Welcome to the SingHealth Anaesthesiology Residency Program. We appreciate you taking the time and effort to consider our unique program. SingHealth offers a five-year structured program for the education and training of physicians in the science and art of anaesthesiology, intensive care and pain medicine.

SingHealth is a dynamic and rewarding place in which to pursue advanced medical training. As the nation’s leading and largest healthcare cluster, SingHealth offers you a depth and diversity of experience found in no other institution.

SingHealth has a strong history of producing outstanding anaesthesiologists who are clinical and academic leaders in Singapore’s healthcare scene. Our anaesthesiology departments maintain a strong presence and are respected among the local institutions. Today, our Residency Program continues this tradition and empowers you with the tools to make a difference in the healthcare system.

Over and above the dynamic education curriculum, a diverse clinical experience and state-of-the-art technology, what sets us apart is our people. Teamwork, camaraderie and family are core to us. The faculty is devoted to helping you achieve your career goals, while maintaining a balance with family life and personal interests, through a supportive environment that maintains high clinical and academic standards.

We invite all those who look to thrive in an intellectually stimulating and friendly environment to consider SingHealth for their Anaesthesia residency training. Thank you for your interest in our program.

Dr Ruban Poopalalingam
Program Director (Anaesthesiology)
SingHealth Residency Program
Nurturing Dynamic Anaesthesiologists

The primary educational goal of our well-rounded and comprehensive Anaesthesiology Residency Program is to provide you the opportunity to develop to the maximum of your ability. Residents are exposed to a diverse range of clinical experience through structured subspecialty rotations that allow flexibility to meet individual goals and objectives.

Throughout your training, you will learn from and alongside seniors and mentors as you function as an invaluable member of the healthcare team. With timely supervision, nurturing mentors and an emphasis on lifelong learning, you will be equipped with the skills and values expected of a well-balanced, knowledgeable and compassionate consultant.
Gain your competitive advantage as an anaesthesiologist by training with SingHealth.

**Learn From The Best**

Gain your competitive advantage as an anaesthesiologist by training with SingHealth.

**Depth and Breadth of Clinical Case-mix**
The SingHealth Anaesthesiology Residency Program covers a wide range of clinical anaesthesia exposure at Singapore General Hospital (SGH), KK Women’s and Children’s Hospital (KKH), Changi General Hospital (CGH), National Cancer Centre Singapore (NCCS), National Heart Centre Singapore (NHCS), National Dental Centre Singapore (NDCS), Singapore National Eye Centre (SNEC) and National Neuroscience Institute (NNI), all premier institutions in their own right. This close proximity provides unique multidisciplinary opportunities for rigorous and rewarding medical training, patient care and research.

**Academic Activities**
Our program maintains a vigorous education schedule, with the aim of providing ample opportunities for residents and faculty to interact and enhance learning, often with local experts and visiting professors. The wide span of educational activities – including morbidity and mortality meetings, incident reporting, intensive care grand ward rounds, subspecialty interactive teaching programs, critical appraisal of research publications and multidisciplinary learning forums – will imbibe you with the best in academic medicine. Our Residency Program will aid you in preparing for the M Med (Anaesthesiology) and FANZCA examinations through the conduct of intensive didactic curriculum, mock viva voce and written examinations.

**Renowned Faculty, Dedicated Mentors**
Our teaching faculty represents a diverse group of skilled and talented anaesthesiologists across SingHealth who are recognized leaders in their field, having published and lectured extensively. Passionate about nurturing future specialists, our faculty is approachable, dedicated and supportive.

**Research Opportunities**
Residents can participate in research with experienced mentors and can expect guidance in designing and conducting research protocols of their own in a supportive environment. Thus far, many residents have had the opportunity to present their research at various conferences.
“Here, there is an impressive commitment to education and myriad opportunities for learning both in and out of the operating theatre. A wealth of formal teaching sessions and the even more valuable resource of approachable senior staff that is invariably willing to edify and enlighten – a close-knit department with a strong culture of inquiry and research.”

Dr Oriana Ng
Medical Officer Trainee

Program Curriculum

The resident entering our Anaesthesiology Residency Program will spend five years acquiring the skills, knowledge and expertise essential to the modern evidence-based practice of Anaesthesiology. Drawing upon the vast resources of SingHealth and the mentorship of its brilliant faculty, you will learn to care for an extremely diverse and medically challenging patient population.

