparing for Pre-Admission Assessment:

Please bring the following items for your Pre-Admission Assessment appointment

- 1) SingPass ID and password;
- 2) Employee medical benefits eg Hospital Identification Card, company Letter of Guarantee etc;
- 3) All medications that you are taking, for discussion with the Anaesthesiologist.

Preparing for Surgery:

Your surgery reporting time will be confirmed 1 day before your surgery.

DO

✓	Report punctually at the place of admission. Our staff will register and prepare you for your surgery.
✓	Have a parent / guardian present to give consent for your operation if you are below 21 years old.
✓	Bring along your medication as advised by anaesthetist on day of surgery.
✓	Bring only X-ray films / CDs (from Private Hospitals or non-local hospitals) and any medical notes from your doctor on the day of admission and hand them to the nurse.
✓	Bring along a protective case for all your spectacles or hearing aids, if you are wearing them.
✓	Arrange for a relative or friend to accompany you home when you are discharged (if you are going home on the same day of surgery), and ensure that you have a reliable caregiver at home.
✓	Inform the Pre-Surgery Hotline (6576 1248) if you are feeling unwell. E.g. Flu, Cough, Fever 7 days prior to the operation. Working hours: Monday to Friday (8am-6pm)
✓	Take medication as instructed by the anaesthetist with a small cup of plain water (200ml) on day of surgery.

DON'T

X	Don't apply makeup, nail polish, or wear jewellery or contact lenses on day of surgery.
X	Don't bring excessive cash or valuables (including laptops and personal mobility aids such as motorised wheelchairs) to the hospital on the day of surgery. - Wheelchairs are available for your use during your stay with us. The hospital reserves the right to safe-keep such valuables as our policies dictate. The hospital will not be responsible for any loss of your personal belongings or valuables.
X	Don't bring items such as lighters, matches, knives or any other sharp objects that are prohibited in SGH. These items will be kept by the ward and returned to the patient upon discharge.
X	Don't smoke one day before your surgery.
X	Don't take diabetic medication on day of surgery.