An intensive orientation program of interactive lectures, workshops and close operating theatre supervision by nurturing mentors is designed to enable you to progress safely and comfortably through the initial stages of residency. During the next five years, experience is gained systematically through a block rotation system. Progression from one postgraduate year to the next involves a graduated increase in responsibility, commensurate with your developing skills, independence and clinical acumen. This curriculum also includes several months of elective time that you can spend pursuing your unique clinical and research interests.

Sample Rotation Chart

<table>
<thead>
<tr>
<th>R1</th>
<th>Clinical Anaesthesia Basic Year</th>
<th>Orientation* 1 month</th>
<th>MSA* 3 months</th>
<th>APS 1 month</th>
<th>Ambulatory 1 month</th>
<th>GYN 1 month</th>
<th>GYN PEC 1 month</th>
<th>MSA 1 month</th>
<th>MSA 1 month</th>
<th>ICU 1 month</th>
<th>PEC PACU 1 month</th>
</tr>
</thead>
<tbody>
<tr>
<td>R2</td>
<td>Clinical Anaesthesia Subspecialty Rotations</td>
<td>Pediatric 2 months</td>
<td>Airway* 1 month</td>
<td>NICU 1 month</td>
<td>Regional 1 month</td>
<td>Obstetric 2 months</td>
<td>Cardiothoracic 2 months</td>
<td>Neuro* 2 months</td>
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<tr>
<td>R3</td>
<td>Clinical Anaesthesia Senior Year</td>
<td>ICU 2 months</td>
<td>Neuro 1 month</td>
<td>Cardiothoracic 1 month</td>
<td>Obstetric 2 months</td>
<td>Pediatric 1 month</td>
<td>MSA* 1 month</td>
<td>Chronic Pain 1 month</td>
<td>Regional 1 month</td>
<td>Elective 2 months</td>
<td></td>
</tr>
<tr>
<td>R4</td>
<td>Fellowship Years</td>
<td>Management in Anaesthesia* 6 months</td>
<td>Advanced Subspeciality Rotation 1 3 months</td>
<td>Advanced Subspeciality Rotation 2 3 months</td>
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<tr>
<td>R5</td>
<td></td>
<td>Advanced Subspeciality Rotation 3 3 months</td>
<td>Advanced Subspeciality Rotation 4 3 months</td>
<td>Exit Preparations 6 months</td>
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*Includes: Basic / General & Regional Techniques / Emergency / Orthopedic / Urology / Trauma / Vascular / Eye
* APS: Acute Pain Service / MSA: Post Anaesthetic Care Unit / PEC: Preoperative Evaluation Clinic
* ENT / Head & Neck / Maxillofacial / Plastics / Burns
* Quality improvement, service development, effective communication & clinical supervision skills

Note: This is a sample chart, actual rotations may differ.
Our Faculty

Program Director
Dr Ruban Poopalalingam  Senior Consultant, Department of Anaesthesiology, SGH

Associate Program Directors
Dr Lee Tze Wee  Consultant, Department of Anaesthesiology, SGH
Dr Farida Ithnin  Consultant, Department of Women's Anaesthesia, KKH
Dr Evangeline Lim Hua Ling  Consultant, Department of Paediatric Anaesthesia, KKH
Dr Choo Chee Yong  Associate Consultant, Department of Anaesthesia and Surgical Intensive Care, CGH

“Training here provides me with exposure to a wide variety of medical and surgical conditions, experience in managing complex and high risk cases as well as a whole range of surgical disciplines and subspecialties. Being here also enhances my communication skills, nurtures my interest towards clinical research as well as provides me with ample opportunities to be involved in academic and teaching activities. Most importantly, as a trainee confronted with challenges, it is always comforting and reassuring to know I have a large number of senior anaesthesiologists whom I can always depend on for support and advice.”

Dr Hairil Rizal Abdullah  Registrar, Department of Anaesthesiology, Singapore General Hospital

“CGH has a good learning platform in a supportive and friendly environment that encouraged collegial camaraderie.”

Dr Hazel Chan  Medical Officer Trainee
Program enquiries can be sent to AnaesthesiaResidency@singhealth.com.sg or sharp@singhealth.com.sg

For more information, please visit: http://www.sgh.com.sg/Education/ResidencyProgram/Aneasthesiology/Pages/Overview.aspx

For details on application and selection processes, please refer to http://www.mohh.com.sg

“The seniors are caring, approachable and keen to teach. The work environment is fantastic and it is simply a gem of a department!”

Dr Jensen Ng
Medical Officer Trainee